



Recreate on Stanmore

By Lily Wheeler-Strawbridge

Recreate NZ is a unique and innovative Charitable Trust, established in 2002. Our Kaupapa is to provide life-changing experiences for youth with disabilities, and support for their families. We're committed to enhancing the intellectual, social, emotional and physical development, as well as independence, of young people with intellectual disabilities. Each year Recreate NZ delivers over 5,000 opportunities across a range of 550 adventure, recreation, social, education and work skills programmes in the North Island and Christchurch. Programmes range from half-day to 6-days, and cater to more than 600 young people between the ages of 10 and 35. The majority of Recreate's events and programmes are run within our community, encouraging connection and inclusion. We focus on experiential learning and meaningful personal growth opportunities for our youth and youth leaders with intellectual disabilities. We want individuals to develop physical, cognitive, and social/emotional competences, better equipping them to live fully inclusive lives in the community.

In Christchurch, we run an array of programmes from Urban Social Nights, Weekend Getaways, Youth Camps and educational weekday programmes. Some of these include our MOXIE programmes, Meaningful Opportunities Xing Over Into Employment. This year we started running two of our popular MOXIE programmes



at beautiful Avebury House: Pickling and Preserving, and Creative Cooking Life Skills! We have also connected with the Richmond Community Garden. Lately we have been busy working away in the Avebury kitchen making jams and chutneys for our Social Enterprise, 'OUR HARVEST'. We love attending local markets so keep an eye out for us, or visit our online shop here: www.recreate.org.nz/online-store All money raised goes back into running programmes for our youth and young adults!

Lily is the Christchurch Programme Co-ordinator for Recreate NZ.

Matariki in the Zone

Sat 15 July 2023, 2.30pm-6.30pm

The hāngī, the music, the stars - we can't wait! Entertainment includes the fabulous Star Jam performers, kapa haka, and from 4.30pm, the sweet sounds of Lisa Tui and her band will play us into kai time and past sunset. As always the starlight trail will be up for a week, along with guided star-walks, a native planting, and Matariki workshops, coinciding with the first week of the school holidays.

Join us as we bring back this awesome winter event hosted by Richmond Community Garden, Avebury House, We Are Richmond, and the Avon-Ōtākaro Network. Programme in the July newsletter, or keep in touch with our event page: www.facebook.com/events/623600329657060



Richmond Community News is brought to you by Avebury House Community Trust and the following people:

Editorial: Tanya Didham.
Layout: Kristine Spoor.

Many thanks to our team who deliver the RCN to 2800 households and businesses throughout Richmond.

The RCN is now available online:
www.aveburyhouse.co.nz/newsletter.html

Contact us at: rcn@aveburyhouse.co.nz or ring Avebury House: **03 381 6615**.

Disclaimer: Views and opinions expressed in the Richmond Community News are not necessarily those of the editor or Avebury House Community Trust. No responsibility is accepted for incorrect information contained in advertisements or editorials. Advertisements for publication are accepted in good faith and publication of an advertisement does not imply endorsement by Avebury House Community Trust.



The Wit of Sam

I've been prescribed anti-gloating cream
- I can't wait to rub it in...

• • • • •

We argued all day about what to call a
medieval soldier, but it was getting late
so we called it a knight.

• • • • •

If I'm reading their lips correctly, my
neighbours are arguing about some
creepy guy next door...

Illustration by Stephanie Terris

"Laughter is an instant vacation."
-Milton Berle, entertainer

Tuition

Reading, Writing, Spelling, Maths (Y1-Y12)

Qualified local teacher, individual programmes, great results.

P: **021 197 8383** or E: katharineabeaumont@gmail.com

Clarinet, Sax, Flute, Guitar, Bass,
& Piano—Experienced local teachers. Phone Nicola
& Ivan

(03) 385-3856.

YOUR STORY IS WORTH WRITING!



A practical workshop equipping you with knowledge, valuable first-hand advice from an experienced author, and inspiration to write your story. There is no better time than NOW to get started.

Join me, Staci McLean, on Saturday 10 June, 10am – 3pm @ Avebury House. Tickets are \$50, available on Eventbrite.co.nz

Avebury Shed

Recently Ian made a fabulous spice shelf, to my exact specs to fit in my pantry - I love it! We have some clever folk at the Avebury Shed, and Ian in particular is keen to help out on any wood-working projects you may have. He's currently fashioning some wooden wētā for the Community Garden! Materials and koha appreciated. Call him to have a chat about your project on **027 555 8368**.

