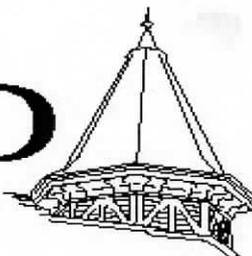


RICHMOND

COMMUNITY NEWS



May 2010



Volume 9 / No. 4 / Issue 78

The Origins of Mother's Day:

Mother's Day is on 9th May 2010

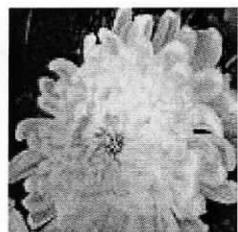
The origin of Mother's Day goes back to the era of the ancient Greeks and Romans. But the roots of Mother's Day history also can be traced in the UK where a Mothering Sunday was celebrated much before the festival saw the light of day in the US. However, the celebration of the festival as it is seen today is a recent phenomenon and not even a hundred years old. It is thanks to the hard work of the pioneering women of their times, Julia Ward Howe and Anna Jarvis, that the day came into existence. Today the festival of Mother's Day is celebrated across 46 countries (though on different dates) and is a hugely popular affair. Millions of people across the globe take the day as an opportunity to honour their mothers, thanking them for their efforts in giving them life, raising them, and being their constant support and well-wisher.

Earliest History of Mother's Day

The earliest history of Mother's Day dates back to the ancient annual spring festival the Greeks dedicated to maternal goddesses. The Greeks used the occasion to honor Rhea, wife of Cronus and the mother of many deities of Greek mythology.

Ancient Romans, too, celebrated spring festivals called hilaria, dedicated to Cybele, a mother goddess. It may be noted that ceremonies in honour of Cybele began some 250 years before Christ was born. The celebrations began at the Ides of March by making offerings in the temple of Cybele, lasted for three days, and included parades, games and masquerades. The celebrations were notorious enough that followers of Cybele were banished from Rome.

Early Christians celebrated a Mother's Day of sorts during the festival on the fourth Sunday of Lent in honour of the Virgin Mary, the Mother of Christ. In England the holiday was expanded to include all mothers. It was then called Mothering Sunday



"Mother is the name for God in the lips and hearts of little children." *Jewish Proverb*

One of Richmond's older residents, Lillian, remembers wearing a white chrysanthemum to Church for Mother and Son Day. I was speaking to another older mother who stated that "Every day is Mother's Day because I have my four boys!"

IN THIS ISSUE

Cover Story:

Mother's Day History

Page 2:

Your Crossword

Page 3:

Events Calendar at Avebury House

Page 4:

Richmond's Past - D. Cochrane - First President of the Richmond Working Men's Club

Page 5:

Things to do for Mum

Page 6:

Greens

Page 7:

Your Representatives

Page 8:

Plunket founded 14 May 1907

Police and Community Meeting at Avonside Girls School Hall on **5 May 2010 from 5:30pm to 7pm**. Should you wish to discuss any issues before meeting please contact Senior Sergeant Philip Dean from Christchurch Police on 3637447

Avalon Street residents are hoping to set up a Neighbourhood Watch in their street. Meeting will be held on Monday 17th May 2010 in the Avalon Lounge of the Richmond Working Men's Club starting at 7:30pm. All welcome. Any questions, please contact Gillian on 027 485-2644

Richmond Methodist Church will celebrate 141 years on the same site on 24 May 2010 - Service will start at 9:30am. Badminton starts for the year on 4 May 2010.

Please note: - The History Group has decided to hold their monthly meetings an hour earlier as from May 12th They will now be meeting from 3 - 4pm on a trial basis only, in the hope that people will find it more convenient. The History Room is open to anyone between 10 am - 4pm on weekdays for viewing and research. We now have a history database thanks to being given a computer - it is not connected to the internet.

