

RICHMOND

COMMUNITY NEWS



Avebury House: 9 Eveleyn Couzins Avenue

Phone: 381-6615

Email: rcn@aveburyhouse.co.nz

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Love in the Time of Covid-19

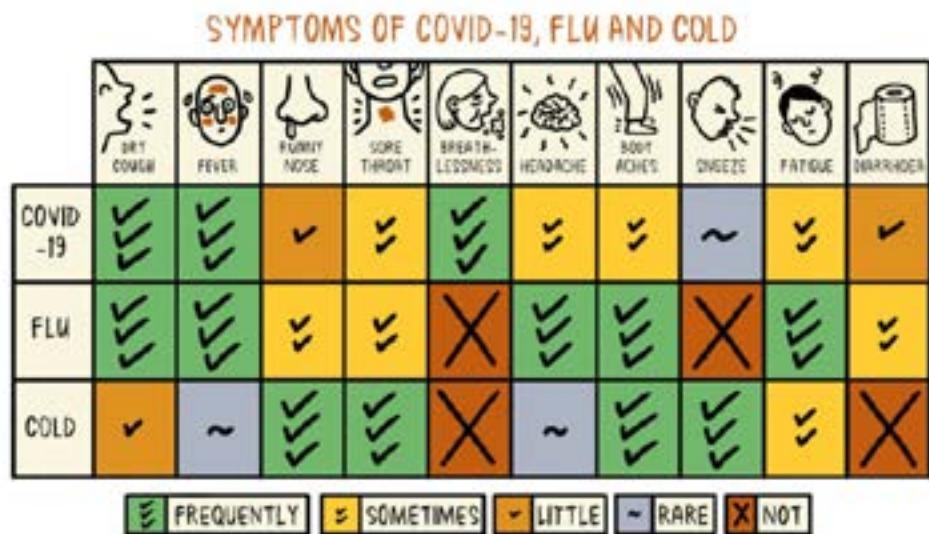
By Tanya Didham

A few things have changed since our last issue. As part of an unprecedented effort to slow and reduce the impact of this global pandemic, we need to hunker down. We have all been tasked with the difficult job of doing as little as possible. One health expert in the U.S. described it as ‘saving the world by sitting on the couch’. She said if we get it right, it will be a bit of an anti-climax, because nothing will happen. But that’s exactly what we want to happen: Nothing.

Avebury House is following government advice and closing its doors until further notice. All classes, meetings, workshops, events, etc are indefinitely postponed. We will be using this time to gather our resources and plan our way forward, ready to hitch up our skirts and hit the ground running when we get the all-clear to do so.

The newsletter is a little early this month so we can reach those we don't reach on social media. We are not likely to be able to continue printing the RCN, depending how long the lockdown continues, so if you have the option to subscribe online it is a great way to get the local news in colour. (Though it's a bit harder to do the crossword!) www.aveburyhouse.co.nz/newsletter.html

We will have our phone number re-directed to staff working from home, so if you think we can help, call us on **381 6615**. Otherwise we will be keeping things up to date on our facebook page.



Infographic from: <https://thespinoff.co.nz/science/18-03-2020/siouxie-wiles-how-testing-for-covid-19-works/>

Staying Informed

The best place for accurate information on New Zealand's Covid-19 outbreak is on the official government website **www.covid19.govt.nz**. You will also find local information on Council's news page <https://newsline.ccc.govt.nz>

If you are someone who is in the at-risk category, please stay connected with friends and family and if you need assistance, reach out to agencies who can help. Delta Community Trust are hoping to continue distributing food packages three times a week. See their message on page 7. You can contact them on **389 0212**.

Remember essential services such as first responders are still operational; and supermarkets, pharmacies and banks will remain open.

If you are concerned about any symptoms you have such as the ones in the Toby Morris cartoon above, call Healthline on **0800 358 5453**. Together we can do this!

Richmond Community News is brought to you by Avebury House Community Trust and the following people:

Editorial: Tanya Didham.
Layout: Kristine Spoor.

Many thanks to our team who deliver the RCN to 2800 households and businesses throughout Richmond.