Hato Hone-St John Health Shuttle

The Hato Hone-St John Health Shuttle service is now available throughout Christchurch to assist members of the community to medical appointments in the Christchurch area. This includes all hospital and doctors' appointments as well as midwife, dental and rehabilitation appointments.



Staffed by volunteers, the service runs from Monday-Friday. It is a free service, however any donation is gratefully accepted to assist with running costs.

To make a booking please call **0800 103 046**. If you would like more information or want to volunteer as a driver, email: healthshuttles.southisland@stjohn.org.nz

Compassionate Mind Training Course

This 8-part course will develop your skills and abilities to give compassion; receive compassion; and be self-compassionate.

Attendance is limited to 12 participants so please book early. To secure a spot or to learn more contact the facilitator Sara Clarke on **029 0208 4674** or email: sarawellsclarke@gmail.com

When: Weds 21 June - 9 Aug, 6pm - 8.30pm

Where: Avebury House, 9 Eveleyn Couzins Ave

Cost: \$450 per participant (no/low wage reduction available)

Community Planting Days!

It's planting season, bringing opportunities to be part of the red zone's future forest! All ages and abilities are welcome to participate in restoring health and biodiversity to our river corridor.

Brooker Ave - Sunday June 11, 10am - 12pm Avon-Ōtākaro Forest Park

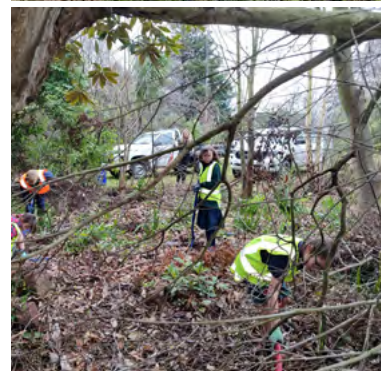
Please join us for our second planting of 2023! We are looking at another big year at Brooker Reserve with plantings and maintenance. We will continue planting the northern section of the site, where we will be establishing additional native trees and shrubs. Please bring some gloves and a planting spade if you have one. Good to also bring snacks, water and sun protection. You will see our flags on Brooker Ave, everyone welcome.

www.facebook.com/events/5487432394690254

Banks Ave Dudley Stream - Saturday June 17, 10am - 12pm Avon-Ōtākaro Network

Come join us along with the Red Zone Rangers for a community planting day. We'll be extending the work we completed last season, creating a forest along the high part of Dudley Stream in the former Residential Red Zone. Head to the old Banks Ave School site and you will see our flags across the road. If you prefer to use your own gloves bring them along, otherwise we will provide everything you need.

www.facebook.com/events/1623462448076749



Arbor Day – 5th of June

By Greg Partridge - former RRBA committee member

Prior to the earthquakes I lived not far away on Avonside Drive. All that remains of that property today, and those of my former neighbours, are the trees.

I now live in Perth Street here in South Richmond and sadly over the last few years have noticed a considerable number of trees being lost from the local landscape, often due to property developers clear-felling them.

Seemingly healthy trees are also being cut down in private gardens, rather than being pruned.

As property owners we obviously have a choice about the trees in our gardens, but it's a concern every time the sound of a chainsaw screams out in the neighbourhood.

Recent reports commissioned by the City Council revealed that the Christchurch tree canopy coverage has dropped from 15.59% to 13.56% in less than three years.

That 2-percentage point reduction equates to a 13.02% decrease in the overall tree canopy coverage.

Believe it or not, Christchurch has far less tree canopy cover than Auckland's 18%, and less than half the 30% tree canopy coverage that Wellington city residents and native wildlife are able to enjoy.

When Adelaide's tree canopy cover fell from 20.1% to 18.3% it sparked a Parliamentary Inquiry.

Trees are living, breathing parts of our community. They

are the green infrastructure that provide cooling shade and protection from the baking summer sun, and shield us from the cold in winter.

Trees produce oxygen, absorb air pollution and greenhouse gasses, and help manage stormwater, acting like sponges that soak up rainfall. The bigger and healthier the root systems the more stormwater is managed and the fewer pollutants that pour into the Avon-Ōtākaro, Dudley Creek and other local waterways.