YOGA CLASSES
 Wednesday 6:30 - 8:00pm
 Richmond Methodist Church
 Hall
 Phone Anna 942 7111
 www.pureyoga.co.nz

Now Owner Operated

The Washhouse
 Hair Studio
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Come on in & meet Suzanne!
 A fully qualified stylist with over 10 years experience in the industry.
 10 Haircuts & your 11th cut is FREE
 Discounted rates for Super Gold Cardholders.
 PHONE: 389 4858
 Proud Stockists of L'OREAL

St Vincent de Paul are opening their third shop at 384 Ferry Road in early May. Additional Volunteers are needed to work there. Please contact Linda Morris on 389-7484 if interested.

SUN NING TAKEAWAYS
237 Stanmore road Ph 389-3113
Chinese meals Fish & Chips
Hamburgers

Hours
Tues-Wed: 11.30 - 2pm / 4.30 - 8.30pm
Thurs sat: 11.30 - 2pm / 4.30 - 10pm
Sun: 4.30pm - 8.30pm Mon Closed

PHONE ORDERS TAKEN
SMALL FUNCTIONS CATERED FOR
SUPPORT YOUR LOCAL
RICHMOND BUSINESS

CROSSWORD 1355 © 2010 by Gordon Prince

1	2			3		4		5		6		7
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				23								

CLUES ACROSS

1. Official recorder (9)
8. Royal Ulster Rifles (abbr.) (1.1.1)
9. Cultivation of the soil (11)
11. Please (7)
12. Hatred (5)
13. Delicate (6)
15. Desire (6)
17. Naming words (5)
18. Climbing palms (7)
20. Not well-qualified (11)
22. Marsupial (abbr.) (3)
23. Extended (9)

CLUES DOWN

2. Unit of work (3)
3. Fires (5)
4. Passes on (6)
5. Harsh-sounding (7)
6. Headlong (11)
7. Lacking fantasies (9)
10. Vengeance (11)
11. Sitting (9)
14. Ornamental tufts of thread (7)
16. Like better (6)
19. Unspoken (5)
21. Born (3)

CROSSWORD 1354 – SOLUTIONS

Across: 1. Heritage 7. Abet 8. Petitions 10. Van 11. Year 12. Stroke 14. Poster 15. Spread 18. Eighty 19. Rich 21. Six 23. Detention 24. Ecu 25. Eclipsed
Down: 1. Happy 2. Rituals 3. Tote 4. Growth 5. Above 6. Stunted 9. Sloppy 13. Hedged 14. Prosper 16. Elixirs 17. Static 18. Exert 20. Honed 22. Anti

Did you hear about the thief who stole a calendar? He got twelve months.

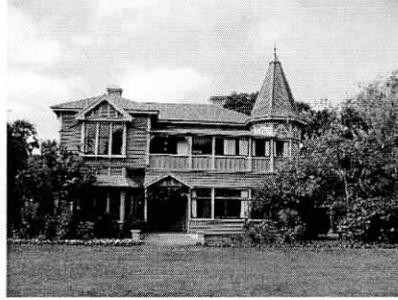
This brown leather bag was found in Eveleyn Couzins Ave on Easter Monday - 5 April 2010. It can be collected from the Office at Avebury House.



Idea Richmond Base are holding an Exhibition of Photography by the Richmond Camera Club at SEZN (Seasons) Restaurant, 705 Gloucester St, Linwood (by Woodham Road) on 12th May. There will also be a display at 277 Stanmore Road. For more information please contact Janice on 389-1213

EVENTS CALENDAR AT AVEBURY HOUSE

Situated at 9 Eveleyn Couzins Ave, Avebury House is a community-run, low-cost facility that has rooms available for hire. Situated in the midst of Avebury Park, the House runs several open days and social events throughout the year. In addition to the amenities for hire the following classes and activities are available:



For further information about the facilities and classes please contact: Lesley McMillan. Phone: 381-6615.

Gentle Exercise Classes

Mondays 1 – 2 pm

This Sit and Be Fit Class is a fun and healthy way to retain mobility, independence and meet new people. Suggested donation \$5. Wear comfortable clothing.