The RCN is now available online:
www.aveburyhouse.co.nz/newsletter.html

Contact us at: rcn@aveburyhouse.co.nz or ring Avebury House: **03 381 6615**.

Disclaimer: Views and opinions expressed in the Richmond Community News are not necessarily those of the editor or Avebury House Community Trust. No responsibility is accepted for incorrect information contained in advertisements or editorials. Advertisements for publication are accepted in good faith and publication of an advertisement does not imply endorsement by Avebury House Community Trust.



Out of School Care & Holiday Programmes

- Convenient location on site at Banks Avenue School
- Competitive rates
- WINZ subsidy available
- Safe, friendly and nurturing environment

For more information or to enrol, contact:

Lisa Manning
Phone: 03 386 3555 | Mobile: 027 386 3555
Email: dallingtonoscar@gmail.com

Before School 7.30 - 8.30am (includes breakfast)

After School 3:00 - 5.30pm (includes afternoon tea)

Holiday Programme & Special / Teacher Only Days

Avebury Notices

Mental Wellbeing and Staying Active



Photo by theformfitness from Pexels

Some classes may go virtual. Kathy's stress release class has moved to the website whereby.com. There are also plenty of yoga and Pilates classes that you can follow on

youtube. Time to catch up with your reading, watch those shows you couldn't get round to, start a craft project or learn a new skill from an online tutor. It's important to get off the couch too – nature is still safe to walk around in.

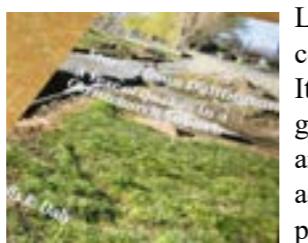
If you decide to clean out the shed or spring clean the house, you may recall our local scrap dealer Alan can come and pick up from your address – contact-free. Leave your scrap metal, broken appliances etc at your gate and give him a call – he'll collect for free. Call Alan on **027 756 2718**.

Avebury's Monthly Lectures

Along with all our other classes the Monthly Lectures are postponed until further notice. We will definitely get these back up and running when we can. Again, youtube is full of interesting people talking about interesting things so take advantage of that.



Writing Your History from Home!



Lois's recent writing class is continuing from people's homes. It's a good opportunity to start getting down all those family anecdotes, and Lois is offering her advice and support via email or phone. Contact her at johnlois@posteo.net or call **980 5114**.

Covid Poster

This poster can be printed out for the front door of anyone who requires it. Avebury House can print and laminate these on request and deliver them. Call us on **381 6615** or email admin@aveburyhouse.co.nz



Bringing the Adventure!

By Jan Thompson

Though we are in uncertain times, planning for Adventure Ave continues. Research into traditional planting and landscape design will inform the upcoming tree huts phase and planting around the site. It's all about student voices and making Adventure Ave family-friendly in an authentic way. We are really proud of Keegan, Bella and Callum who have been appointed members of a Special Advisory Group to the Transitional Red Zone Consultation Group team. These three young leaders are now in Year 7 at Chisnallwood Intermediate.



Students from the University of Washington visited our Red Zone Action Team to chat about the project. They were particularly interested in looking at projects that citizens of Christchurch have implemented since the Christchurch Earthquakes. They spoke with the Red Zone Action Team about how Adventure Ave took shape, what iterations there have been to get to the stage it's at, and asked for the children's perspectives on what they've learned and how their relationship with the red zone has evolved. Sarah Lukins, a Masters student states, "Adventure Ave gives agency to kids in a way that I think is incredibly powerful".



Recently we had a working bee with the Student Volunteer Army who kindly spent a morning laying shingle for our bike track. We are so grateful for their support, it was a huge effort on our behalf - we finished our morning with a sausage sizzle. With community events cancelled, we are currently working through the logistics of laying crusher dust on our bike track and looking forward to getting this phase completed.

Sian Carvell from Future-Curious Limited leads the team along with Kyle Sutherland and Evan Smith from Avon-Ōtākaro, Jan Thompson from Banks Avenue School, and Emma Woods from Woodland Escape. Watch this space!