Trees also provide shelter and habitat for a variety of birds and small animals in our community, contributing to the overall biodiversity health, sustainability and liveability of our suburb. Many North Richmond streets have either well-established street trees or have had trees planted along them following recent extensive roading repairs. The same cannot be said of South Richmond where our narrower streets eliminate the possibility of street trees, hence the concern.

Trees are being planted in the red-zoned Ōtākaro-Avon River Corridor, and when they mature, we will have a veritable forest of trees in that area, however if we don't protect, retain and plant more trees throughout South Richmond properties we could end up being more like "Leafless Linwood", rather than "Richmond – rich in biodiversity and native bird song".

Plant a tree in your garden this year on or around Arbor Day on June 5th.

"The best time to plant
a tree is 20 years ago,
the second best
time is now."



Into the Red Zone with Avonhead U3A

By Eric Pawson



A group of 15 or so hardy members of the Avonhead U3A group spent the morning of April 24 in the Richmond-Dallington part of the river corridor. It was barely 10 degrees, but the sun was out after a heavy rain storm and lightning during the night.

We started by the large map next to Swanns Road bridge: a good place to get a sense of the extent of the red-zoned lands, and chat about their potential. Then into the busy Richmond Community Garden. Alongside the letterbox sculpture, one member reminisced that his great-grandfather built a farmhouse on this site before it was a suburb. He had a small dairy farm over the river

along what is now Retreat Road, and the cows had to be brought across for milking.

Everyone was very taken with Avebury House, most not having known it existed. Tanya Didham welcomed the group with an outline of its history, including its years as a youth hostel, and then led everyone through the house. The Cora Wilding room and the Richmond History room generated a lot of interest, as well as the lancewood key sculpture made out of keys from former red-zoned houses.

It was then time for a few minutes in the Fungi Farm, and smiles at the warning notice: 'Unless you are confident in your identification knowledge, please don't pick the mushrooms'! It was sheltered walking along River Road towards the fifty white crosses on the river bank, marking those soldiers from the memorial boards in Avebury House who died in the First World War.

Past the Climate Action Campus in Cowlshaw Street, we came across an Avon Ōtākaro Forest Park site with its regenerating lacebark trees. Alongside this is the School of Fine Arts storyboard installation in the Patten Street reserve. It's one of the best places to recall or discover what it was like for many red zoners in the aftermath of the earthquakes. Memories fade over time, but it's good to bring people back to the now apparently empty and, on this morning, windswept spaces where we ended our walk, in what was once Silverdale Place.

Walk leader Eric Pawson is chair of the Waitākiri Eco-sanctuary Trust and co-founder of the Ōtākaro Living Lab.

Monday Night Yoga with Robyn

By Robyn Alderson

I love every moment of being a Yoga/Fitness instructor. I've done it for over 15 years and I feel uplifted knowing that I am making a real difference in others' lives... Embracing mind, body & soul, overall health and well-being.

Over the years, I have developed my own style of yoga including Flow, Power & Restorative. I approach my own yoga practice with curiosity, and love exploring with small adjustments to bring my body into alignment; allowing my breath to guide me, and encouraging others to do the same. Once the body is in alignment a sense of release and calmness comes into the mind, body & soul. I love to incorporate elements of mindful alignment and connection between movement2breath and breath2movement.

I ultimately aspire to be the best version of myself, so in turn, I encourage others to become the best version of YOU! Whether you're a beginner or a seasoned participant, I'm sure you'll fit into Yoga with Robyn. With gratitude in my heart, I look forward to going on this journey with YOU.

Robyn's yoga class is upstairs in Avebury House on Monday nights at 5.30pm (winter hours). Please note, as days get longer the start time will revert back to 6pm. To enquire or book a space, call or text Robyn on 027 459 2553.



KmBE
KM Business Equipment NZ Ltd

Copiers ■ Printers ■ Document Solutions ■ IT
Kyocera ■ Samsung ■ Fuji Xerox
03 366 2217
www.kmbe.co.nz





RICHMOND
COMMUNITY GARDEN

Olive Picking Week!

May 29 - June 5

Annual olive-picking season is upon us! From Monday May 29th to Monday June 5th, the Richmond Community Garden team will be out picking olives across the city. We will then get them pressed to make truly local olive oil.

You can also pick your own and bring them down to the Riverlution Eco Hub. In exchange we'll give you some seasoil to replenish your tree and thank it for giving us fruit, and some olive oil!

