



## ***Have you visited the FUNgi Farm?***

*By Tanya Didham*

On a sunny Tuesday July 13th, the Fungi Farm at the bottom of Eveleyn Couzins Ave officially opened. A stunning collaboration between Council and the Richmond Community Garden, it has involved countless volunteer hours and massive amounts of creativity and good will. Community Board member Alexandra Davids did the official ribbon-cutting, letting the kids loose on the newest fun thing to do in the regeneration zone. Talking tubes, climbing posts and the mushroom fairy ring were an instant smash. Much of the work for the pathways and talking tubes was done at cost or in kind, and with love by Maidenhead Ltd. Owner Murray James declared the event to be ‘Marvellous! Lots of kids and the mushroom soup was outrageously good.’

Funding came from Te Tira Kāhikuhiku (TTK), Council’s Transformative Land Use Group and representing them was Jo Zervos. “This project was a bit more interesting than some we’ve had come past us, so I thought I must come and see the end result - and it’s awesome!”

Darcy at the Men’s Shed put in a phenomenal amount of time and effort making the signage, fencing, pushing barrows, you name it! Meadow Mushrooms generously provided their specialist compost and advice. The gorgeous wooden mushrooms were carved by Stefan Jaeckel, Emma from Woodland Escape advised on the nature play elements and the sweet sign designs are by Jen McBride of Jn Creative. Jen also wove the fantastic mushroom sculptures, modelled around lampshades collected from the community by Hayley Guglietta. “The weaving took hundreds of hours, but was a really enjoyable process and I can’t wait to add more elements!” Bespoke bird-feeders and more mushroom sculptures are on the to-do list. Also to come are more mushrooms! Mushroom guru Tilia Mehrabi has been overseeing the project and has plans for more fungi fun, “... we just need fresh hardwood to inoculate. We plan to grow as many natives as we can. Many people don’t know New Zealand has a native shiitake, a lion’s mane and 3 different varieties of oyster mushroom!”



*From top: Alexandra Davids & friends cutting the ribbon; Jumping off a shroom.*

Community Garden coordinator Cathy Alden was on top of logistics, organising and coordinating help including the Canterbury Masonic Trust who funded irrigation; Linwood College Gateway students; Conservation Volunteers; and Volunteering Canterbury who brought various school and corporate groups. “I would just like to thank all the volunteers who have put in hours of their time, shovelling mulch, soil, compost, wood chips - it’s been a huge undertaking.” Hayley Guglietta agrees, “It’s incredible to see this long-held vision come to life. It’s all part of the Riverlution!”

How wonderful to have this in our community, if you haven’t already, go take a look!

Richmond Community News is brought to you by Avebury House Community Trust and the following people:

Editorial: Tanya Didham.  
Layout: Kristine Spoor.

Many thanks to our team who deliver the RCN to 2800 households and businesses throughout Richmond.

The RCN is now available online:  
[www.aveburyhouse.co.nz/newsletter.html](http://www.aveburyhouse.co.nz/newsletter.html)

Contact us at: [rcn@aveburyhouse.co.nz](mailto:rcn@aveburyhouse.co.nz) or ring Avebury House: **03 381 6615**.

**Disclaimer:** Views and opinions expressed in the Richmond Community News are not necessarily those of the editor or Avebury House Community Trust. No responsibility is accepted for incorrect information contained in advertisements or editorials. Advertisements for publication are accepted in good faith and publication of an advertisement does not imply endorsement by Avebury House Community Trust.



## The Wit of Sam

The world's tongue-twister champion just got arrested - I hear they're going to give him a really tough sentence.

• • • • •

My friend was bragging that his new 3D printer can print a gun. Big deal - I've had a Canon printer for years!

• • • • •

Just heard a man had an accident while playing hide and seek. He's currently in the ICU.

*Illustration by Stephane Terris*



Meetings are held every fourth Tuesday of the month at Avebury House.  
Next meeting: **Tuesday August 24th at 7.30pm**.  
All are welcome!