Like all schools, Banks Avenue School is currently closed for the lockdown.



"A smooth sea never made a skilful sailor" - Anon.



Making Places

By Jane Ash

Throughout March The Green Lab have been busy meeting with groups and community members in Richmond. We have gathered people's thoughts about two place-making projects in the neighbourhood which are intended to improve the amenity of the area, increase activity and build community capacity. A survey was sent around to clarify the ideas for the projects which are due to be designed throughout April. At the time of writing there is strong interest in the themes of way-finding, interactive design elements and a nature focus. Soon, with the help of interested locals, we will have designs ready for feedback and a programme of work will be developed. Keep an eye out for these milestones and the opportunity to be part of the landscaping and building, a fun way to offer something back to the community, learn some new skills, and say 'look what I helped to create'.

To join our mailing list email jane@thegreenlab.co.nz and for more info about The Green Lab and what we do, visit our website: thegreenlab.co.nz. To see what we've been up to over the last while pop down to Riverbend Refuge near the end of North Avon Rd or the Riverlution Cafe and Gathering Place by Richmond Community Garden, both are on River Road. Our ability to continue this mahi in Richmond is supported by Christchurch City Council's Enliven Places Programme.

The Green Lab is pausing all community mahi for now. Stay tuned for any developments with this project. We hope you and your whānau are safe and well, and are sending strength and gratitude to all those on the frontlines keeping essential services operating and making decisions. Ngā mihi nui. Kia kaha Aotearoa

Jane is Community Activator for The Green Lab

With lockdown in place it's important to remember that we still need to spend time outdoors. The river corridor is a great asset for locals, an open space with room to keep your physical distance, while still getting some exercise and fresh air!



Site of Medway Bridge



Archives New Zealand Christchurch Regional Office
[Archives Reference: CALN 3082 CH182/2 ctc400/126]

Cadets at Richmond School – c.1905

By David Hollander

The photo accompanying this article has a real poignancy, even today more than 100 years after it was taken. The photo is one of a series of images of Richmond School housed at Archives New Zealand Christchurch regional office and shows the Richmond School cadets around 1905. The image shows 46 boys in their distinctive cadet uniforms, holding rifles and looking suitably grim.

Apart from the two adult instructors, all the cadets are boys attending Richmond school at the time. Some of these boys are young men (at this time, pupils often attended primary school until age 14) but others in the group appear very young. Ten years later, most if not all these lads would be putting their school-time military training to use in the very real theatre of World War One.

We do not know who these boys are; there is no record of who is in the photo, but chances are their names are recorded on the Richmond School Roll of Honour, which records the name of 325 people associated with the school who served in the war.

In the early 20th century, cadets in schools was a new phenomenon in New Zealand. The idea for a school-based cadet scheme was inspired by the popular enthusiasm shown by New Zealanders for participation in the South African War (1899–1902).

As early as 1900 an Act of Parliament (Defence Amendment Act) was passed which introduced military

training in schools. Participation was voluntary and the associated costs (uniforms and any other extras) were paid by the families, so not everyone could afford to participate, even if they wished to. By 1910 over 30,000 boys nationwide were receiving training in the cadets. By this time however some educationalists were arguing against the scheme and in 1912 the cadet system was disbanded. Compulsory training was introduced for boys at secondary school, but some primary schools chose to retain their cadet programmes.

It is difficult now to imagine the impact WW1 had on New Zealand communities, so far removed from the actual fighting. Even in a small suburb like Richmond, over 300 young men served and over forty died during their service, including two pairs of brothers.

Since 2013 when Richmond School closed, the roll of honour has been housed in the Gordon Prince room at Avebury House. Andrea Grieve and myself have been researching the people whose names appear on the board and have recently published an article online recording those who died in the conflict.

The 60-page document can be found, along with other material about Richmond's past, on the Richmond History Group page on the Avebury House website: www.aveburyhouse.co.nz/richmond-history-group



Who is on the Transitional Red Zone Land Use Consultative Group?

Last month Chrissie Williams introduced herself as Chair of the consultative group. The community members have now also been chosen, but we are still awaiting that announcement.