Join us for as little or as long as you wish through the week for an awesome time. Volunteers with their own transport much appreciated, we will provide drinks and snacks. We'll meet each day during May 29 to June 5, at the Riverlution Eco Hub, 46A Vogel St, at 10am.



For more info email Morgane at admin@richmondcommunitygarden.co.nz or call 027 808 0693
<https://fb.me/e/2S1kxNTZ6>

Getting Citizen's Advice

Why is CAB better than ChatGPT? (and any other artificial intelligence...)

You can ask both about everything and anything, but with Citizens' Advice Bureau you get:

- NZ-based content
- verified, nuanced and non-judgemental answers
- ad-free, tracking-free, free information
- confidentiality & respect
- not just online access, but also face-to-face across Christchurch, or by phone*
- to speak to a real person – a good listener ready to stand beside you, work through issues and find a pathway out of any problem(s) that works for you
- everything that you may (or may not) wish to know but didn't know what to ask – so very human
- and, if needed, multi-lingual CAB volunteers or a trained interpreter

Ehara taku toa i te toa takitahi, engari he toa takitini
Success is not the work of an individual, but the work of many

Visit www.cab.org.nz/

* City (366 6490), North (351 7804) and West (349 5236)

RCG June Events

Green Waste Day

Saturday, 3rd June 10am
50 Vogel St.

Fruit Tree Workshops w/ Canterbury Horticultural Society (Stonefruit Pruning)

Saturday, 17th June, 9am - 12pm
Meet at Riverlution Eco Hub
Book online www.chsgardens.co.nz

Hardwood Propagation

Saturday, 17th June, 1 - 3pm
Meet at Riverlution Eco Hub
Book online www.chsgardens.co.nz

Foraging Walk "Winter Edition"

Saturday, 17th June, 11am - 1:30pm
Meet at Fungi Farm

Repair Riverlution

Tuesday, 20th June, 5.30pm – 7.30pm
Riverlution Eco Hub

Garden Tool Care & Sharpening

Saturday, 24th June, 10:30am
Riverlution Eco Hub

Check out the RCG facebook page for more events: www.facebook.com/RichmondCommunityGardenRiverlution/

Sports! - Get Involved

Basketball Drop-In

Learn some skills, hang out, shoot hoops and slam dunk!

Every Tuesday this Term,
3:30 - 4:30pm

At the Eastern Canopy, 100 Shaw Ave, Rawhiti Domain



Wheelchair Basketball

3x3 skills, games and competition each week! Rep your school, your club or we'll find you a team.

Inclusion Basketball - Everyone High School aged welcome.

Every Wednesday Term 2, 3 - 4pm
At the Avon Hub, 77 North Parade Rd.

Drop-in Football

Suitable for 8+ years old.
Thursdays, 3:30 - 4:30pm
At Avon Hub Gym, 77 North Parade Rd.

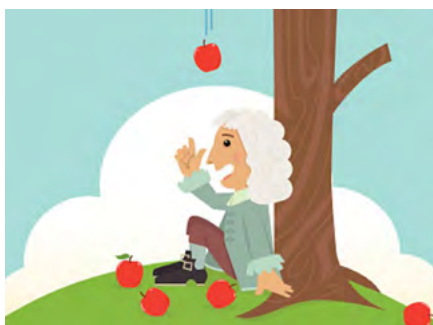


Allan the Appliance Guy will collect
***for free* scrap metal, old appliances, computers, dvd players etc. No printers pls.**
Call him on 027 756 2718.

Mind Yer Language: That's Heavy Man

By Tanya Didham

'Gravity', in the sense of the Earth's gravity, was first used around the time that old apple fell on Sir Isaac Newton's head back in the 1600s. But the word had been introduced,



via French to English, a century earlier from the Latin 'gravitas', in the sense of a solemn weightiness of character. We still use 'gravitas' in this way. It traces back to the proto-Indo-European (PIE) '*gwere-' which means heavy, or having weight. It gave us other words such as 'gravid', meaning heavily pregnant; and 'grief' - a figuratively 'heavy' emotion. In some words the 'g' in '*gwere-' transformed into a 'b' sound, which gave us words like 'barometer' - a device to measure the 'weight' or pressure of the atmosphere; and baritone, a deep or 'heavy' voice. We also still use the word gravity to mean seriousness, for example, taking in the gravity of a grave situation.

