Avebury House: 9 Eveleyn Couzins Avenue Phone: 381-6615 Email: rcn@aveburyhouse.co.nz

Vol. No 21 No. 7 August 2023 Issue 177

Matariki in the Zone 2023 - Shining Bright!

Covid forced us to rethink Matariki in the Zone in 2022, but this year we brought it all together for a stand-out, mid-winter celebration.

Preparations began weeks ahead as organisers established who would create the Matariki star trail installations. Rather than doing it all ourselves, we wanted to reach out to other local orgs, so alongside star-art from Richmond Community Garden, Avon-Ōtākaro Network, Avebury House and We Are Richmond, we also had creations from Climate Action Campus, The Children's Imagination Academy, and local artists Leah Fraser Henderson and Jen McBride.

On a bright Saturday 15th we were excited to welcome back many people who have helped bring this event to life over the years: Grenville and the incredible hangi team from Tuahiwi Marae; Lisa Tui with her soulful musical ensemble: Dallas and his beautiful whakairo/ carvings; Sophie's mesmerising fire-dancing; Bee Awesome's bee craft; RCG's Little Shop; the Red Zone Rangers; the electoral commission; and the Shirley Library Van! And we had some new faces - Haven on Avon did the marshmallowtoasting this year, (with twig 'skewers'); the

White Room brought their

mobile art-bike; Joanna from Ōtautahi Urban Foraging made Tupuārangi birdfeeders out of pine cones; the Children's Imagination Academy brought herbal tea and a popular face-painting friend!



Bridget for We Are Richmond taught so many people to weave tī kōuka/cabbage tree leaves; Council's Engagement Team were stoked to get over 200 responses to their consultation; and Kayla dazzled with her LED hula hoops!

The Matariki star trail was lit up a few days before and after the event, allowing people to enjoy it through the end of the school holidays. Two guided night-walks with amateur astronomer John Dunlop attracted more than 70 folk in their winter woollies! And the mid-week City Libraries' Matariki Story Times (with hot chocolate) was





While beautifully crisp and sunny on the day, unusually damp weather in the preceding weeks inspired us to move everything up top, to the

community garden, including a very slightly condensed star trail. This adaptation brought the added benefits of reducing the potential risks of crossing Eveleyn Couzins Ave, and a cosier, self-contained event space.

Another innovation was led by our sustainability goals: instead of only using reusable cups for the drinks, we extended our washable crockery and cutlery to all food and drink served at the event. And we encouraged people to bring their own dishes!

Richmond Community News is brought to you by Avebury House Community Trust and the following people:

Editorial: Tanya Didham. Layout: Kristine Spoor.

Many thanks to our team who deliver the RCN to 2800 households and businesses throughout Richmond.

The RCN is now available online: www.aveburyhouse.co.nz/newsletter.html

Contact us at: rcn@aveburyhouse.co.nz or ring Avebury House: **03 381 6615**.

Disclaimer: Views and opinions expressed in the Richmond Community News are not necessarily those of the editor or Avebury House Community Trust. No responsibility is accepted for incorrect information contained in advertisements or editorials. Advertisements for publication are accepted in good faith and publication of an advertisement does not imply endorsement by Avebury House Community Trust.



It's a 5-minute walk from my house to the bar, but a 45-minute walk from the bar to my house. The difference is staggering!

I recently bought a 51% share of a vampire-hunting company. I'm the main stake-holder.

I'm done being a people-pleaser. If everyone's ok with that.

Illustration by Stephanee Terris

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Dog-walking Group



Tired of solo dog-walking? I am keen to meet up for a regular wander around the river red zone with other local pooch-owners. Get in touch with me if you are interested! Call or email Dawn on: 022 632 9256 or swenssonda@gmail.com

How Does Avebury House Work?

Ever wondered where the money to run Avebury House comes from? While the City owns Avebury and its surrounding park, since 2002 it has been run as a community centre, governed by a Community Trust. The



Trust uses the premises rent-free, so long as we serve the community, look after the building, and enhance the heritage values of the area. Without groups like Plunket (after WWII), the Youth Hostel Association ('70s, '80s & '90s), and now Avebury House Community Trust making use of the property, it wouldn't be here today.