Independent Chair: Chrissie Williams

Community Board Reps: Bebe Frayle and Jo Zervos - Waitai/Coastal-Burwood Community Board, Tim Lindley - Waikura/Linwood-Central-Heathcote Community Board, Tyrone Field - Te Pātaka o Rākaihautū/Banks Peninsula Community Board, Keir Leslie - Waihoro/Spreydon-Cashmere Community Board

Ngāi Tūāhuriri: Shayne Te Aika

Ngāti Wheke (Rāpaki): Gail Gordon

Community members: TBC

To keep up with red zone doings and any news from Council including covid-19 updates, check the council news page: <https://newsline.ccc.govt.nz/>

Mind Yer Language: My Corona

By Tanya Didham



We still associate the word ‘corona’ with crowns, a meaning that goes back almost unchanged to its early Greek ancestor *korōnē*: a wreath or garland. These items of honour were only bestowed upon champion athletes, the gods, and the dead.

Artists have used the halo effect to depict sainthood and high virtue for centuries, if not millenia. An early Greek artist’s impression is of Perseus victoriously slaying Medusa, his head surrounded by rays of light, dating from around 440 BC. Greek poet Homer claimed heroes in battle had a ‘more-than-natural’ light about them. But it is the religious iconography we are more familiar with. Jesus and the Catholic saints came to theirs long after their Chinese, Indian and Greek counterparts.

Designed to resemble the circle of light or corona, around the Sun – crowns implied immortality and divinity – god-like traits claimed by many rulers. Early metal and jewelled crowns often imitated the ‘headband’ style of Roman laurels, like tiaras. Fancy and/or bejewelled headgear is still a cultural representation of power and authority around the world.

When coins began to be stamped with royal heads wearing crowns, the money took on the language. Henry VII’s grand coin, the ‘sovereign’, featured the king full frontal, seated on his throne. It was 23 carat gold, and worth a pound of sterling silver, (one pound sterling) or 20 shillings. In 1526 his son Henry VIII attempted to stimulate a collapsing economy by creating artificial wealth. He simply reduced the gold and silver content of coinage. He minted a 22-carat coin called the ‘crown of the double rose’. Or just ‘crown’ for short. It featured Henry’s headgear atop the double Tudor rose and was worth 5 shillings.

Continues on page 7.

Puzzle Cryptic Crossword

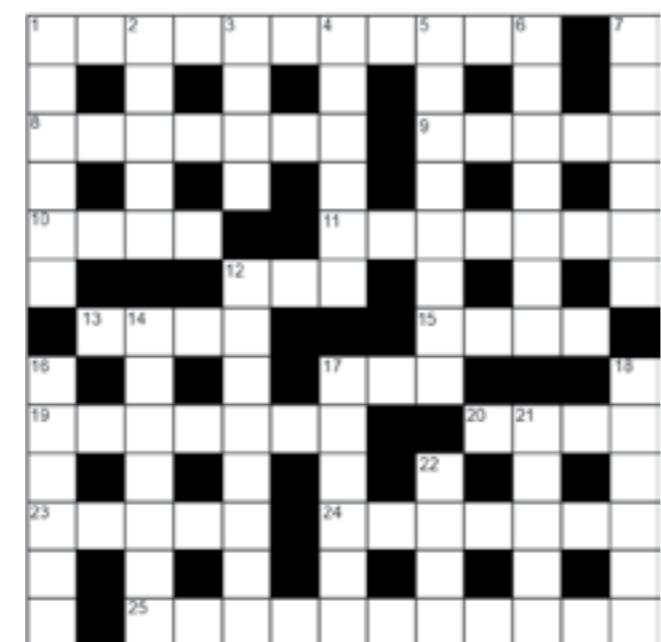
by Dirty Harry

Across

- Items strewn about central London. (11)
- Ran back to paddle south across the shortest stretch of water. (7)
- Lover boy goes between Quebec and Sierra. (5)
- Stone found on unknown quantities. (4)
- Special tax on record company in an Arab state. (7)
- Partly a pure drop of colour. (3)
- A great desire felt in the middle of an insurgency. (4)
- The deceased is keeping the mourners waiting. (4)
- An even match for this sartorial item. (3)
- This is a disaster for the French! (7)
- A new thought suggested by aide? (4)
- Tour of the east followed this pathway. (5)
- A type of ‘flu circulated by a ship’s navigator, initially. (7)
- Diana’s groan came first — and she’s unhappy. (11)

