

WE ARE RICHMOND

Come along to the We Are Richmond (RRBA) meeting at Avebury House on: **Tuesday, 25 April at 7pm**. Learn about and share local issues, discuss and create solutions together, and get involved! We welcome residents and new members at any time, all are welcome.

Richmond Community News is brought to you by Avebury House Community Trust and the following people:

Editorial: Tanya Didham.

Layout: Kristine Spoor.

Many thanks to our team who deliver the RCN to 2800 households and businesses throughout Richmond.

The RCN is now available online:

www.aveburyhouse.co.nz/newsletter.html

Contact us at: rcn@aveburyhouse.co.nz or ring Avebury House: **03 381 6615**.

Disclaimer: Views and opinions expressed in the Richmond Community News are not necessarily those of the editor or Avebury House Community Trust. No responsibility is accepted for incorrect information contained in advertisements or editorials. Advertisements for publication are accepted in good faith and publication of an advertisement does not imply endorsement by Avebury House Community Trust.



The Wit of Sam

I'm not a fan of elevator music. It's bad on so many levels.

• • • • •

My teenage son treats me like a god - he acts like I don't exist until he wants something.

• • • • •

I got fired from the keyboard factory today. Apparently I wasn't putting in enough shifts.

Illustration by Stephanie Terris

Thank You for the Teacups!

Several kind people answered Avebury House's call for vintage teacups - it's incredible how generous people can be. We have now added more than 50 lovely cups and saucers to our Devonshire collection - thank you so much!



Arranging Flowers with Maree

We will be making an arrangement in a teapot! Plus a beautiful front-facing bouquet. If you have some foliage at home that would be great to bring along, I supply the flowers. Please note: you will need to bring your own teapot! Cost is \$25 with a community services card, or \$30 without. If you need a teapot, let me know when you book, and I can bring one for an extra \$4. It will be a lot of fun!



Saturday April 29th, 11am - 12.30pm @ Avebury House, Eveleyn Couzins Ave

BOOKINGS ARE ESSENTIAL! To make a query or to book in, call Maree on **021 152 5480**.

LET'S PLAY AT AVON HUB!

FREE sessions for tamariki aged 8+ Stick & Ball games outdoors on the turf.

Week 1: **Tues 11 – Fri 14 April, 10.30am-12pm**

Week 2: **Mon 17 – Fri 21 April, 2pm-3.30pm**

No signs up, just turn up and play!

Eastern Community Sport and Recreation are based at the Avon Hub at 77 North Parade.



Shirley Village Project – Youth Engagement Activator



The Shirley Village Project is seeking a suitably skilled and experienced Youth Engagement Activator to work with youth in the Shirley community and schools. This part-time role is an opportunity to be involved in co-constructing a community-based approach to meeting youth needs.

*Questions and further discussion about the Youth Engagement Activator role are welcome and can be made to Steve Jones-Poole on **021 186 3645** or email: shirleyvillageproject@gmail.com*

Expressions of Interest must be submitted by Thursday April 6th.

"Laughter and tears are both responses to frustration and exhaustion. I myself prefer to laugh, since there is less cleaning up to do afterward." - Kurt Vonnegut

The Walking Festival is back from Saturday 8 April to Sunday 23 April 2023.

Dogs' Day Out in the Zone

Saturday April 15

Take your pooch on a walk around the red zone! Dog-friendly vendors and activities will be dotted around the river loop. A great opportunity for pups and their peeps to meet; discover the Ōtākaro-Avon River Corridor and all the wonderful happenings in and around the Richmond loop.



Dogs must be on a leash at all times.

Saturday April 15, 10am - 12pm

Meet at Riverlution Eco Hub, 46a Vogel street.

Parking is on Eveleyn Couzins Ave, Flesher Ave, Vogel St or Swanns Rd.

Approx. distance: 1.5 km

Remembering the Anzacs

Saturday April 22

Join us at Avebury House at 10am on Saturday April 22nd for a 40-minute guided walk through our local 'red zone'. We'll take in our pop-up Anzac memorial by the river, and mark some other notable locations, before wandering back to the house for a cup of tea and an Anzac biscuit.



Meet out front of Avebury House at 10am, Saturday 22nd April. The ground is flat but can be uneven, wear comfortable walking shoes. The Anzac installation will be up from Friday 21st, until Wednesday 26th April.