Our income is a mixture of charitable funding, and money we earn from hiring out Avebury as a community venue and event space. Of the funding we apply for, Council often provides close to half of it. It's not a given, we have to apply and account for it, but we really appreciate their ongoing faith in our ability to deliver. The rest comes from a mixture of funding sources such as Lotteries, Rātā Foundation, COGS, etc.

Today Avebury has 4 part-time staff (a manager, 2IC, warden & cleaner) whose combined paid hours equate to around 1.5 full time employees. The team donates a lot of time too, along with a whole heap of local collaborators and volunteers who make many of our programmes and events possible. Avebury is also financially responsible for paying our exercise teachers; maintaining the local archives; funding the Hugs All Round quilters; keeping The Avebury Shed operational; producing this newsletter; running 6 free public events a year; our website and advertising; plus the nuts and bolts maintenance of the House, from the security, to the free tea and coffee! It's a labour of love - it's challenging - but we think it pays back many-fold in community value.

On Saturday August 12th the Trust is having a Strategic Planning Meeting, to set our goals for the next 3 years. We'd love to hear from you - have you visited us? What could we do to improve what we offer? What programme or workshop would you attend? Let us know your thoughts by email at admin@aveburyhouse.co.nz or call us, 9am - 1pm, on **03 381 6615**.

Bringing Community Back

By Jennifer Dalziel, Chair of Shirley Road Central

Prior to the 2010/2011 earthquakes, the Shirley Community Centre was used by many groups, workshops, classes and fun activities. This popular community asset was situated on multiple bus routes, reaching out to the communities of Shirley, Dallington, Richmond, Edgeware, St Albans and Mairehau. The demolition of the facility in 2012, plus the closure of three high schools, has had a major effect on community morale.

In spite of the area's growing population, there is nowhere for people to meet. Since funding for night classes at high schools stopped there has been nowhere for ordinary middle-class people to go and learn new skills and meet like-minded people. Our kids miss out on school holiday programs, the elderly miss Seniornet and all the other activities they no longer have access to. There are some facilities within a few kilometres, such as the new St Albans Community Centre which has been a huge success but is continually booked, as is Avebury

House, which is really too far for Shirley residents.

We've waited over a decade for a replacement facility, while tens of millions of dollars have been spent on new community facilities in other areas of the city. A 1200-signature petition with letters of support from 2 local MPs were presented to CCC as part of the 2021 LTP process. As a result CCC decided to reinstate a facility in 2030 . Now they want the community to decide what type of facility they want at the site.

My vision is for a new community hub at 10 Shirley Road with learning/meeting spaces for all ages and stages of life. I want a centre that is inclusive and accessible for all. Existing outside recreational facilities would be kept or improved. The location is a visible and historic landmark at the beginning of Shirley Road. Leaving it empty, without a community centre, is a constant reminder of what we have lost, and that we have been forgotten.



The Waipapa-Papanui Innes Central Community Board made the Shirley Community Reserve a key priority earlier this year in their community board plan (p14).

Together, we want to develop a meaningful, dynamic and fun space for everyone, making the reserve a destination of choice for the community, a safe space that enhances wellbeing, and provides a place for social connection.

Let's talk Shirley! Find out more about the reserve and give us your feedback by August 14th. Head to Letstalk.ccc.govt.nz/SCR. Please note this site requires you to login. If you cannot access the online version, you will find paper copies at Shirley and Papanui libraries.

Exercising At Avebury!



REMINDER! We have had to increase the price of our 10-click concession cards from \$7/class to \$9/class, so from August 1st a 10-click card is now \$90, and suggested koha for casual classes is now \$10. Still about the cheapest in town!

Vintage Market at Avebury

The next Vintage Market will be on the 10th of September at 10am! Come along for a sticky beak and delicious bite to eat! Oh and listen to fantastic live music. Future dates include 21st Oct (Spring Fair) and 19th November.



Growing Up By The River





My name is John Hickling. I was born in 1949 in River Road, two houses from the corner of Banks Avenue. My grandfather, William Hickling, and my grandmother built a large number of glasshouses of varying lengths on this property, to grow and sell tomatoes. William was originally a carpenter from Birmingham, England. Their property was behind the street frontage houses on River Rd, between Banks Ave, Medway St, and Woodchester Ave. I recently found a 1967 Survey Map* of the land which identifies all the people who were living there; interesting to discover all their names.