Embroidery Group

Mondays 1 – 3 pm

Beginners to Advanced. Tuition available from a patient, experienced tutor. For more information please ring Allison on 388-9377.

Shirley Brownie Group

Tuesdays 6 pm excluding School Holidays. Contact Rebecca on 388-7437 until the end of May then - 359 5248

Hugs All Round Quilt Project

Wednesdays 1 – 4 pm

Enquiries to Avebury House on 381-6615. We make quilts to give away to children in need.

Tai-Chi Class

Friday 12:15 to 1:15pm

Especially adapted for older adults.

New members / Beginners welcome

Suggested donation: \$5.

Flax Weaving with Ali Brown

Saturday 12th June, 10am – 3:30pm

Saturday 11th September, 10am – 3:30pm

Phone Ali Brown on 326-7834

for registrations or visit:

www.alibrown.co.nz

Richmond History Group

Meets the 2nd Wednesday each month Starting May 12th, 2010, 3 - 4 pm

The History Group meets to share resources and research on items of Richmond's Heritage. The Richmond Room is a resource room with displays, magazines, database and items of interest which has been set up at Avebury House. These resources are available for public viewing at no charge. **No Cost.**

Music Together of Christchurch

Tuesday 4:15 - 5:15pm excluding School Holidays.

An internationally recognized and research-based programme; Song Book and CDs included. Birth to age 5.

Contact Jennifer on 328-7787 or director@musictogetherofchristchurch.com or www.musictogetherofchristchurch.com

Chit Chat Club

meet every Tuesday from 1 - 4 pm at Avebury House. It is for people with time on their hands and who would like to get together with others to play cards, listen to or play music, do arts and crafts in the company of others, or just sit and chat. Cuppa provided.

NO COST. Any queries please contact Lesley on 381-6615 (Avebury House.)

GUITAR TUITION

For beginner and intermediate; up to grade 5, acoustic or electric, all ages.

Private lessons, weeknights in the Richmond area.

Competitive rates.

Call Stacy – 366 3455 (evenings)
027 3040617



The coach house is still being converted into a public toilet block, so the carpark at the back of Avebury House **could** be closed.



If you need a local Handyman to do odd jobs around the place, like lawns, clearing gutterings, small painting jobs etc and who charges realistic prices, then please call Wayne on 381 4393.

FIRST EVER RICHMOND COMMUNITY GALA DAY

to be held on The RICHMOND GREEN will be held on 5th March 2011. Activities, Food, Entertainment and more...Anyone interested in having a stall or volunteering to help please contact **Tim Weir** at **Delta Community Support Trust** on **389 0212**

PLEASE NOTE - THE CLOSING DATE FOR RICHMOND COMMUNITY NEWS ADVERTISEMENTS AND COPY IS THE 15TH OF EACH MONTH

From "A Record of the Club's History - Richmond Working Men's Club - Christchurch 1888 - 1988"

Mr D Cochrane

A community need for a social and recreational meeting place provided the seeds which led to the formation of the Richmond Workingmen's Club. During the mid to late 1880s, Richmond was experiencing a population growth spurt which focussed attention on the lack of community facilities. Although Richmond was only a few kilometres from central Christchurch, the limited transport and communications of the time imposed a physical separation.

After several meetings and considerable discussion, 26 Richmond residents signed a letter to the Colonial Secretary in Wellington, dated September 11, 1888, it said:

"On behalf of the persons whose signatures are attached I have the honor to apply for a provisional charter under the 229th section of the Licensing Act 1881 to enable them to establish a workingmen's club at Richmond in the Linwood electoral district. The neighbourhood is well and respectably populated and there are no licensed houses within a mile of or other places of recreation in the district. I enclose copy of the rules it is proposed to work under and have the honour, to be, Sir, your obedient servant,
J. Abercrombie
Sec pro terma"

The signatories were:

G.B. Muschamp (builder), T. Purto (carter), W.H. Clabburn, T.F. Ridley (builder), G.T. Bearsley (bootmaker), J. Ford (blacksmith), W. Ledsham (carrier) John Bell (iron moulder), Joseph Broadley (baker), J Abercrombie (storeman), L. Barnes (baker), J. Dutton (builder), Edward L. Wallace (accountant). John Lloyd (butcher), A.J. Williams (builder), James Horling (baker), George Swann (solicitor), D.H. Brown (joiner), Alex Mitchell (storeman), J.W. Roberts (baker), D. Cochrane (painter), R. Sunderland (baker), Marty Bowron (commission agent), S.D. Seymour (dentist), William C. Fleming (salesman), H.W. Ross (salesman).