So what about the other 'grave' - the hole in the ground? While it may seem tempting to lump this in with our weighty discussion, it does not belong there. The graves of the dead are not so much 'deep', as they are 'dug'. The root goes back through an Old High German word for a tomb, the Old Norse 'graf' for cave, and likely back to the PIE word '*ghrebh-' meaning to dig or scratch the earth. This root word also parented 'engrave', 'carve' and the Greek 'graphein' - to inscribe or write. That one pops up in so many of our words today like 'photograph' (an image 'written' with light) and 'geography' (to study/write about the earth).

'Heavy' came down to us through Old High German too, and a root word that means 'to grasp'. Heaviness was in relation to carrying something with weight, but it too was soon synonymous with profundity and seriousness, long before flower-power popularised it again in the 1960s ('That's heavy, man'). By the early 1970s musicians had adopted the phrase 'heavy metal' to describe a new guitar-powered style of music. But that term also reaches way back, to 1744, when it was jargon for a ship's largest guns; in 1839 chemists used it to describe literal heavy metals in the periodic table, such as lead and chromium.

And gravel? Well, that's yet another etymological story all together. You never can tell with English words - a bit like people, just because they look similar, doesn't mean they are related!

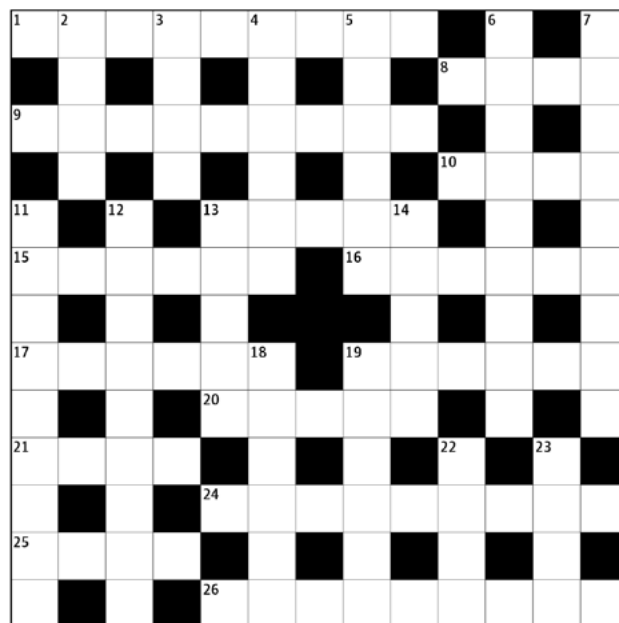
Puzzle Crossword

Across

1. Producing desired result (9)
8. Luxuriant (4)
9. Judges collectively (9)
10. Part of a church (4)
13. Advance soldier (5)
15. Rough drawing (6)
16. Look for (6)
17. Skilled or knowledgeable person (6)
19. Plead (6)
20. Earliest (5)
21. Pastry sweet (4)
24. Wig (9)
25. Oven (4)
26. Sprout (9)

Down

2. Offensive (4)
3. Send out (4)
4. Jerk (6)
5. Against (6)
6. Backer (9)
7. Door sill (9)
11. Statement (9)
12. Siren (9)
13. Neck garment (5)
14. Entice (5)
18. Herbal infusion (6)
19. Indian religious community (6)
22. Wild beast (4)
23. Tax [historical] (4)



Solution to May Crossword

Across: 1. Bury 3. Screamed 8. Cope 9. Brothers 11. Particular 14. Cheeky 15. Stance 17. Monotonous 20. Striking 21. Veto 22. Exertion 23. Style

Down: 1. Backpack 2. Reporter 4. Circus 5. Extraction 6. Meet 7. Dash 10. Pickpocket 12. Indolent 13. Gemstone 16. Borneo 18. Isle 19. Free.

'We Are Richmond' aka Richmond Residents' And Business' Association On Our Recent Activities

By David Duffy

Last month we asked the community to respond to a question: what is the ONE issue you want to see addressed to help make Richmond a better place? We received some feedback including the idea that some of our roadside berms could be planted in native plants. This would provide low maintenance colour, and add to the regional food chain for our birds and bees. Another resident expressed concern about speeding cars in our narrow streets and suggested the installation of speed humps. Do you agree? Let us know where you think energy might be best-directed.