When my grandparents retired to a house in Banks Ave, also next to the glasshouse property, my father Arthur, and his sisters Lillian and Elsie and their spouses, took over the property. It had 3 houses bordering the land area and two entrances, one on River Road (no. 391) for trucks carrying coal, heavy weight etc; and another on Banks Ave (no. 106) just for cars. My father stopped growing tomatoes because ferries from the North Island began flooding the South Island market with cheaper tomatoes, grown without the need for a greenhouse. He instead began growing carnations, and very successfully.

I had 4 brothers and a sister, the oldest was Dennis, then Tony, myself (John), Michele, Graeme and Geoffrey. I went to the kindergarten off Avonside Drive in Galbraith Ave, on the opposite

side of the river from our entrance at 391 River Rd - so over the Medway St bridge I would go, with mum watching from our driveway. I then went to Shirley Primary, walking through Richmond Park; until Banks Ave School was built and I was a first day pupil there. Then Shirley Intermediate and onto Shirley Boys' High.

My mother's side of our family (Wilkie) lived at the North Parade end of Banks Avenue. My maternal grandfather was Andrew and he lived next door to my mother's brother, Barry Wilkie. Some people may remember the large, Grand House in Banks Ave, this is where our entrance was. As everybody is aware it is now all red zoned!

*The survey map did not reproduce well for the RCN, but it will soon be up on our website, along with other of John's treasures he has shared with us. Watch our history page! www.aveburyhouse.co.nz/richmond-history-group

Financial admin help for community groups

Gift Collective is a joint venture of The Gift Trust and Open Collective NZ that provides fundholding (also known as fiscal sponsorship or auspicing) to initiatives with a charitable purpose.

With our help you can get your project off the ground without having to set up a bank account or register as a charity. By registering with us you will get access to a platform where you can spend and receive funds, create projects and events, update your donors and more.

Find out if your group is eligible: giftcollective.nz





RCG August Events

Repair Revolution - Tuesday, 15 Aug

Making old things new again! Every fourth Tuesday of the month at the Riverlution EcoHub, 46A Vogel St from 5.30-7.30pm https://fb.me/e/2kkRms6o7

Foraging Walk Winter Edition - Saturday, 12 Aug Come on down to the Richmond Community Garden for a fun family event to learn about new plants! This walk will start at the Fungi Farm and we'll explore one

of the nearby red zone areas. 11:00am - 1:30pm

https://fb.me/e/4C1mqtFgG

There is always plenty to do at the Community Garden, volunteer days are Mon, Weds & Sat, 10am - 1pm.
All ages and abilities are welcome! To keep in the loop, the Garden also has their own digital newsletter, subscribe by email to:

morgane@richmondcommunitygarden.co.nz



Conservation Week - Te Wiki Tiaki Ao Tūroa

14-20 August

This year, Conservation Week is about taking Action for Nature. Whether it is picking up rubbish or volunteering to plant trees, there are lots of activities happening around the country. Launched by the New Zealand Scout Association in 1969, the Department of Conservation took it over when they formed in 1987. You can read the history, organise events, and get ideas from DOC's website: www.doc.govt.nz/news/events/conservation-week/



On Tuesday 15th August, 4.30pm-7pm, the Climate Action Campus are

hosting An Evening with the Park Rangers. It will be full of fun stuff for families like spotlighting in the red zone, toasting marshmallows, soup & damper, making traps, a treasure hunt, food trucks and more! www.eventfinda.co.nz/2023/evening-with-the-park-rangers/christchurch-district

On **Saturday 19th August from 10am, Richmond Community Garden** will celebrate our natural world with a special planting event at the Fungi Farm, at the bottom of Eveleyn Couzins Ave. Join them with family and friends, and help sow the seeds of a brighter, greener future! <u>www.facebook.com/events/619734629946310</u>

White Room Creative Space -Place People Pizza

Richmond Community Garden Saturday Aug 5th, 9am to 4pm

The White Room Creative
Space have been out making
and creating in communities,
with this project based
around collaboration and
free pizza! They identified
community pizza ovens, and
approached local orgs to see

if they wanted to get involved. Richmond Community Garden has a beautiful pizza oven, so they were contacted along with neighbours Avebury House and Climate Action Campus who were all keen to be part of it. The collective hosted various art and pizza-based workshops including how to make sourdough, foraging to make natural dyes, then making and dying paper! All free, (or for koha if you have it), if you were at Matariki in the Zone you may have seen some of these guys with their portable art studio trike!

