



Richmond in the Forest Patch

By Hayley Guglietta



Above: Banks Ave planting
Below: Riccarton Bush



Human activity and continued urbanisation had a transformative effect on the Canterbury environment. It's hard to believe the tiny fragment we know as Pūtaringamotu/Riccarton Bush is the last of millennia-old forest, river, and wetland ecosystems that once extended to the Alps. With the loss of those habitats went a huge variety of terrestrial birds and plants that had flourished here; a huge hit to our local species list. Now we are encouraging some of that biodiversity back!

Respected Christchurch ecologists Colin Meurk and G. Hall have developed a working model of the Forest Patch Theory that can be applied to an urban landscape. Based on the 'halo effect', patches of native habitat create pathways of food and shelter for various plant and bird species to re-inhabit. The city becomes part of re-connecting our wildlife in an expanding patch-work, from Banks Peninsula, right out to the greenbelts and beyond.

Here in Richmond we already have the backbone of a patch theory configuration. Planting is happening along the Ōtākaro-Avon river corridor (formerly the residential red zone); in our urban parks; at Dudley Stream and the Parewa Banks Ave School swale. Petrie Park and 10 Shirley Road are also key markers on this biodiversity corridor, enabling us to connect up with the Shirley Project's Birdsong Trails.

Every little pocket of natives helps, so if you want to get involved you can volunteer with one of our Richmond community groups; plant a mini-forest in your own back (or front) yard; or if you have space for planting around your commercial buildings, drop us a line and see how we can help you achieve this.

hayley@guglietta.co.nz 029 9827180

Hayley is passionate about community and environmental health. She donates invaluable time and energy to several local organisations, including the Richmond Community Garden which she co-founded, We Are Richmond, and the Avon-Ōtākaro Network.

How do you feel about the post-quake neighbourhood?



The GEOG309 Project Group would like to know.

We are a group of geography students enrolled at the University of Canterbury. Currently we're looking into the effects of red-zoning on the wellbeing of surrounding communities, following the 2010/2011 earthquakes. If you wish to help us with our study, please scan the QR code which will take you to our survey link.

Or go to: <https://forms.gle/sn4PgDxa2vQQVqUZ8>



Richmond Community News is brought to you by Avebury House Community Trust and the following people:

Editorial: Tanya Didham.
Layout: Kristine Spoor.

Many thanks to our team who deliver the RCN to 2800 households and businesses throughout Richmond.

The RCN is now available online:
www.aveburyhouse.co.nz/newsletter.html

Contact us at: rcn@aveburyhouse.co.nz or ring Avebury House: **03 381 6615**.

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The Wit of Sam

Three conspiracy theorists walk into a bar.... You can't tell me that's just a coincidence!

• • • • •

Why did the art thief's vehicle run out of fuel?

Because he had no Monet to buy Degas to make the Van Gogh.

• • • • •

My wife said, "You really have no sense of direction do you?". I said, 'Where did that come from?!"

Illustration by Stephanie Terris

Tuition

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& Piano—Experienced local teachers. Phone Nicola
& Ivan
(03) 385-3856.

A Word from the Workshop



Does your doggo need a sheltered spot during the day? Our handy Matty has designed this neat kennel to keep your pooch out of the sun, rain, wind and snow - it even has carpeted walls! Get in touch with him to make an enquiry on **027 720 2630**.

Delivering the News!

In July we farewelled one of our long-term RCN delivery volunteers, and were very lucky to have three new volunteers put their hands up to take his place. This has allowed us to relieve two of our other long-standing deliverers who generously give their time to the community in other ways. Thank you for many years of delivering the news to Ian, Cathy and David, and a warm welcome to Marie, Kate and Jane!



If you'd like to walk a local beat, get in touch with us at the Avebury House office on **3816615** or email: admin@aveburyhouse.co.nz

Haiku from the Small White Teapot

To join this poetry group, contact Barbara at bhstrang@yahoo.com or on **021 171 8622**.

by the daisies
worm in blackbird's beak
we eye each other

Nola Gazzard

in the chapel carpark
sparrows hold a singsong—
revivalist meeting

Judith Walsh



**Allan the Appliance Guy will collect
for free scrap metal, old appliances,
computers, dvd players etc. No printers pls.
Call him on 027 756 2718.**

Fitness at Avebury

Except for Gentle Exercise, (which is \$5 and downstairs), all our exercise classes are in the front room upstairs, and a suggested koha of \$10. Our 10-trip cards are \$90 - enquire at the office or email admin@aveburyhouse.co.nz Or pay directly into our Westpac account with your name, '10-trip' and class type in the reference areas. **03 0859 0356982 000.**

Monday

10.30AM Gentle Exercise with Dakota
5.30PM Yoga with Robyn

Tuesday

9AM Yoga with Alison
10.30AM Tai Chi with Roger
6PM Pilates with Dee

Wednesday

9AM Yoga with Timea - NEW*
11AM Pilates with Dee
5.30PM Pilates with Dee
6.30PM Pilates with Dee



Thursday

9AM Yoga with Timea
11AM Pilates with Dee
6PM Yoga with Dakota

BIG CONGRATULATIONS to Dakota whose Monday Gentle Exercise class has recently been certified by Sports Canterbury. Assessor Carol was impressed with her patient and knowledgeable teaching style, "I can see Dakota has many years of experience teaching her craft. This was apparent with the sound knowledge she has of the body and how it works. I am delighted to accredit this class for the ACC tick of approval."

Gentle Exercise is at Avebury House, 10.30am on Monday mornings. We suggest a donation of \$5.