You can also catch up on the haps at:  
[wearerichmond.co.nz](http://wearerichmond.co.nz)

## Upholstering in August

Upholstery guru Phil Matenga has set dates in August when he can run this course. If you have an upholstery project in mind, he has room for a couple more. Each student can work on their own project with the aim of having it completed (depending on complexity) by the end of the day.

**When:** 20th and/or 21st August

**Where:** Avebury House

**Time:** 9am-5pm

**Cost:** \$200. Includes all tools and some materials (such as foam, tacks) and morning tea.

**You will need:** Covered shoes, lunch!

Get in touch if you are interested. Call Avebury on **381 6615** or email Phil directly on [phil.mere@gmail.com](mailto:phil.mere@gmail.com)



## New Yoga Time!

The lovely Timea who runs the Wednesday morning yoga class at Avebury House is changing her schedule next month. From **September 2nd** classes will switch to **9am on Thursdays!**

No need to book for our fitness classes, check the back page for more details.

## Weaving with Kahu Collective

Harakeke weaving with Corabelle is coming back in September! This will incorporate the next level for those continuing on from the first module, as well as beginner level weaving for newcomers. Dates will be confirmed once we know how many people want to join in, but we hope to start in the second week of September.

If you'd like to learn about harakeke-NZ flax and how to weave beautiful and useful items, contact Avebury House on **381 6615** or [admin@aveburyhouse.co.nz](mailto:admin@aveburyhouse.co.nz)

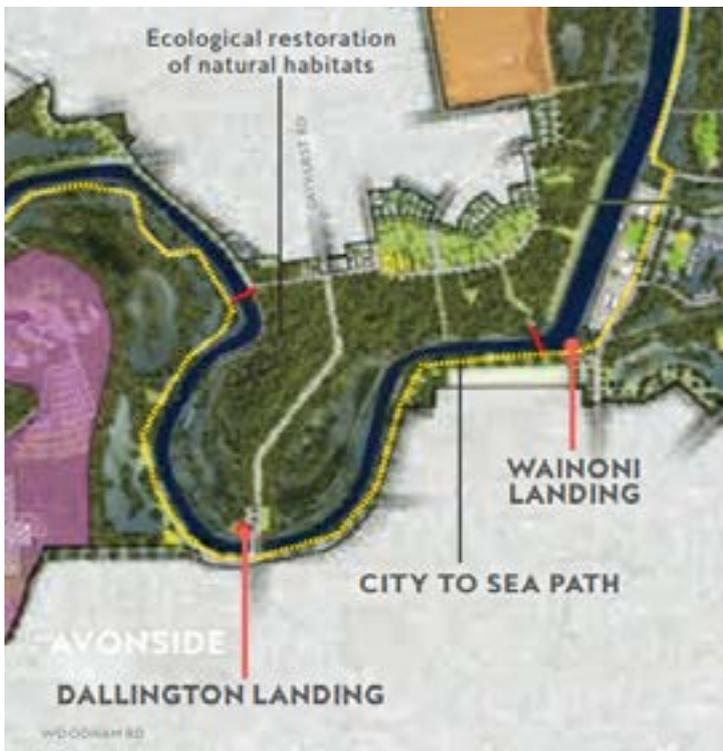
## FALA is Coming!

September 6th-12th is the Festival of Adult Learning Aotearoa or FALA. As always there will be fabulous taster workshops at Avebury House and Richmond Community Garden including worm-farming, how-to-compost, making seed bombs and even how to earth-build your own pizza oven! Check next month's RCN for all the program info.



**Alan the Appliance Guy will collect \*for free\* scrap metal, old appliances, computers, dvd players etc.**

**Call him on 027 756 2718.**



## Dallington's New Forest

By Bebe Frayle

When the Ōtākaro Avon River Corridor (OARC) Regeneration Plan was signed off in 2019, it included a vision for the Dallington Loop that had a landing, a foot bridge and a large area of native forest.