Meanwhile the RRBA have been busy working on a number of issues recently. Following numerous complaints from retailers, customers and clients, we began discussions with the City Council about the **Richmond Village carpark**, in an effort to upgrade this amenity. The idea of upgrading and reinstating the **Shirley Intermediate School swimming pool** has also emerged and was well-supported at a recent "Big Ideas" meeting, organised by the Shirley Village Project. A five-year plan has been prepared and a feasibility study is in the hands of the Shirley Intermediate School Board. Potentially an enormous asset to the wider community if it gains traction.

Our contracting landscape architect, Bridget Allen from Cultivate and Create, continues to work on future plans for **Petrie Park**. She has been analysing our goals, working closely with ECan on the soil-testing programme (which will determine our next step), and is beginning to work with the local community on their vision for the park. On

the **roading** front, the resealing of Poulton Avenue and installation of tree protection buffers there are complete. We await news on the tender process outcomes for Nicholls and Dudley Streets, Stapletons Road between Warden and Shirley Roads, and progress on the Richmond Safe Cycle Route.



We've also begun planning our contribution to the **Matariki in the Zone** celebrations! If you can assist with our theme tree: Ururangi - representing the Winds of the Sky, we'd love to hear from you. And of course, if you have any ideas about improving our area, let us know those too. You can reach David on secretary@wearerichmond.co.nz

Come along to the We Are Richmond (RRBA) meeting at Avebury House on: **Tuesday, June 27 at 7pm**. Learn about and share local issues, discuss and create solutions together, and get involved! We welcome residents and new members at any time, all are welcome.



COMPLIMENTARY HOUSE CLEAN

List and sell your property with Charlotte and receive a complimentary professional clean of your home prior to settlement, saving you a task and ensuring your move goes as smoothly as possible.

At Bayleys we are committed to providing a personable and stress-free experience from start to finish. Quite simply, we deliver a premium service.

Get in touch now for an obligation free appraisal of your property.

"I cannot recommend Charlotte enough, from the moment we signed up to settlement of our property, she continually communicated with us. Her knowledge and understanding of the process was exceptional and made us feel at ease."

- L Slater



**PROUD TO BE A
RICHMOND LOCAL**

Charlotte Heaslip

027 386 0667

charlotte.heaslip@bayleys.co.nz

WHALAN AND PARTNERS LTD, BAYLEYS, LICENSED UNDER THE REA ACT 2008



ALTOGETHER BETTER

Residential / Commercial / Rural / Property Services

What's on in Richmond



AVEBURY HOUSE,
9 Eveleyn Couzins Avenue.
Phone (03) 381-6615
The office is open Mon to Fri
from 9 a.m. to 1 p.m.

Monday

Men's Shed: Contact John at 022 5891141 or Ian at 027 555 8368.

Chit chat Club: 10–10:30 a.m.
The Chit Chat Club is for the older adults (55+) in our community to get together and have a catch up.

Gentle Exercise:

10:30–11:30 a.m. Gentle exercise class with a tutor who guides you through an exercise routine designed to keep those muscles moving! \$5/session.

Yoga: 5:30pm with Robyn

Tuesday

Yoga: 9:00–10:00 a.m. Join us for a good stretch! Beginners welcome. \$8/session.

Tai Chi: 10:30 a.m. \$10/session

Small White Teapot Group: Haiku group meets every 4th Tuesday of the month at 12pm. Contact Barbara at **021 171 8622**.

Pilates: 6:00 pm \$8/session.

Wednesday

Write Your Own History: Every 2nd and 4th Wed of the month. 10 a.m. –12 noon. Please email to confirm at johnlois@posteo.net.

Hugs All Round Quilting Group: 1–3 p.m. We make quilts for children who need an extra hug. Join us to learn more about quilting; this includes machine and hand-sewing.

Pilates: 11am & 6pm. \$8/session.

Stress Release: 7:30pm, guided relaxation & tension release. Contact Kathy **022 6507896**.

Thursday

Yoga: 9:00 a.m. Beginners welcome!

Pilates: 11 a.m. \$8/session.

Yoga: 6-7 p.m. \$8. Evening yoga. Join us for a good stretch!

SOUL STAR TRIBE: beginner belly dance classes 5:30pm Tuesdays (CWEA, 59 Gloucester Street, City Centre), and 10am Saturdays from (The Chrystal Palace, 12 Chrystal Street, Richmond).

\$10 casual, concession cards available. For more information, please phone Samantha on **027 6525 993**.