Down

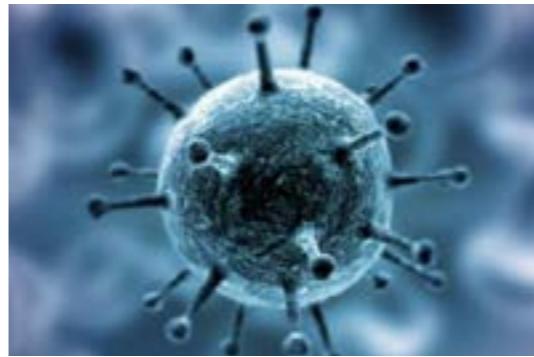
- Gates has more than one such architectural feature. (6)
- Satyr on the loose? (5)
- A short time on the satellite. (4)
- Made a home in the street amongst great want. (6)
- Ivan was really bad. (8)
- Defence work consists of slope built with great skill. (7)
- This type of word will soon fade away. (6)
- Despite being shaken-up, resources lose nothing when delivered by these saviours. (8)
- What the cad might do when he runs into a bouncer. (7)
- A party associated with 12 ac. is well-loved. (6)
- A steer causes destruction in this taste of things to come. (6)
- After restructuring, he was down at first, but clean. (6)
- Possibly a dentist’s routine. (5)
- A profit that could be made repeatedly. (4)



Solution to March’s crossword

- Across:** 7. Record 8. Create 10. Steamer 11. Theme 12. Alms 13. Chase 17. Clash 18. Mako 22. Rates 23. Rooster 24. Wicked 25. Morass
- Down:** 1. Crystal 2. Screams 3. Cramp 4. Protest 5. Naked 6. Deter 9. Orchestra 14. Plaster 15. Partial 16. Tourist 19. Brawn 20. Stick 21. Motor

From page 6.



The coin remained in regular usage up until the 1800s when its large size put it out of favour. The habit of monarchs having their crowned heads on coins also gave us the still current Danish and Norwegian ‘krone’, Swedish and Icelandic ‘krona’, and Czech ‘koruna’.

Given its royal lineage, it’s not surprising things like cars and beers are named after the corona - the crowning glory. But is the coronavirus family so-named because it is the king of viruses? No, it is named for its appearance under an electron microscope as a tiny, sun-like, spiky ball.