Two years on, the bridge and landing are scheduled to begin soon, and the planting of Dallington's Forest of Peace and Remembrance is underway! The forest planting is a collaboration between Christchurch City Council, Conservation Volunteers NZ, Te Uru Rākau and Rotary. Once completed, the forest will contain more than 50,000 trees and shrubs, all locally sourced and provided by Council.

The team are hoping it will one day rival the wonderful Riccarton Bush-Pūtaringamotu, Canterbury's last remnant of the kahikatea forest that once covered the Plains. The Dallington forest planting will be completed over a few years during the winter – the best time for planting trees. Existing trees won't be removed, instead they will be left in place to provide nurseries for native seedlings to grow, and to continue providing habitat for birds.

The first round of planting is due to begin in August and the team expects to plant several thousand trees this winter. They can't do it alone though! The group are keen to get the community involved, and are planning some community planting days. It's a great feeling to know that the trees we plant this winter will help create a beautiful forest for future generations to enjoy.

*If you want to be part of this exciting next chapter in Dallington's story, there are lots of ways to participate.*

*For more information, please contact Bebe:*

Email: [dallingtonresidentsassoc@gmail.com](mailto:dallingtonresidentsassoc@gmail.com)

Phone: 021 852 645

## Richmond Kindergarten turns 100!

To celebrate our wonderful kindergarten turning 100 we had a celebration morning tea on Sunday 27th June with old staff members, ex-kindy children and our



CEO from Head Office. On Monday 28th we had an 'Old Fashioned Day' with our tamariki. Kaiako dressed up in the uniforms teachers used to wear, we had a big Morning Tea and played lots of games!



Richmond Kindergarten spent its first 14 years sharing space in the Methodist schoolroom on Stanmore Rd. It was not until November 1935

that the first stone was laid on their North Avon Rd site. In post-Depression Christchurch money was still tight, government funding had been lost and the kindy was only able to continue because teachers took a pay cut. Local fundraising, a loan, and some assistance from the Unemployment Board made it possible to make plans. Architect Mr W. H. Trengrove gave his services for free.

Mayor D.G. Sullivan congratulated the parents of the district on their energy and foresight saying "it was not merely a foundation stone



of a building that was being laid today, but it was also a firm foundation for the education of the children." The stone was presented by the builder, Mr D. H. Cossar. The Mayor then led cheers for the women who had worked for the new building, and a bouquet was presented to the Mayoress.

You can find the original article on Papers Past at [this link](#). *The Press, Volume LXXI, Issue 21636, 21 November 1935, Page 3*

# Matariki in the Zone



By Tanya Didham

July 17th saw another spectacular Matariki celebration at the Richmond Community Garden in conjunction with Avebury House. Thanks to generous funding from Council's Events Fund and the Avon-Ōtākaro Network we were able to put up the beautiful lighting display from Light Site, crank up the bands, and put down the fabulous hangi from Granville and the team from Tuahiwi Marae.

Those indomitable Natural Magic Pirates kicked off the entertainment in the playground where we also had hot chocolate and mulled 'not wine'. The weaving and wood-carving stations were flat tack, as was the marshmallow toasting with Elements Nature Play - thanks to New World Stanmore for supplying the fluffy sweets! Vege soup, a boil-up and Sonya's delicious fried bread kept hunger at bay while the hāngi cooked. Around 3.45pm a stunning kapa haka performance from Shirley Boys blew everyone away, then came a fun sing-along with the awesome Star Jammers!

A little rain didn't dampen spirits as the hāngi was lifted at 4.30pm. By the time everyone was served the rain had given up, the lights had come on, and Lisa Tui and her band were laying down the evening groove.

Our new braziers worked brilliantly (thanks Cathy!), and did a fine job of barbecuing corn cobs too. The Lights on Bikes blinged up for a quick tiki-tour around the block. And an exciting addition to this year's entertainment was the incredible fire-spinning skills of Erin, Kate and Pieter - we'll definitely have them back!

A huge thank you to our incredible volunteers, sponsors and organisers, and to everyone who came along and made it such a great community event. Kia ora koutou katoa!