Yoga - Uniting Mind, Body & Spirit

By Dakota Blue



In the last year I have updated my Yoga training. Our internationally-acclaimed teacher, Donna, had been seriously injured when she fell from a horse. Her recovery turned the world of Yoga upside down for me. She allowed us to keep flexion in our knees in all postures. We were encouraged to use soft movement to enter and exit postures, to sway and loosen up our bodies.

I fell into this process like a duck into water and with my enthusiasm, brought these concepts to

the Yoga classes I taught. Now a number of my students are doing their own version of free movement into Yoga postures which is perfect.

What I teach softly extends our movements. We can stop anytime to check our balance - a half inch difference in foot placement either makes our foundation strong, or we wobble into a posture and try to hold it. When we evolve and open our minds to new ways of doing and being, we can empower our mind/body/spirit connection, and flourish.

I see yoga as a continuing journey to relaxation and strength - it's like slipping into a brand new skin. Join me for a class!

Namaste to all.

Dakota teaches yoga upstairs at Avebury House on Thursday evenings at 6pm. To book or enquire please call her on 022 012 5005. \$8 casual, 10-trip concession cards are still just \$70.

Richmond Community Garden Events

Foraging Walk Nuts & Seeds
Wednesday, 5 April, 10am
Fungi Farm

Meet in the Middle Richmond
Saturday, 8 April, 10am
Riverlution EcoHub 46A Vogel St

Dogs' Day Out in the Zone
Saturday, 15 April, 10am
Riverlution Eco Hub

Repair Revolution
Tuesday, 18 April, 5pm-7pm
Riverlution Ecohub

Foraging Workshop Origins of Plants
Saturday, 22 April, 2pm
Fungi Farm

Did you know the Richmond Community Garden is now producing their own newsletter? They have a lot going on, if you want to keep up subscribe to their e-news email morgane@richmondcommunitygarden.co.nz



Richmond Gala 2023

"It was an amazing day so much to see, buy, and do. I hope it's repeated next year. We loved it." - Hilary

Bigger and better than ever, this year Gala incorporated pony rides in the red zone, and the Riverlution Cafe served their own real fruit icecream! With the extra capacity of Rachel from We Are Richmond we were able to really fill the playground area and create more connection between the Avebury and Eco Hub ends of the site. It's a huge area when we join together, and we are still learning how to best fill it with awesome stuff!

On the Avebury side the craft and hobby market had all sorts from bread boards to pot plants, crystals to quilts, dog treats, jewellery and original art. The Devonshire Tea went down a treat thanks to the incredible energy and mahi of Mary and her crew in the kitchen. Volunteers

hold up our events, we couldn't do it without them - there are too many to name, you know who you are - thank you so much! A great variety of food trucks, live music from Jerry the Busker and Garden City Orchestra, plus the Soul Star belly-dancers rounded out the Avebury contribution.

Behind the house in the playground were local pre-schools, yoga with the Children's Imagination Academy, Envirohub's Stormwater Superheroes trailer, Pareawa Banks Ave, and The Richmond Club Fishing Section brought a fun fishing game with chocolate fish prizes! Council had two stalls sharing local projects, including the Avebury playground renewal, and many local council



"As always the Devonshire tea was delicious!" - Amanda



"Loved it, what an awesome gala even the kids loved it! So many good stalls and bargains!" - Natasha



"Thank you so much for a really fantastic day. It was such a well organised event and the vibe was super positive." - Hannah



"Just want to let the organizers of the Richmond Gala know that their efforts were hugely appreciated! I took a friend from out of town, who mentioned that it was the most fabulous market she'd ever been to."

- Marissa



and community board members came to visit on the day too.

Further up into the community garden area, more stalls, from Bee Awesome to Kainga Ora HNZ to Toha Kai. The Preserves Competition had some delicious entries - congratulations to all the winners! A little bit further along, the Riverlution cafe, Nature Play, and story-telling in the fedge. Towards the Eco Hub on Vogel St, there were dance displays from the Polonus Polish Folk Dancers and the Tam O'Shanter Scottish

Country Dancers; more live music; and more stalls including Smith St Urban Farm, and ReCreate NZ who made their winning preserves entries in Avebury's kitchen! Last but far from least, the fabulous car boot sale was a great way for folk to share their pre-loved items and find them a new home.

Thank you so much if you were part of this wonderful day with us.