CROSSWAY COMMUNITY CHURCH

North Avon Community Centre. 105 North Avon Road (entry off Chystal St)

Sunday Services: Every Sunday at 10am Family friendly with children's programmes. For more information you can find us on Facebook:

www.facebook.com/crosswaych/

SHIRLEY RECREATIONAL WALKERS

Mondays & Thursdays:

Meet at Shirley Community Centre site, cnr Shirley Rd & Chancellor St, 9:30 a.m. Walks around Christchurch. All ages welcome. For more information and a copy of the programme, contact Sue **(03) 981-7071** or **027 775-4635**.

RICHMOND COMMUNITY GARDEN



Riverlution EcoHub, 46A Vogel St

Garden Days: Monday - Wednesday & Saturday from 10am. to 1pm. We welcome volunteers to help create a beautiful veggie garden for our community to enjoy!

Riverlution Eco Hub: Mon-Fri, 9:30am-4pm & Sat, 10am-1pm.

Repair Revolution: Every 3rd Tuesday of the month at 5:30pm.



DELTA COMMUNITY TRUST,

101 North Avon Road
(Entrance off Chrystal St)
Ph: (03) 389-0212, Free

phone 0800233582. Check our Facebook page or website

www.deltatruster.org.nz

Foodbank: Please phone first.

Monday, Wednesday, Friday (except public holidays) 10am-2pm.

Monday Café: Every Monday except public holidays. 10am-12.30pm \$2 Hot Toasties, Tea & Coffee 20cents

Friday Drop-Inn café: Every Friday except public holidays. 10am-12.30pm. Choice of 2 mains only \$2, Dessert \$1, tea & Coffee 20cents.

Free Budgeting Advice and Advocacy: Please ring for an appointment.

North Avon Community Centre

ESOL/English Class: Every Wednesday 10am-12.30pm (except Public & School holidays). \$3 Fee. Please Contact stefanie@deltatruster.org.nz for more information.

Delta International Playgroup: For mums and children under 5. Every Friday 9am-12pm(except Public & School holidays). at the North Avon Community Centre. \$2 for the session, \$10 per term. Please bring your own morning tea for your child. NO shared morning tea. Music and stories at 10.30am. Please Contact stefanie@deltatruster.org.nz for more information.

Filipino Playgroup: Every Wednesday 9:30am-12:30pm (Except Public & School holidays) For more information contact Jo jo@odt.org.nz or **021-1151657**

SHIRLEY COMMUNITY TRUST,

Ph: **(03) 981 5521, 77c Briggs Rod.**

MacFarlane Park Neighbourhood Centre: 17 Acheson Ave

Park Centre: 19 Acheson Ave.

Community Hub & Barista Training:

Mon & Wed at Neighbourhood Centre. 10am - 2pm during term time. Training is \$5 per person.

Sparkling Stars: Mondays, 9:30am Park Centre. For 0-5yo. Music & movement. \$3/family.

Te Reo Maori Class: 5pm, Park Centre

Nurse-led Foot Care Clinic: Tues, 10am, Park Centre. Appointments essential. Call **022 6218269**. \$10.

Children's Gardening Club: Tues, 3:15pm, Community Garden (off Jebson St).

Knit & Knatter Group: Fortnightly Wed, 10am. Yellow bin weeks. Park Centre.

Kidzone: Wed, 3:30pm, Park Centre. For primary-aged kids.

Gardening: Thurs, 10am, Comm. garden.

MacFarlanes on the Park Cafe: Fri, 9:30am, Neighbourhood Centre.

SHIRLEY LIBRARY,

36 Marshland Road (by the Palms Mall).
Phone (03) 941-7923

Tuesday

JP Clinic: 10am–1pm

Free. No bookings required.

Wā Kōrero: Storytimes

10.30–11am

Suitable for ages 2–5

Free. No bookings required.

Wednesday

Scrabble Club: 1:30pm–3:30pm

All materials are supplied.

Free, no bookings required.

Dungeon Delvers

3.45–5.15pm

Suitable for ages 10–16

Free. Bookings required.

Thursday

Wā Pepi: Babytimes

10.30–11am

Suitable for ages 0–2

Free. No bookings required.

Fiero Code Club

3.45–5.15pm

Suitable for ages 8–16

Free. Bookings required.

Friday

Card Club

1.00–3.30pm

Free. No bookings required.

Saturday

Family History Help

10.00am–Midday

1st and 3rd Saturday of the month

Ran by the Canterbury Genealogy Society. Free. No bookings required.

Mahjong Club

1.00–3.30pm

Free. No bookings required.