# Climate Action Campus

By Vicki Buck

A Climate Action Campus, the first of its kind in New Zealand, is being partially developed in the Avonside red zone so that we're ready for opening by the Second Term of 2022. The full site includes the former Avonside GHS Campus, currently occupied by Linwood College, and the red-zoned land adjacent to it on the south side of Cowlshaw Street.

Linwood College heads to their lovely new buildings in Term 2 next year, and 8 schools are collaborating to take on the site they are leaving. Ao Tawhiti Unlimited Discovery is the lead school, but it's very much a cooperative effort with 7 others involved. It will include primary and secondary, and we hope to extend to tertiary with both

UC, Lincoln University and ARA becoming involved. The other schools co-creating this are Avonside Girls High, Christchurch Girls High, Hagley Community College, Shirley Boys High, Banks Ave, Rawhiti, and Waitakiri. There are more than 8000 students at those schools, and we expect as the Campus develops that others will also want to become part of the project.

Students remain enrolled in their own schools and as each school uses the site they are required to bring teachers for the number of students with them. Each school can use the facilities in the way that works for them, and both students and teachers get to work together on the massive issue of climate change.

The red-zoned area, leased from LINZ, is to be used for greenhouses (you can see those now), composting, worm farms, chickens, fruit trees, native trees, beekeeping, nature play and more. You'll see these things start to happen as we find the funds to pay for them. None of this red-zoned land gets funded by the Ministry of Education so we do have to raise some reasonable money.



The generation now at school is faced with unprecedented changes in climate that will affect every aspect of their lives, and they know it. We understand from the research that the best way to deal with climate angst and that sense of despair about the future, is to take action. Students will be encouraged to

take their own climate action. It might be in the field of research, food, any form of technology, energy, art, music, writing, transport, a social enterprise, a new small business, actually pretty much anything!

The Climate Action Campus will aim to have zero emissions and zero waste which will include devising solutions around transport, energy, food and waste.

Christchurch, like every other city, town and rural area in the world, faces major climate challenges so we can't wait to cooperate and work on solutions with the amazing creative minds of so many students.

*Vicki Buck, ex-Councillor and Mayor of Christchurch, has been the main driving force behind the Climate Action Campus.*

## Congratulations David!

On June 14th local volunteer David Hollander received a well-deserved Community Service Award acknowledging his work in the community.



*David flanked by Avebury House Board members Beth Rouse and Mary Hollander.*

David volunteers in the history room at Avebury House, curating and managing our local archives alongside Andrea Grieve. He is also a previous editor of this publication, and still supplies the crosswords each month!

Thank you David, we are thrilled to see your work acknowledged.

## DELTA PLAYGYM

Where: Crossway Community Church Gym, 101 North Avon Road, Richmond

When: Every Thursday (during term time), 9:30 - 11:30am

Cost: \$3 per child, under 1s free.

Come along, bring your tamariki and meet other parents and children! We would love to see you there!



# Mind Yer Language: The Humble Shroom

By Tanya Didham

'Mushroom' is a centuries-old word that has no clear origin, but a common theory is that it comes from the French 'mousseron', a type of mushroom that often grows in ring formations. The largest known 'fairy ring' surrounds Stonehenge in the UK and is thought to be over a thousand years old.

From the 1590s 'mushroom' was used figuratively to describe someone of low station who suddenly rose through the ranks, an upstart. As a descriptor for billowing smoke from an explosion it was first used in WWI, though the term 'mushroom cloud' didn't come along until the post-atomic 1950s.



The word 'fungus' comes from Latin, thought to derive from the Greek *sphongos*, also the forebear of 'sponge'. Fungi cannot make their own food (like plants do), and form parasitic, neutral or more often, beneficial partnerships with other organisms like trees. Boletes are mushrooms specific to certain trees, growing only near the roots of their favoured arboreal host. In NZ the most common edible boletes grow under silver birch and pine. Incredibly it is thought that upwards of 90% of land plants rely on mutualistic fungi like these for nutrients.