"I was expecting a typical small gala type affair, but the stalls kept going and going and the addition of car boot! It was so good to see such a good turnout on a nice summer day! Exceeded expectations." - Krystal



KmBE
KM Business Equipment NZ Ltd

Copiers ■ Printers ■ Document Solutions ■ IT
Kyocera ■ Samsung ■ Fuji Xerox
03 366 2217
www.kmbe.co.nz



Steadfast Correction

By Tanya Didham

I must give my apologies for a misleading statement on the front page of last month's RCN, noted by one of our knowledgeable history volunteers, and perhaps some of you too! I implied that Dr Gundry had arrived in 'Bingsland' in 1851, when in fact Mr Bing himself



1879 map of Bingsland (Part of) Plan of Christchurch and suburbs, 1879
File Reference: Christchurch City Libraries Maps 120813

wouldn't arrive for another 9 years, and the first recorded use of 'Bingsland' was not until 1869 - long after Dr Gundry had returned to England. The name 'Richmond' didn't become official til the 1880s.

While it's hard to imagine now, when Dr Gundry arrived in Christchurch, everything outside the 'four avenues' was completely rural, much of it still marshes and wetlands.

Christchurch as a settlement was in its infancy. As Gundry recorded in his diary:

"Of Christchurch itself I can say little. It appears one expansive common with a house here and there - truly I may say it is without form or comeliness."

His wife didn't seem much taken with the place either. *"My darling very hysterical after our return on board, but whether from disappointment at Lyttelton, or fearfulness during our trip across to Lyttelton and back, I cannot say."* Life as a colonist wasn't easy, and it wasn't for everyone.

To peruse more local history, go to our website where much of what we have in our physical archive has been digitised. Along with maps, images, and documents you'll find commentary and stories of our local history.

**Dr Gundry's diary (2 volumes). Christchurch: Nag's Head Press, [1982-1983]. Available at CCL (910.45 GUN)*

Puzzle

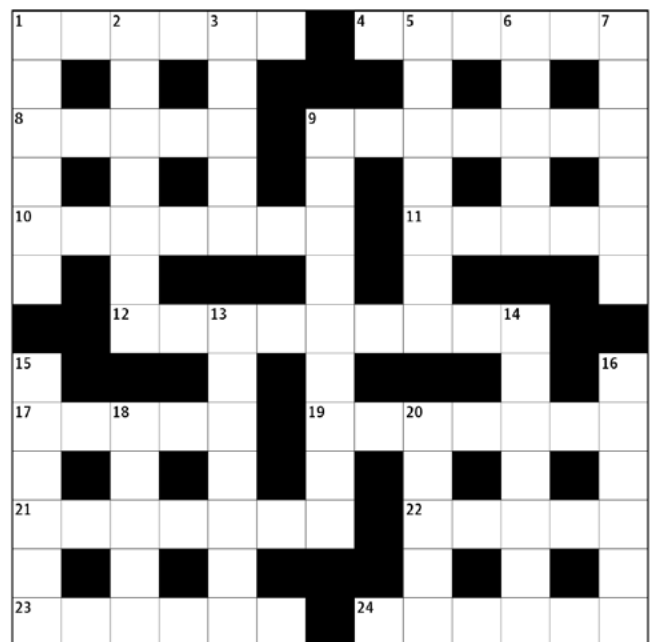
Crossword

Across

1. Colonial governor (6)
4. Board a ship or aircraft (6)
8. Elevate (5)
9. Ceramics (7)
10. Festival (7)
11. Wash (5)
12. Abhorrent (9)
17. Balance (5)
19. More unpleasant (7)
21. Intense, lacking restraint (7)
22. Part of the intestine (5)
23. Weaken (6)
24. Advisor (6)

Down

1. Rub against (6)
2. Release mechanism (7)
3. Sports venue (5)
5. Changeable (7)
6. Representative (5)
7. 20th century economist: John Maynard _____ (6)
9. Peevishness (9)
13. Excuse (7)
14. Type of spear (7)
15. Expand (6)
16. Basic textbook (6)
18. Computer chip company (5)
20. Glow (5)



Solution to March Crossword

Across: 1. Hour 3. Fraction 8. Ruby 9. Barnacle 11. Prediction 14. Palace 15. Stroll 17. Toxicology 20. Iniquity 21. Rota 22. Wickedly 23. Tyre

Down: 1. Hornpipe 2. Umbrella 4. Roasts 5. Concoction 6. Inch 7. Need 10. Disclosure 12. Monopoly 13. Playmate 16. Pistol 18. View 19. Zinc

How to Read Your Hand

By Cello Robertson



I have designed this course to make palm reading accessible and bring the practice into the 21st century. We will explore the myths and present the facts in a fun and inclusive environment. The course will provide insights into your uniqueness, worries, talents and health. It will improve your interactions with others. Remember,

five years from now you will be more disappointed by the things you didn't do, than by the things you did!