All were solidly part of the district's social and commercial fabric . . . indication that the club was part of the development of the north-eastern part of the city.

As one account of the early Richmond area put it: "The early Richmond (Bingsland) settlers built a church, school, police station . . . then a workingmen's club as a recreation centre".

A provisional charter was granted on December 18, 1888 and the club officially opened on February 23, 1889 with 34 members - described in a newspaper report of the time as a "very fair" membership.

The 34 originals were:

Messrs D. Barnes, R. Sunderland, R. Newton, G. Muschamp, J. Lloyd, - Mitchell, R. Wallis, J. Hughes, A.P. Gibson, A.J. Williams, J. Dutton, J. Abercrombie, J. Roberts, J. Broadley, J. Ford, J. Free, J. Bell, F. Ridley, T. Hammond, A Brown, J. Rhodes, D, Cochrane, H.W. Ross, W.C.Fleming, J. Cowper, P. Cusack, R. Sullivan, A.W. Jones, W.A Murray, G Pengelly, J.R. Tulby, W. Miles, W.A. Tribe, J Nelson.

And the first committee:

President, D. Cochrane; **treasurer**, J. Abercrombie; **secretary**, J. Bell; **trustees**, A.W. Jones, J.R. Tulby, G. Muschamp; committee. J. Dutton, A.P. Gibson, A.J. Williams, J. Ford, James Hughes, R. Newton, F. Ridley, J. Lloyd, R. Wallis, J. Broadley, W.A. Tribe, D. Barnes; **honorary members**, Loughrey, Major Frances, C.E. Godfrey, L.B. Seymour, Captain Bowron, E.F. Wallace, George Swann (chairman of the Richmond School committee for many years and one of the first councillors from district).

William Clabburn was appointed the first custodian.

Said the Lyttleton Times, of February 23, 1889:

"Efforts of a number of working men resident in and near Richmond to form a workingmen's club have been constant and arduous but at last they have been crowned with success."

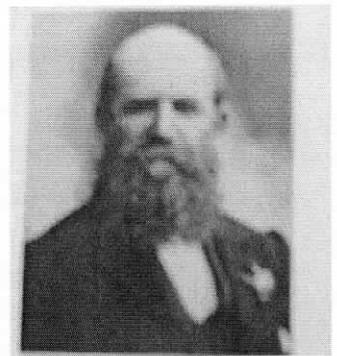
The Times also noted there would be no public opening ceremony as members were reserving club resources for "many calls which will be made on them". Nor would Richmond be open on Sundays as were most other clubs at the time.

Permanent charter was still a couple of months away - that was granted under the hand of the colonial secretary, W.R. Russell, on April 24, 1889.

The Club had bought a quarter-acre property next to the schoolhouse in London St. Built in the early 1880s, it had originally housed a benevolent society and then the public library. Indeed, the club inherited most of the books for its own library. A stonemason was reported to live above the club.

Mr D. Cochrane's house is still there and is a testament to the occupations of the early Richmond residents, as shown in this story taken from the Richmond Working Men's Club Centennial Book.

Article put together by *Noeline Hansen*



The Club's first President
Mr D Cochrane 1888



Mr Cochrane's shop on the corner of Cumberland and London Streets. Note the Paperhanger sign in the window.



Mr Cochrane's house as it stands today.

HEY
try again!