The most cultivated mushroom is *Agaricus bisporus*, known varyingly as the white button, the champignon, the chestnut (when brown) and the Portobello (when mature). In the mid-first century Greek physician Dioscorides used them for medical purposes. He coined the name as he imported them from the ancient Sarmatian district of Agaria.

*Psilocybe mexicana* is the original 'magic' mushroom, containing the active ingredient psilocybin. The name is from the Greek *psilos* 'bare' + *kybē* 'head', simply describing the bald pate appearance of the mushroom caps. To the ancient meso-Americans who used them for divination and healing, they were known as *teonanácatl* - God's mushroom.

The well known 'Fly Agaric' - the classic red 'toadstool' with white spots - is in the same order as the white button, but is toxic. Toadstools are not taxonomically different from mushrooms, but the name has come to imply poisonousness.

As the late, great Terry Pratchett once said: "All Fungi are edible. Some fungi are only edible once."

# Puzzle Cryptic Crossword

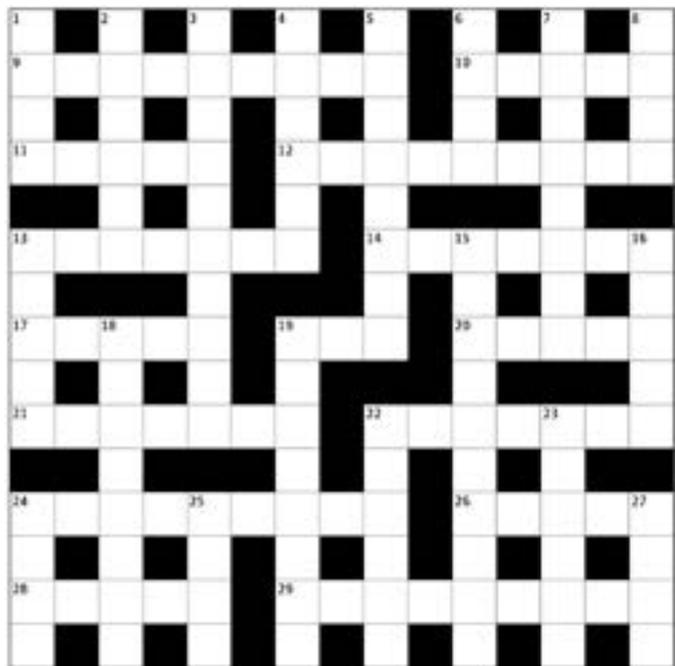
By Dirty Harry

## Across

9. American college may vote by mouth. (9)
10. Bar goes back for party. (5)
11. Practice sounds boring. (5)
12. Shy collar mixed up with academic manner. (9)
13. Whim followed in early childhood. (7)
14. Insect around about you and me — that's why! (7)
17. Outcast found among little persons. (5)
19. This year was a long, long time ago. (3)
20. Isotope radiation surrounds musical theatre (5).
21. Long steps are made in these trousers. (7)
22. Father's wise to make journey. (7)
24. Our Dave goes about North-east in this ship. (9)
26. Backwards about Broken Hill. (5)
28. Case about tribunal initially — a matter of class. (5)
29. Tire ex-cat out — get out of this!(9)

## Down

1. The first element? (4)
2. Confused about file? That's a load off my mind! (6)
3. So began a grand list of WW2 victories. (10)
4. Get nosy about sibling — all prim and proper. (6)
5. A pH table confused with another set of symbols. (8)
6. Debtor allegations are partly spoken. (4)
7. Exercise authority above dominion. (8)
8. This production is work for some. (4)
13. South Island initially mixed up with the French — several islands in fact. (5)
15. Chef's characteristic of middle New Zealand. (4,6)
16. Dave goes back East — to avoid trouble perhaps. (5)
18. Parade is in heaven. (8)
19. Find out that 500 is 100 too much! (8)
22. The first person to join political group makes for equal status. (6)
23. Golden talc could be real. (6)
24. Not all peaches, but every single one! (4)
25. Copy ten at the top. (4)
27. Sign of a future with no males, perhaps. (4)