Come along and have some fun. Learn something new and who knows, it might be your next side hustle!

Cello has studied divination since 1994. He has been a professional palm reader for 8 years. Having worked in Wellington and India he has seen thousands of hands.

To make an enquiry or to book in, contact Cello on **021 185 8895** or email: cellopalmreader@gmail.com

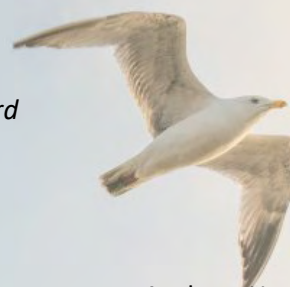
Poetry from the Teapot

*breaking bread together
we breathe in
our childhood*

Nola Gazzard

*suspended in blue
the gulls cry*

Julie Bates



The Small White Teapot group meets at Avebury House. Contact Barbara at **021 171 8622** for meeting dates. We love publishing content from our community. If you've got a poem, a childhood memory, or something else you'd like to share, get in touch with Tanya at rcn@aveburyhouse.co.nz and we can help! If you run a local business we have very reasonable advertising rates, email us or give us a call on **03 381 6615**.

Tuition

Reading, Writing, Spelling, Maths (Y1-Y12)

Qualified local teacher, individual programmes, great results.

P: 021 197 8383 or

E: katharineabeaumont@gmail.com

Clarinet, Sax, Flute, Guitar, Bass, & Piano—Experienced local teachers. Phone Nicola & Ivan **(03) 385-3856**.

COMPLIMENTARY HOUSE CLEAN



List and sell your property with Charlotte and receive a complimentary professional clean of your home prior to settlement, saving you a task and ensuring your move goes as smoothly as possible.

At Bayleys we are committed to providing a personable and stress-free experience from start to finish. Quite simply, we deliver a premium service.

Get in touch now for an obligation free appraisal of your property.

"I cannot recommend Charlotte enough, from the moment we signed up to settlement of our property, she continually communicated with us. Her knowledge and understanding of the process was exceptional and made us feel at ease."

- L Slater



PROUD TO BE A RICHMOND LOCAL

Charlotte Heaslip

027 386 0667

charlotte.heaslip@bayleys.co.nz

WHALAN AND PARTNERS LTD, BAYLEYS, LICENSED UNDER THE REA ACT 2008



ALTOGETHER BETTER

Residential / Commercial / Rural / Property Services

What's on in Richmond



AVEBURY HOUSE,
9 Eveleyn Couzins Avenue.
Phone (03) 381-6615
The office is open Mon to Fri
from 9 a.m. to 1 p.m.

Monday

Men's Shed: Contact John at 022 5891141 or Ian at 027 555 8368.

Chit chat Club: 10–10:30 a.m.
The Chit Chat Club is for the older adults (55+) in our community to get together and have a catch up.

Gentle Exercise:

10:30–11:30 a.m. Gentle exercise class with a tutor who guides you through an exercise routine designed to keep those muscles moving! \$5/session.

Yoga: 5:30pm with Robyn

Tuesday

Yoga: 9:00–10:00 a.m. Join us for a good stretch! Beginners welcome. \$8/session.

Tai Chi: 10:30 a.m. \$10/session

Small White Teapot Group: Haiku group meets every 4th Tuesday of the month at 12pm.

Pilates: 6:00 pm \$8/session.

Wednesday

Write Your Own History: Every 2nd and 4th Wed of the month. 10 a.m. –12 noon. Please call to confirm.

Hugs All Round Quilting Group: 1–3 p.m. We make quilts for children who need an extra hug. Join us to learn more about quilting; this includes machine and hand-sewing.

Pilates: 11am & 6pm. \$8/session.

Stress Release: 7:30pm, guided relaxation & tension release. Contact Kathy **022 6507896**.

Thursday

Yoga: 9:00 a.m. Beginners welcome!

Pilates: 11 a.m. \$8/session.

Yoga: 6-7 p.m. \$8. Evening yoga. Join us for a good stretch!

SOUL STAR TRIBE: beginner belly dance classes 5:30pm Tuesdays (CWEA, 59 Gloucester Street, City Centre), and 10am Saturdays from (The Chrystal Palace, 12 Chrystal Street, Richmond).

\$10 casual, concession cards available. For more information, please phone Samantha on **027 6525 993**.