RELY
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VE Day occurred on 8th May 1945 after 5 years, 8 months and 7 days of WWII. **VJ Day** did not occur until the 15th of August 1945 - some 3 months and 7 days later - after the bombing of Hiroshima (6 August 1945) and Nagasaki (9 August 1945).

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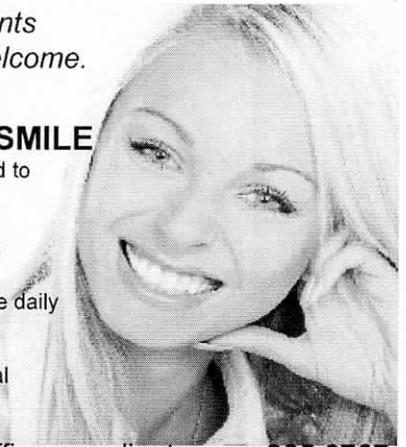
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- Give her a hug and say thanks for all that she has done for you....
- Prepare a meal, or do some baking....
- Give / send some flowers...
- Visit her and spend some time just talking....
- Get Dad to help you burn some toast for Mum - just like he did for his Mum...
- Share some memories together, be they happy or sad...
- Ask Mum what she would like....
- Breakfast in bed...
- Feeding the pets and cleaning up after them...

"The moment a child is born, the mother is also born. She never existed before. The woman existed, but the mother, never. a mother is something absolutely new." *Rajneesh*

PARENTING TOOLBOX

Positive, Practical and Fun
Teenage Years (12+ age group)
Start Date: Monday 24th May 2010
Time: 7:15pm - 9:30pm
Place: 115 Pages Road
Cost: \$67.50 per person. \$90 per couple.

For more information www.parentsync.org.nz. Register with Jess on 381-8934 or email benjess@slingshot.co.nz *adv*



"There's a lot more to being a woman than being a mother, but there's a hell of a lot more to being a mother than most people suspect." *Roseanne Barr*

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"A mother's love is patient and forgiving when all others are forsaking, it never fails or falters, even though the heart is breaking." *Helen Rice*

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Cassandra 03 3299288 or 021 0221 8787
adv

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Toolbox courses are relaxed, informal parenting sessions run over six weeks. The focus is on making your parenting experience a really positive one.

The sessions are filled with expert advice, humour and empowering strategies. You will emerge with creative ways of developing a happy home, co-operative kids and a toolbox of ideas to try.

Topics covered include: Parent types, Building Self-esteem, Tools for engaging co-operation, Discipline, Making memories, Be the parent your child or teen needs and much more.

POSITIVE, PRACTICAL AND FUN

Created with NZ's Parenting experts Ian and Mary Grant

For more information www.parentsinc.org.nz

Local Democracy Stolen

The National government have shown their true colours with the recent sacking of the democratically elected ECan. What is very clear, is that there is no emergency requiring this drastic level of government intervention. Rather, it is a grab for the water resources of Canterbury to transfer them to private ownership. John Key made this clear in his opening speech to Parliament this year where he stated that regulatory barriers to more irrigation in Canterbury needed to be removed.

At a meeting arranged by the Green Party last week to provide information about the sacking of ECan, more than 250 people turned up at Our City. I've since been approached by people from across the political spectrum who feel betrayed and angry at the government's actions. Cantabrians are not happy about having their water and democracy removed under false pretences.

The sacking of the regional council you elected in 2007 would have been illegal had the government not passed legislation under urgency. What this means is that opposition MPs, including your local representatives, had to vote on legislation with insufficient time to consult prior to the debate. This rushed schedule excluded any public participation, so your democratic rights have been extinguished, as surely as if they had been removed at the point of a gun. To their shame local National party MPs went along with this unethical behaviour and voted to support this legislation.

What can you do? One of the easiest actions you can do is to make a submission on the ECan annual plan. All households recently received a copy of "Living Here" in their letterboxes. More copies are available at libraries and from ECan. One of the questions relates to Accountability through elected representatives. Accountability is about to fly out the window with the sacking of the council, as these commissioners will be accountable to Wellington, not to the citizens and ratepayers of Canterbury. Yet the rates the Commissioners strike will be paid by you, even though you will have no say in what your money is spent on. I encourage you to make a submission and let the newly appointed commissioners know how you feel. Submissions close at 4pm on 30 April.