## Solution to July Crossword

**Across:** 7. Extent 8. Amount 10. Prosper 11. After 12. Tier 13. Smile 17. Trite 18. Zinc 22. Cramp 23. Vehicle 24. Return 25. Resent

**Down:** 1. Respite 2. Stroked 3. Snipe 4. Amiable 5. Quota 6. Start 9. Primitive 14. Prepare 15. Pitcher 16. Accents 19. Score 20. Party 21. Three

# Wendy And Me

By Nola Gazzard (nee Ellis)

cowboys indians  
 card games and chasing  
 climbing a willow beside the cowshed  
 to spy on the stooped man milking his cow  
 feeling brave one day we dared each other  
 and tying Molly's leg to a wire fence  
 you first no you squeezed drops into a tin  
 shadows and skipping  
 secrets and singing  
 sneaking along a dry boundary ditch  
 we stole from the naughty boys' home  
 gorging our plunder on the fowl house roof  
 apple pear cores thrown in Molly's paddock  
 and fruit stones aimed at neighbouring targets  
 pictures and planning  
 pets and pretending  
 putting on concerts and acting out roles  
 Ma Pa Kettle a favourite one  
 when Grandma rested we'd take the kettle  
 from the hearth tiptoe past her door  
 and back down the hall to the big front room  
 mud-pies and marbles  
 music and marching  
 make believe dress-ups with bits and pieces  
 tatty lace curtains weeds or flowers - brides  
 grandma's hats bloomers cushions - fat ladies  
 sticks rolled up trousers sloppy shoes - old men  
 and white sheets pulled off the bed - spooky ghosts

## Meet the Medium

My name is Bronwyn Wildey, I'm a psychic medium. I'll be offering free group sessions on basic understanding of energy healing at Avebury starting in August. Each person attending will have a healing to understand something about their life.

I have a social worker background working with people with mental health and addiction problems. My philosophy is that everyone can be helped to have a better life if they are willing to get help.

Come and meet me! I am also offering individual appointments for 90-min readings with a koha for my time and experience. Email me at [wildeybronwyn@gmail.com](mailto:wildeybronwyn@gmail.com)

'Perfect is the enemy of good' - Voltaire

*Nola attends the Avebury haiku group. She penned this poem back in 2007 and so was thrilled to reconnect with Wendy after seeing the article about her dad, Morrie Jones, in the November RCN. She recalled Wendy and her twin sisters, and their grandmother who always wore black. Mr Richardson's Molly was in the paddock that is now Gowerton Place, and the 'naughty boys home' is now the site of New World Stanmore.*



Wendy and her twin sisters.



## Yogi Bears Yoga for Under 5s

Tuesdays at 10:30am - 11:30am at Avebury House.

Come join us for games, yoga and mindfulness.

Just \$5!

Tuition	Services
<p><b>Reading, Writing, Spelling, Maths (Y1-Y12)</b>                      Qualified local teacher, individual programmes, great results.  <b>P: 021 197 8383</b> or  <b>E: <a href="mailto:katharineabeaumont@gmail.com">katharineabeaumont@gmail.com</a></b></p>	<p><b>AKIVA</b> Your local business fast Internet, telephone line &amp; IT supplier. <a href="mailto:hello@akiva.co.nz">hello@akiva.co.nz</a>  <b>03 9837180.</b></p>
<p>Clarinet, Sax, Flute, Guitar, Bass, &amp; Piano—Experienced local teachers. Phone Nicola &amp; Ivan  <b>(03) 385-3856.</b></p>	<p><i>maiden</i>                      ELECTRICAL                      Call us for a quote today                      0800 40 44 40                      Maiden Electrical provides qualified, experienced electricians to deliver all installations and repairs on new builds, renovations and alteration projects.  <small>10 Selwyn Crescent, Porirua, District 6023</small></p>



Copiers • Printers • Document Solutions • IT  
 Kyocera • Samsung • Fuji Xerox  
 03 366 2217  
[www.kmbe.co.nz](http://www.kmbe.co.nz)



# What's on in Richmond



**AVEBURY HOUSE,**  
9 Evelyne Cousins Avenue.  
Phone (03) 381-6615  
The office is open Mon to  
Fri from 9 a.m. to 1 p.m.