Want to Give Citizens Advice?

Did you know the Citizens' Advice Bureau is staffed by little old ladies? You didn't. Because it isn't.

CAB Christchurch has 108 volunteers - tall, short, young and ageless; we're multilingual with English, Te Reo, Mandarin, Cantonese, Elvish, Hindu and more. (One of these may be made up).

In the past year, they've helped 801 people face-to-face, took 5521 phone calls, answered 1131 emails,



and responded to 192 online chats. 4442 people attended CAB clinics, for legal and technical advice. And we provided 1742 people with quick answers, foodbank referrals, contact details, and other useful services. No question too big or too small. All for free!

CAB is always looking for new volunteers. Training is provided, you just need a desire to help people, and a willingness to seek answers to a diverse range of questions. It's like puzzle-solving, and supporting your community at the same time!

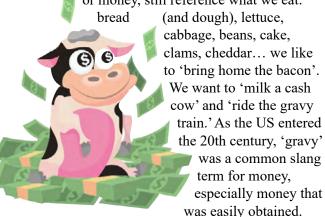
To find out how easy it is to volunteer, email the manager.cabchch@gmail.com. Visit our FB page here: www.facebook.com/CABchristchurcharea/

Mind Yer Language: Food For Thought

By Tanya Didham

Because through most of human history food was pretty hard to come by/find/hunt/grow/prepare - it had a high value. Industrialisation changed the way we eat and raised some of us above subsistence living, but many

> of our words and sayings about wealth or money, still reference what we eat:



[See also 'and the rest is gravy']. Railroad workers described easy rail runs - with

not much work and a good wage - as the 'gravy trains'.

Mustard was a well-loved, spicy addition to the English diet and language. The word came via French from the Romans. They originally created a paste, blending leftover grape slush from wine-making, 'must', with the hot 'ardens' seeds of what we now call the mustard

plant. You could be 'keen' (as in 'sharp') as mustard. To 'be the mustard' was to be the 'bee's knees'. If you 'cut the mustard', similar to 'cutting a fine figure', you were the crème de la crème. Not to be confused with 'cutting the cheese' which has an altogether different whiff.

You might also be described as rotten to the core, or the apple of someone's eye. Are you 'all sizzle and no steak', or 'nutty as a fruitcake'? Are you a 'tough cookie', or do you 'take the cake'? Is it 'easy as pie' or a 'hard nut to crack'...? I might be a few sandwiches short of a picnic, but I wouldn't bite off more than I can chew for all the tea in China. From soup to nuts, food is always on the tip of our tongue.

"Part of the secret of success in life is to eat what you like and let the food fight it out inside."

-Mark Twain

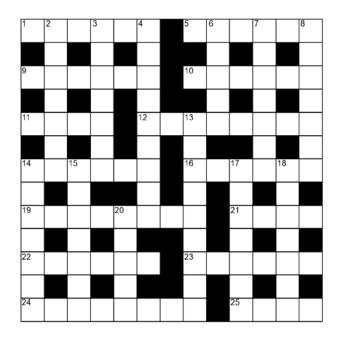
Puzzle

Crossword

Across

- 1. Prophet (6)
- 5. Empty (6)
- 9. Culinary herb (6)
- 10. Leap (6)
- 11. Flaccid (4)
- 12. Precious stone (8)
- 14. Part human, part machine (6) 13. Costing a lot of money (9)
- 16. Sell (6)
- 19. Italian cheese (8)
- 21. Little lies (4)
- 22. Crazy (6)
- 23. Stir up (6)
- 24. Person sitting test (8)
- 25. Mountain lake (4)

- 2. Willingly (7)
- 3. Caribbean music style (7)
- 4. Swaps (9)
- 6. Concerning (5)
- 7. Pestered (7)
- 8. Table support (7)
- 14. Prisoner (7)
- 15. Coffee-maker (7)
- 17. Shortfall (7)
- 18. Crustacean (7)
- 20. Boredom (5)



Solution to July Crossword

Across: 1. Jabberwocky 8. Noodles 9. Poses 10. Ibex 11. Olivine 12. Ohm 13. Stop 15. Ebay 17. Sad 19. Equerry 20. Fair 23. Refit 24. Blossom 25. Excellently