A Message from Delta

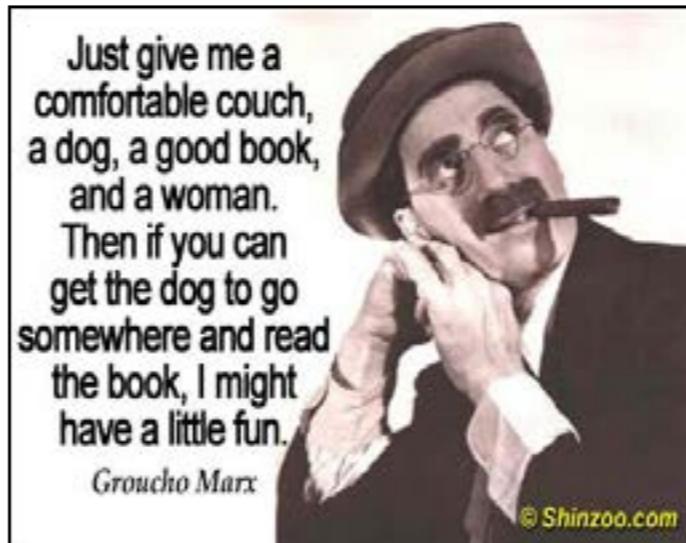
By Audra Given

Delta Community Support Trust will be closed for the next 4 weeks at least, in line with the Covid-19 Lockdown. All our on-site programmes are cancelled during this time. At the time of this publication going to print, we are still awaiting the decision as to whether or not our Foodbank can be classed as an “Essential Service” and therefore be able to continue or not. If it does, it will likely be run as a delivery service. At present, we will continue to offer phone- or video-based services for counselling, advocacy and budget advice, as well as keeping in regular phone contact with many of our existing service users. Please keep checking our website www.deltatrust.org.nz or our Facebook page for further information as it comes to hand. Our reception phone will be answered remotely between the hours of 10am to 2pm, or phone messages will be cleared daily (389 0212). You can also contact us on reception@deltatrust.org.nz or karen@deltatrust.org.nz



Pastor Mary can be contacted via the Delta Community Baptist Facebook page: <https://www.facebook.com/DeltaCommunityBaptist/>

We pray you will all stay safe during this time and we look forward to seeing you again soon.



Tuition
Reading, Writing, Spelling, Maths (Y1-Y12) Qualified local teacher, individual programmes, great results. P: 021 197 8383 or E: katharinebeaumont@gmail.com
Clarinet, Sax, Flute, Guitar, Bass, & Piano—Experienced local teachers. Phone Nicola & Ivan (03) 385-3856 .
NEO School of English IELTS & OET exam preparation courses. Small groups, highly qualified teachers. e: monika@neocentre.co.nz m: 022 074-1438
Services
AKIVA Your local business fast Internet, telephone line & IT supplier. hello@akiva.co.nz 03 9837180.
 <p>Call us for a quote today 0800 40 44 40</p> <p>Maiden Electrical provides qualified, experienced electricians to deliver all installations and repairs on new builds, renovations and alteration projects.</p> <p>10 Semans Crescent, Peninead, Dunedin 8000</p>



What's on in Richmond

AVEBURY HOUSE,
9 Evelyn Couzins Avenue.
Phone (03) 381-6615
The office is open every day from 9 a.m. to 2 p.m., except Fridays (close at 1 p.m.)

Monday

Chit chat Club: 10–10:30 a.m. The Chit Chat Club is for the older adults (55+) in our community to get together and have tea and a catch up.

Gentle Exercise: 10:30–11:30 a.m. Gentle exercise class. with a tutor who guides you through an exercise routine designed to keep those muscles moving! \$5/session

Loopy Tunes: 11:30a.m. A pre-school music and movement group. Only during term time.

Richmond Community Garden: From 9:30 a.m. onwards. We welcome volunteers, be they seasoned gardeners or newbies, to help create a beautiful veggie garden for our community to enjoy! Also meets Wednesdays and Saturdays.

Yoga: 6–7 p.m. Join us for a good stretch! Beginners welcome. \$6/session.

Tuesday

Yoga: 9:00–10:00 a.m. Join us for a good stretch! Beginners welcome. \$6/session.

Wednesday

Men's Shed: 9:30a.m.–12p.m. Hugs All Round. Come along, 1–3 p.m. for children's activities, quilting and handcrafts.

Shake and Bake: 10:30 a.m. Practice caring for your body and mind in a supportive group. Check Facebook for details & dates.

Pilates: 6:45p.m., \$6. A basic pilates course run by Dee Owers.

Thursday

Men's Shed: 9:30a.m.–2:30p.m. **Pilates:** 1p.m., \$6. A basic pilates course run by Dee Owers.

Yoga: 6–7 p.m. \$6. Evening yoga. Join us for a good stretch!

Friday

Men's Shed: 9:30a.m.–2:30p.m.

Saturday

Yoga with Bella: 10:00–11:00 a.m., focus is on breathing, mindfulness and gentle movement. \$6/session.

DELTA COMMUNITY BAPTIST CHURCH

Delta House, North Avon Community Centre, 101 North Avon Road

Sunday Services: Every Sunday at 10 a.m. All are welcome.

DELTA COMMUNITY TRUST,
101 North Avon Road (Entrance off Petrie St)
Ph: (03) 389-0212
Free bread, Monday–Friday:
10:00 a.m.–2:00 p.m., as available.