## Monday

**Men's Shed:** from around 9.30am  
til 4pm, also on Tuesdays and  
Wednesdays.

**Chit chat Club:** 10–10:30 a.m.  
The Chit Chat Club is for the older  
adults (55+) in our community to  
get together and have tea and a  
catch up.

**Gentle Exercise:** 10:30–11:30 a.m.  
Gentle exercise class with a tutor  
who guides you through an exercise  
routine designed to keep those  
muscles moving! \$5/session.

**Loopy Tunes:** 11:30a.m. Loopy  
Tunes Music and Movement!  
Gold coin!

**Richmond Community Garden:**  
From 9:30 a.m. onwards. We  
welcome volunteers to help create  
a beautiful veggie garden for our  
community to enjoy! Also meets  
Wednesdays and Saturdays.

**Yoga:** 6–7 p.m. Join us for a good  
stretch! Beginners welcome.  
\$6/session.

## Tuesday

**Yoga:** 9:00–10:00 a.m. Join us for a  
good stretch! Beginners welcome.  
\$6/session.

**Tai Chi:** 10:30 a.m. \$10/session  
**Under 5s Move & Play** - A fun music  
& movement session. \$5.

**Small White Teapot Group:** Haiku  
group meets every 4th Tuesday of  
the month at 12pm.

**Pilates:** 6:00 p.m. \$6/session.

## Wednesday

**Yoga:** 9:00 a.m. Beginners welcome!

**Write Your Own History:** Every 2nd  
and 4th Wed of the month. 10 a.m.  
–12 noon.

**Stress Release:** 7:30pm. Let go  
stress. Relax the body. Calm the  
mind. Also on Fridays at 10:30am

**Hugs All Round Quilting Group:**  
1–3 p.m. We make quilts for  
children who need an extra hug.  
Join us to learn more about quilting;  
this includes machine and hand-  
sewing.

## Thursday

**Pilates:** 11 a.m. \$6/session.

**Yoga:** 6-7 p.m. \$6. Evening yoga.  
Join us for a good stretch!

**SOUL STAR TRIBE:** beginner belly dance  
classes 5:30pm Tuesdays (CWEA, 59 Gloucester  
Street, City Centre), and 10am Saturdays  
from (The Chrystal Palace, 12 Chrystal Street,  
Richmond).

\$10 casual, concession cards available. For  
more information, please phone Samantha on  
**027 6525 993.**

## CROSSWAY COMMUNITY CHURCH

North Avon Community Centre. 101 North  
Avon Road (entry off Chystal St)

**Sunday Services:** Every Sunday at 10am  
Family friendly with children's programmes.

For more information you can find us on  
Facebook: [www.facebook.com/crosswaych/](http://www.facebook.com/crosswaych/)

## SHIRLEY RECREATIONAL WALKERS

### Mondays & Thursdays:

Meet at Shirley Community Centre site, cnr  
Shirley Rd & Chancellor St, 9:30 a.m. Walks  
around Christchurch. All ages welcome.

For more information and a copy of the  
programme, contact Sue (03) 981-7071 or  
**027 775-4635.**

## SHIRLEY LIBRARY,

36 Marshland Road (by the Palms Mall).  
Phone (03) 941-7923

### Monday

**Shirley Library Book Discussion Group:**  
10:30am. Held on the second Monday of the  
month. Bookings essential. Please phone or  
email to enquire about availability and cost.  
**Activity Zone:** 3:45–4:45 p.m. For 6–10-year  
olds. No charge.

### Tuesday

**J.P. Clinic:** 10 a.m.–1 p.m. Weekly. No charge.  
**Wā Kōrero: Storytimes:** 10:30 a.m.–11:00 a.m.  
Recommended for over 2s.  
**Reading to Dogs:** 3:30p.m. – 4:30p.m.  
Bookings essential. During term time.