CROSSWAY COMMUNITY CHURCH

North Avon Community Centre. 105 North Avon Road (entry off Chystal St)

Sunday Services: Every Sunday at 10am Family friendly with children's programmes. For more information you can find us on Facebook:

www.facebook.com/crosswaych/

SHIRLEY RECREATIONAL WALKERS

Mondays & Thursdays:

Meet at Shirley Community Centre site, cnr Shirley Rd & Chancellor St, 9:30 a.m. Walks around Christchurch. All ages welcome. For more information and a copy of the programme, contact Sue **(03) 981-7071** or **027 775-4635**.

SHIRLEY COMMUNITY TRUST,

Ph: **(03) 981 5521, 77c Briggs Rod.**

MacFarlane Park Neighbourhood Centre: 17 Acheson Ave

Park Centre: 19 Acheson Ave.

Community Hub & Barista Training:

Mon & Wed at Neighbourhood Centre. 10am - 2pm during term time. Training is \$5 per person.

Sparkling Stars: Mondays, 9:30am

Park Centre. For 0-5yo. Music & movement. \$3/family.

Te Reo Maori Class: 5pm, Park Centre

Nurse-led Foot Care Clinic: Tues, 10am, Park Centre. Appointments essential. Call **022 6218269**. \$10.

Children's Gardening Club: Tues, 3:15pm, Community Garden (off Jebson St).

Knit & Knatter Group: Fortnightly Wed, 10am. Yellow bin weeks. Park Centre.

Kidzone: Wed, 3:30pm, Park Centre. For primary-aged kids.

Gardening: Thurs, 10am, Comm. garden.

MacFarlanes on the Park Cafe: Fri, 9:30am, Neighbourhood Centre.



RICHMOND COMMUNITY GARDEN

46A Vogel St

Garden Days: Monday - Wednesday & Saturday from 10am. to 1pm. We welcome volunteers to help create a beautiful veggie garden for our community to enjoy!

Riverlution Eco Hub: Mon-Fri, 9:30am-4pm & Sat, 10am-1pm.

Repair Revolution: Every 3rd Tuesday of the month at 5pm.



DELTA COMMUNITY TRUST,

101 North Avon Road

(Entrance off Chrystal St)

Ph: (03) 389-0212, Free

phone 0800233582. Check our Facebook page or website

www.deltatruster.org.nz

Foodbank: Please phone first.

Monday, Wednesday, Friday (except public holidays) 10am-2pm.

Monday Café: Every Monday except public holidays. 10am-12.30pm \$2 Hot Toasties, Tea & Coffee 20cents

Friday Drop-Inn café: Every Friday except public holidays. 10am-12.30pm. Choice of 2 mains only \$2, Dessert \$1, tea & Coffee 20cents.

Free Budgeting Advice and Advocacy: Please ring for an appointment.

North Avon Community Centre

ESOL/English Class: Every Wednesday 10am-12.30pm (except Public & School holidays). \$3 Fee. Please Contact stefanie@deltatruster.org.nz for more information.

Delta International Playgroup: For mums and children under 5. Every Friday 9am-12pm(except Public & School holidays). at the North Avon Community Centre. \$2 for the session, \$10 per term. Please bring your own morning tea for your child. NO shared morning tea. Music and stories at 10.30am. Please Contact stefanie@deltatruster.org.nz for more information.

Filipino Playgroup: Every Wednesday 9:30am-12:30pm (Except Public & School holidays) For more information contact Jo jo@odt.org.nz or **021-1151657**

SHIRLEY LIBRARY,
36 Marshland Road (by the Palms Mall).
Phone (03) 941-7923

Tuesday

JP Clinic: 10am–1pm

Free. No bookings required.

Wā Kōrero: Storytimes

10.30–11am

Suitable for ages 2–5

Free. No bookings required.

Wednesday

Scrabble Club: 1:30pm–3:30pm

All materials are supplied.

Free, no bookings required.

Dungeon Delvers

3.45–5.15pm

Suitable for ages 10–16

Free. Bookings required.

Thursday

Wā Pepi: Babytimes

10.30–11am

Suitable for ages 0–2

Free. No bookings required.

Fiero Code Club

3.45–5.15pm

Suitable for ages 8–16

Free. Bookings required.

Friday

Card Club

1.00–3.30pm

Free. No bookings required.

Saturday

Family History Help

10.00am–Midday

1st and 3rd Saturday of the month

Ran by the Canterbury Genealogy Society. Free. No bookings required.

Mahjong Club

1.00–3.30pm

Free. No bookings required.