There will be other action, especially events that will occur at the end of April when the existing council ceases to exist.

If you would like more information you can contact me by email (greens@moorhouse.net.nz) or phone 027 236 5415.

David Moorhouse is the Green Party's local spokesperson on waste and local democracy.

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"Mother love is the fuel that enables a normal human being to do the impossible" Marion C. Garretty

Brendon Burns
Member of Parliament
for Christchurch Central

Contact my electorate office
Monday-Friday, 10-4pm
Level 3, 103 Worcester Street
Phone: 377 8840

Working for your future

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New water, no controls

Just prior to Easter, in 30 hours flat, the National/ACT government abolished Environment Canterbury. You lost your democratic right to elect your regional councillors - we were well-served here in Richmond by Cr Jane Demeter. Your birthright to take children for a safe swim in a Canterbury stream on a summer's day was put at further risk. And eventually, even Christchurch's drinking water.

There was an orchestrated strategy to get rid of Ecan. It began as the tap was turned off on granting more and more water, sometimes in red-zoned areas; those who'd previously got a free-flow of billions of litres of our water for nothing became concerned.

In the Prime Minister's address to Parliament in February he said he wanted new water infrastructure in place in Canterbury. Next year. New environmental controls cannot be put in place in the same time.

Then came the Environment Canterbury (Temporary Commissioners and Improved Water Management) Bill, passed under urgency, without any public input whatsoever.

The bill gives the Government-appointed ECan Commissioners the power, without any Environment Court process, to introduce or remove Water Conservation Orders in Canterbury. These help protect rivers judged to be of national significance, including the Rakaia and Rangitata headwaters; there is now little prospect of the Hurunui getting any such protection.

Also at real risk is the Canterbury Water Management Strategy, patiently negotiated by a round table of local environmental and farming interests. It is a once in a lifetime opportunity to get the balance right for Canterbury. Sadly, it may now fall apart.

BRENDON BURNS
MP for Christchurch Central
Labour spokesman on broadcasting & water
WORKING FOR OUR FUTURE
Mobile 0274 305501
Electorate Office (03) 377 8840
Level 3, 103 Worcester St

"A Mother understands what a child does not say." Pearl S. Buck

Nicky Wagner
NATIONAL PARTY MP

Available for appointments/contact
my office:

chchoffice@nickywagner.co.nz
Ph: 03 365 8297, 189 Montreal St, Christchurch



National
www.national.org.nz



Whanau Ora – what, why and how?

You will have heard a lot of discussion about Whanau Ora in the media in recent months. I'd like to highlight some of the key points of the report of the Whanau Ora Taskforce, released by the National-led government early last month.

The Whanau Ora Taskforce report sets out options for improving social, education, and other support services for families across New Zealand.

Whanau Ora is an inclusive approach to providing services and opportunities to families across New Zealand. It empowers families as a whole, rather than separately focusing on individual family members and their problems. It also requires multiple government agencies to work together with families – rather than separately with individual family members.

Our bottom lines for Whanau Ora are that:

- There should be strong accountability in the way it is run;
- Value for money for taxpayers; and
- Better results for all New Zealand families in need.

Whanau Ora has the potential to benefit Maori, but it is not limited to Maori. It will be available to all families in need. It will evolve over time, and be improved as required.

Whanau Ora will aim to better use the hundreds of millions of dollars currently spent on families in need, with better results for the families themselves.

Whanau Ora can work for all New Zealand families, not just Maori. It recognises the importance of the family and the things that make families special. It is one of a number of Government initiatives to help New Zealand families become more self-managing and take responsibility for their economic, cultural, and social development

Regards.