### Wednesday

**Scrabble Club:** 1:30 p.m. to 3:30 p.m.  
No obligation, just come along and join our  
friendly group. All materials are supplied. Free.  
**Dungeon Delvers:** 4:00– 5:30p.m. Tabletop  
roleplaying campaign for ages 12 to 18.  
Booking required. Fortnightly.

### Thursday

**Babytimes/Wā Pepi:** for under two-year olds.  
10:30–11 a.m. Weekly during term time.  
**Knit 'n' Yarn:** 1:00p.m. – 3:00p.m. Enjoy time  
with other crafters. Share skills and be inspired  
in our friendly, relaxing environment.

### Friday

**Card Club:** Just come along and join the fun.  
Free. No bookings required.

### Saturday

**Family History Help:** 10a.m. A member of the  
NZ Society of Genealogists will be available to  
help with your family history questions. Free.  
**Mahjong Group:** 1:00 p.m. For beginners and  
advanced players alike. If you have your own  
set, please bring it along, otherwise come  
along and join in a friendly game.



**DELTA COMMUNITY  
TRUST,**  
101 North Avon Road  
(Entrance off Chrystal St)

Ph: (03) 389-0212

**Foodbank:** Monday, Wednesday,  
Friday 10am–2pm (closed Fridays  
12–1pm for lunch). Closed public  
holidays.

**Monday café** 10.00am–12:30pm.  
Hot Toasties only \$2.

**Friday Inn Community Meal:** \$3  
for 2 course lunch. Doors open at  
10.30am. Purchase your tickets  
from Reception. Everyone welcome  
Friday Inn community meal.

**Mid Winter Xmas lunch** Fri July 9th.  
Entertainment, quizzes, prizes for  
best dressed!!! Limited to 60 tickets.

**Free Budgeting advice & Advocacy  
support:** Please ring for an  
appointment.

### North Avon Community Centre

**Managing Depression:** Thurs  
July 8th– August 26th, 1–2.30pm.  
Register at reception. Free.

**English class:** Weds, 10am–12pm

(during school term). \$3 per class  
**Delta International Playgroup**  
– Fridays 9am–12pm, gold coin  
donation.

**Delta Playgym:** Thurs, 9:30–  
11:30am. \$3 per child, children  
under 1 free.

**Beginner Ukulele:** Thursdays for 6  
weeks, starting August 5th, 1pm–  
2pm, \$20. Ukuleles available to  
borrow. Registrations essential.

**Meditation with Tomo :** Wed for 4  
weeks 12.30–1.30pm. 11th August,  
18th August, 1st September, 8th  
September. Koha. Registrations  
essential.

### Beginners Te Reo Māori Class:

Tuesday mornings for 4 weeks  
starting 31st August. \$20  
Registrations essential.

**International Ladies Craft Group:**  
Every 2nd Monday. Starting Monday  
26th July, 10am–12pm, \$2 donation  
Call Shauna (03) 389-0219 or email  
[shauna@deltatrust.org.nz](mailto:shauna@deltatrust.org.nz) to  
register for limited courses or for  
more information.

## HOLY TRINITY

**AVONSIDE,**  
168 Stanmore Road,  
Ph 389-6948

### Activities Group

-Weekly, Thursday, 1pm.

**Exercise Class** - Weekly, Thursday,  
11am.

**Parish Eucharist** - Weekly, Sundays  
9.30am, Thursdays 10am.

**All Age Church** - Monthly, 2nd



Sunday, 11.15am.

**Prayer and Praise** - Monthly, 4th  
Sunday, 11am.

**Vestry** - Monthly, 2nd Wednesday,  
7.15pm.

**Wednesday Café** - Monthly, 2nd  
Wednesday, 11.30am.

**Assn of Anglican Women** –  
Monthly, 4th Saturday, 10.30am.

**Foot Clinic** - Every 6 weeks,  
bookings essential.