Down: 1. Junkie 2. Broke 3. Eels 4. Wisdom 5. Capsized 6. Yeshiva 7. Pester 12. Operatic 14. Truffle 16. Hearse 17. Symbol 18. Brumby 21. Asset 22. Joke



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Richmond Residents' and Businesses Association WE ARE

WE ARE RICHMOND

By David Duffy for We Are Richmond



By the time you read this, our Annual General Meeting will have been held. We've worked hard to initiate projects, involve the community, generate funding, collaborate with others; we've submitted on key issues and advocated on behalf of residents, all with a view to making Richmond a better place. Sound like fun? If you couldn't make the meeting but would like to be part of this hard working team, we'd love you to join us. Contact the team at secretary@wearerichmond.co.nz

Our next meeting date is 22 August, 7pm at Avebury House.

From p1.

It demanded more of volunteers and staff, but for us it's important to, a) avoid the unnecessary waste, and b) encourage people to re-think single-use items. Event manager and local sustainability guru Morgane drove the change, "Thanks to our amazing volunteers, we cleaned and diverted soft plastics, froze chicken carcasses for nourishing broth, composted napkins and food scraps, and proudly embraced reusable crockery. The washing station was a game-changer!" Attendees overwhelmingly loved the idea.

In fact they overwhelmingly loved the event, maybe even as much as we did! Co-organiser Hayley Guglietta reckoned it was "the best Matariki in the Zone yet!" Numbers are hard to guess with so many entry and exit points, plus the day/night 'shift'; but we estimate we served between 300 and 400 people hāngī, and that we had several hundred more with us enjoying the

daylight activities.
Richmond
Community
Garden made those
delicious soups
and fried bread;
while mulled
'wine' and hot
chocolate was
served up by the
Avebury team.



Deepest thanks to our sponsors and supporters: Avon-Ōtākaro Network, Tuahiwi Marae, New World Stanmore, The Richmond Club, Trade Aid and Delta Trust; to all the incredible volunteers, facilitators, performers, and staff; and to all the lovely people who came along and made it such a great day. Mānawatia a Matariki!



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What's on in Richmond



AVEBURY HOUSE,

9 Eveleyn Couzins Avenue. Phone (03) 381-6615 The office is open Mon to Fri

from 9 a.m. to 1 p.m.

Monday

Men's Shed: Contact John at 022 5891141 or lan at 027 555 8368. Chit chat Club: 10-10:30 a.m. The Chit Chat Club is for the older adults (55+) in our community to get together and have a catch up.

Gentle Exercise:

10:30-11:30 a.m. Gentle exercise class with a tutor who guides you through an exercise routine designed to keep those muscles moving! \$5/session.

Yoga: 5:30pm with Robyn

Tuesday

Yoga: 9:00-10:00 a.m. Join us for a good stretch! Beginners welcome. \$10/

session.

Tai Chi: 10:30 a.m. \$10/session

Small White Teapot Group: Haiku group meets every 4th Tuesday of the month at 12pm. Contact Barbara at

021 171 8622.

Pilates: 6:00 pm \$10/session.

Wednesday

Write Your Own History: Every 2nd and 4th Wed of the month. 10 a.m. -12 noon. Please email to confirm at

iohnlois@posteo.net.

Hugs All Round Quilting Group:

1-3 p.m. We make quilts for children who need an extra hug. Join us to learn more about quilting; this includes machine and hand-sewing

Pilates: 11am & 6pm. \$10/session. Stress Release: 7:30pm, guided relaxation & tension release. Contact Kathy 022 6507896.

Thursday

Yoga: 9:00 a.m. Beginners welcome!

Pilates: 11 a.m. \$10/session. **Yoga:** 6-7 p.m. \$10. Evening yoga. Join

us for a good stretch!



RICHMOND COMMUNITY GARDEN

Riverlution EcoHub, 46A Vogel St

Garden Days: Monday - Wednesday & Saturday from 10am. to 1pm. We welcome volunteers to help create a beautiful veggie garden for our community to enjoy!

Riverlution Eco Hub: Mon-Fri, 9:30am-4pm & Sat, 10am-1pm. **Repair Revolution:** Every 3rd Tuesday of the month at 5:30pm.