Nicky Wagner
National MP

"The heart of a mother is a deep abyss at the bottom of which you will always find forgiveness."
Honore de Balzac

The history of Plunket

The Plunket Society was founded over 100 years ago in 1907 in Dunedin by child health visionary, Sir Frederic Truby King. His vision was to help the mothers and save the babies that were dying from malnutrition and disease.

Truby King believed scientifically formulated doctrines on nutrition and infant care were the key to reducing the escalating death rate among babies and children and to the future health of the nation.

His care and devotion to improving the life expectancy of infants was evident even before Plunket's foundation. In fact the first baby taken into Truby King's care was a young Maori baby boy, Tomas Mutu Ellison from Puketeraki Hill in 1906 when upon visiting the family on his way home Truby King suggested he take the young sick infant with him to 'build him up a bit'.

An idealistic man of fierce determination, Dr King called a public meeting and succeeded in winning the support of influential Dunedin women. They pledged to form a society to carry forward the vision for a new health regime based on the support and education of mothers.

Eight months later, the Karitane Home for Babies opened in Dunedin. It took babies and children under two years who were not treated under the general hospital system. Plunket Karitane Hospitals were the first of their kind and soon spread rapidly around the country. They were known as a safe and caring environment for new and expectant mothers and their babies who were failing to thrive. Dunedin's Karitane Hospital also operated as the sole training centre for Plunket nurses.

By May 1908, a branch of the new society had been formed in each of the four main centres. The work succeeded in attracting the patronage of the influential Victoria Plunket - wife of then Governor-General and mother of eight. The society took the name 'Plunket', after Lady Plunket.

Dr King would have accomplished little without the enthusiastic committed support of volunteers throughout the country. They set up the branches and sub-branches and fundraised for everything, from Plunket nurse salaries and expenses to building clinics and Karitane hospitals.

Plunket's philosophy became parenting lore. Dr King's first mothercraft manual, Feeding and Care of Baby written in 1913, was in popular demand and was translated into Polish, Russian and Spanish. In 1916 he wrote The Expectant Mother and Baby's First Months and these were given to every applicant for a marriage licence.

Dr King received a knighthood for his outstanding contribution to society in 1925. He passed away in 1938, aged 79, and was the first private citizen to be given a state funeral.

Dr King's legacy lives on in the Plunket society, although many of his original teachings do not. The strict regime of care and directive advice from the Plunket nurse has been replaced by a flexible partnership model of care and support for parents and their children.

Funding difficulties prompted the closure of Karitane hospitals in the late 1970's, which were replaced by Plunket Karitane family centres. As the century progressed Plunket continued to forge new innovative programmes in response to the needs of young families. These included the establishment of the national car seat rental scheme programme, piloted in 1981 in Dunedin with just four car seats. Today over 27,000 restraints are available throughout the country. In 1994 Plunket broke new ground in New Zealand by launching PlunketLine, a telephone advice service staffed with Plunket nurses.

The changing face of NZ in the 1990s meant Plunket was starting to see more Maori parents and families. . . A training programme for Kaiāwhina (Māori Health Workers) was set up, and positions established for Māori at management and board levels within Plunket's structure.

The Society's volunteer networks and Well Child care and support services continue to play a vital role in the lives of young families. Today, parents of more than 90 percent of new babies access some aspect of Plunket's Well Child health service.

More recently an increasing number of Pacific Island families started enrolling with Plunket. Pacific people consist of a diverse range of identities, languages, cultures, and perspectives that are constantly changing. Samoan, Cook Islands Maori, Tongan, Niuean, Fijian, Tokelau and Tuvalu people make up the majority of the Pacific community within New Zealand. For the past 100 years Plunket has been a very innovative leader in the provision of Well Child care for children, families and communities, and will continue to be so in the future. Plunket also plays a key role in advocating for children's rights. We reach our families in a variety of ways, such as face to face through home visits, clinics, our mobile clinic, Parenting Education courses and Car Seat Rental Schemes. Plunket are also available via phone through PlunketLine 24 hours a day, seven days a week on 0800 933 922.

Plunket was founded on 14th May
1907



Sir Frederick Truby King and
friend