Advocacy: 9:30 a.m.–12 noon.

Food Bank: 10 a.m.–2 p.m.

Free, some criteria apply.

Footprints Café: Coffee, rolls & toasted sandwiches, 10 a.m.–1 p.m. Items as priced.

Addington Net: Computer & tech help for all. 10 a.m.–12 noon.

Tuesday

Budget Advice: 9 a.m.–3 p.m. by appointment.

'New Beginnings' Course: 1p.m. to 3p.m. The course will focus on healthy living.

Wednesday

English for Speakers of Other Languages (ESOL): During term time. Wednesdays, 10 a.m.–12 noon. \$2 at C3 Church, 269 Hills Rd. Pre-schoolers welcome.

Food Bank: 10 a.m.–2 p.m.

Free, some criteria apply.

Footprints Café: Coffee, rolls & toasted sandwiches, 10 a.m.–1 p.m. Items as priced.

Fruit & Vegie

a bag. Pre-order online or at the shop. \$10 per bag. Everyone is

International Playgroup: During term time, 9:30 a.m.–11:30 a.m. at the Shirley Hub, 69B Briggs Road. For mums & under 5's from refugee & migrant backgrounds – playgroup & English class. \$2/session or \$10/term.

Gardening: 10:30 a.m.–4:30 p.m. Mary welcomes interested volunteers to help her in the Delta vegetable garden.

Impact Young Adults

Programme:

Ages 18–36 with disabilities.

6pm – 10pm. Contact Natalie:

Natalie@deltatrust.org.nz

CROSSWAY COMMUNITY CHURCH

North Avon Community Centre
101 North Avon Road (Entry off Petrie St)

Sunday Services: Every Sunday at 10 a.m.

Family friendly with children's programmes

CHRYSTAL PALACE,
12 Chrystal Street
Come belly dance with Soul Star Tribe: all ages, backgrounds, and fitness levels welcome!
All classes \$10 casual. For more information, contact Sam:
027 6525 993.

Saturday

Gypsy Caravan Beginners, 10am

SHIRLEY RECREATIONAL WALKERS

Mondays & Thursdays:

Meet at Shirley Community Centre site, cnr Shirley Rd & Chancellor St, 9:30 a.m. Walks around Christchurch. All ages welcome. For more information and a copy of the programme, contact Sue (03) 981-7071 or 027 775-4635.

SHIRLEY LIBRARY, 36 Marshland Road (by the Palms Mall). Phone (03) 941-7923

The Shirley Library and Service Centre building will be closed from 23 March 2023, scheduled to re-open on 1 April 2023.

Monday 10:00 a.m.–12:00 p.m.

Wednesday 10:00 a.m.–12:00 p.m.

Friday 10:00 a.m.–12:00 p.m.

Wā Kōrero: Storytimes: 10:30 a.m. –11:00 a.m. Recommended for over 2s.

Reading to Dogs: 3:30–4:30 p.m. For age five plus. No charge, but book in advance.

Wednesday

Scrabble Club: 1:30 p.m. to 3:30 p.m. No obligation, just come along and join our friendly group. All materials are supplied. Free.

Dungeon Delvers: 4:00–5:30p.m. Tabletop roleplaying campaign for ages 12 to 18. Booking required. Fortnightly.

Thursday

Babytimes/Wā Pepi: for under two-year olds. 10:30–11 a.m. Weekly during term time.

Friday

Card Club: Just come along and join the fun. Free. No bookings required.

Saturday

Family History Help:

10:00 a.m. – 12:00 p.m. A librarian and a member of the Canterbury Branch of the New Zealand Society of Genealogists will be available to help with your family history questions. Free. No bookings required. First Saturdays of the month.

Super Saturday Storytimes:

2–7 year olds. 11–11:45 a.m. No charge.

Magic: the Gathering: 1:00 – 4:00 p.m. Play, swap cards or hang out. Snacks provided! Ages 8 - 18. Held on the first Saturday of each month. Free. No bookings required.

EVERYTHING IS ON HOLD UNTIL FURTHER NOTICE!