DELTA COMMUNITY TRUST,

101 North Avon Road (Entrance off Chrystal St) Ph: (03) 389-0212, Free

phone 0800233582. Check our Facebook page or website

www.deltatrust.org.nz Foodbank: Please phone first. Monday, Wednesday, Friday (except

public holidays) 10am-2pm. Monday Café: Every Monday except public holidays. 10am-12.30pm \$2 Hot

Toasties, Tea & Coffee 20cents Friday Drop-Inn café: Every Friday except public holidays. 10am-12.30pm. Choice of 2 mains only \$2, Dessert \$1, tea & Coffee 20cents.

Free Budgeting Advice and Advocacy: Please ring for an appointment.

North Avon Community Centre Filipino Playgroup: Every Wednesday 9:30am-12:30pm (Except Public & School holidays) For more information contact Jo jo@odt.org.nz or 021-1151657

CROSSWAY COMMUNITY CHURCH

North Avon Community Centre. 105 North Avon Road (entry off Chystal St) Sunday Services: Every Sunday at 10am

Family friendly with children's programmes. For more information you can find us on Facebook: www.facebook.com/crosswaych/

SHIRLEY COMMUNITY TRUST,

Ph: (03) 981 5521, 77c Briggs Rod. MacFarlane Park Neighbourhood Centre:

17 Acheson Ave

Park Centre: 19 Acheson Ave. **Community Hub & Barista Training:**

Mon & Wed at Neighbourhood Centre. 10am - 2pm during term time. Training is \$5 per person. Sparkling Stars: Mondays, 9:30am Park Centre. For 0-5yo. Music &

movement. \$3/family.

Te Reo Maori Class: 5pm, Park

Centre

Nurse-led Foot Care Clinic: Tues, 10am, Park Centre. Appointments essential. Call 022 6218269. \$10. Children's Gardening Club: Tues, 3:15pm, Community Garden (off Jebson St).

Knit & Knatter Group: Fortnightly Wed, 10am. Yellow bin weeks. Park Centre.

Kidzone: Wed, 3:30pm, Park Centre. For primary-aged kids.

Gardening: Thurs, 10am, Comm.

garden.

MacFarlanes on the Park Cafe: Fri. 9:30am, Neighbourhood Centre.

SHIRLEY LIBRARY.

36 Marshland Road (by the Palms Mall). Phone (03) 941-7923

Monday

Fiero Code Club: 3.45-5.15pm Suitable for ages 8-16. Free. Bookings required.

Tuesday

JP Clinic: 10am-1pm Free. No bookings required.

Wā Kōrero: Storytimes: 10.30-11am Suitable for ages 2–5. Free. No bookings required.

Wednesday

Knit 'n' Yarn at Shirley: 10.30-12pm. Come along and knit and natter in a relaxed and friendly environment. Also Sat at 1pm.

Scrabble Club: 1:30pm-3:30pm All materials are supplied. Free, no bookings required. Sensory Craft for Pēpi:

11-11.30am. Suitable for ages 0-2 Free. No bookings required.

Thursday

Wā Pepi: Babytimes

10.30-11am. Suitable for ages 0-2 Free. No bookings required.

Me Korero Tatou (Te Reo Language Group): 1.30-2.30pm. Suitable for all ages. Free. No bookings required. All skill levels

welcome. Friday

Card Club: 1.00-3.30pm. Free. No bookings

required. Saturday

Family History Help: 10.00am-Midday 1st and 3rd Saturday of the month Ran by the Canterbury Genealogy Society.

Free. No bookings required. Mahjong Club: 1.00-3.30pm Free. No bookings required.

EASTERN COMMUNITY SPORT & RECREATION, Email: Kate@ easterncommunity.co.nz

Ph: 027 728 3005

Free Football Drop In: Term 3 Mondays, 3:00-4:00pm. Suitable for 5+ At the Avon

Hub, 77 North Parade

Basketball Drop in: Every Tuesday this term. 3:30-4:30pm. Learn some skills, hangout, shoot some hoops! At the Eastern Canopy, 100 Shaw Ave, Rawhiti Domain. Free!

Little Kicks Term 3: Starts 26 July. For ages 4-8. \$40 for a 9 week course at the Eastern Canopy, 100 Shaw Ave. Email kate@easterncommunity.co.nz

SOUL STAR TRIBE: beginner belly dance classes 5:30pm Tuesdays (CWEA, 59 Gloucester Street, City Centre), and 10am Saturdays from (The Chrystal Palace, 12 Chrystal Street, Richmond).

\$10 casual, concession cards available. For more information, please phone Samantha on **027 6525 993**.