*NEW YOGA TIME

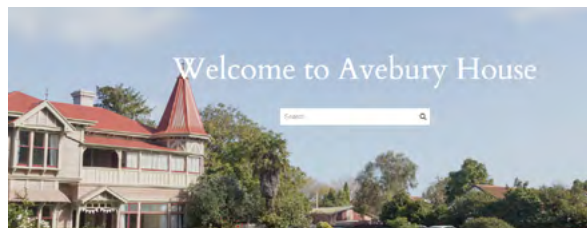
Timea's popular Thursday morning yoga class is now also trialling on Wednesday mornings at 9am. Timea's calmly energising approach is a great way to start your day on a positive note!

Richmond Heritage Online

In the August issue, once-local John Hickling shared some of his family's story with David from the Richmond History Group. We promised a link to various pictures and the map of the suburb he generously made available for us to copy and digitise, and that link is now live on the Avebury House website here:

www.aveburyhouse.co.nz/richmond-history-group/the-hickling-family-in-richmond

The Richmond History Group gathers, stores, cares for, and shares the archives of the wider local area. They are housed at Avebury House in the aptly-named Richmond Room, adjacent to the office, upstairs. The room is open to the public during office hours and people are welcome to visit, and also



A beautiful Victorian home with lush gardens



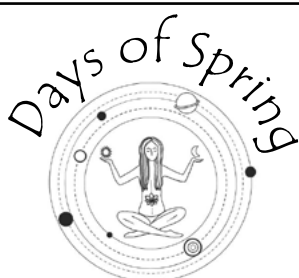
Avebury House is set within Avebury Park, an English-style garden setting with expansive lawns and large deciduous trees. The grounds also include a popular children's playground and a paddling pool.

Build as the Fletcher family homestead in 1884, the heritage house was refurbished by the Christchurch



use it as the excellent local history resource it is. The search function on the Avebury House website www.aveburyhouse.co.nz is really helpful for specific info; or peruse a wealth of material about our neck of the woods in the old days, under the History tab.

Managed by just a couple of dedicated volunteers, they would love to have more people contributing and helping out! If you are interested in tracking down stories of the past, keeping records, or even have your own stories and photos to share, please get in touch with David via the Avebury House email: admin@aveburyhouse.co.nz



The Spring or Vernal Equinox falls on September 23rd this year. It marks a point in the solar calendar where neither of Earth's hemispheres are tilted away nor toward the sun, meaning they will both receive approximately the same amount of daylight and dark - about 12 hours of each. In the southern hemisphere, our days will then continue to get longer until we reach the Summer Solstice. Equinoxes are also the only times in the year when the Sun rises exactly due east, and sets due west!

Join the Spring Fair!

Saturday October 21st, 10am - 2pm

Get it on the calendar! A big, beautiful local day out, this event stretches from the Riverlution Eco Hub at 46A Vogel St, through the riverside Richmond Community Garden area, (with carboot sale and hopefully the new cafe!), on into the playground and pool area, all the way to Avebury House's Devonshire Tea, and the Vintage Market on the front lawn! We love locals to get involved and we are signing people up right now, so see below for ways to join the fair...

Interested in having a school or community group stall? An opportunity to reach out, share what you do, and have some fun! Email Rachel at secretary@wearerichmond.co.nz

Want a space at the carboot? Still just \$10. Email Cathy at coordinator@richmondcommunitygarden.co.nz

Maybe you'd like to perform or busk? Or volunteer to help out on the day. Email Morgane at admin@richmondcommunitygarden.co.nz

Morgane is also the contact if you are interested in being part of the Repair Revolution.

Do you have a local food stall/truck for events? We're always interested in supporting new, local vendors. Email Tanya at admin@aveburyhouse.co.nz



Greetings from Dorayme Music Tuition Studio!

By Christy Yau

A warm hello to the vibrant Richmond community! We've been part of this wonderful neighbourhood since late 2020, and the Richmond Community



Newsletter has been our window into its heart. We now feel like a member of this amazing community!

Dorayme Music Tuition Studio has been teaching classical piano and music theory in Christchurch since 1992. Our courses cater to all ages, from preschoolers to advanced diplomas.

As part of our community, we'd like to contribute by hosting a special music play event at **Avebury House on September 20th, from 10:30am to 11:30am**. Designed for ages 3 to 5, this Orff method session is a chance for kids to explore music. The \$5 entry fee will be donated to Avebury House, please bring cash. Space is limited to 20 kids, so please secure a spot by visiting the link below or contacting me at doraymemusictuition@gmail.com or **027 459 1486** (Christy).

<https://forms.gle/fUKfnPwL1hv3HyqF8>

Join us at **Avebury House on September 20th**, and discover the joy of music with your children!

The Election is Coming

A general election is scheduled for 14 October this year. Voting starts 12 days before the election and ends at 7pm on Election Day.



You must be on an electoral roll before you can vote. vote.nz/2023-general-election/about/2023-general-election/

Learn more at www.cab.org.nz/article/KB00001067.

If you are enrolled, you should receive a voting information pack in your letterbox a few weeks before Election Day. This pack includes an EasyVote Card. To make voting faster, find a voting place close to home and bring along your EasyVote card. But you can vote without the card. Just show up at a voting place, and say your name and address.

You don't need ID. The vote issuing person will look you up on the electoral roll and ask you to confirm out loud that you are who you say you are.

Take the voting paper behind the cardboard screen. Yes, cardboard furniture – no expense spared by the Electoral Commission.

When you've finished ticking your voting paper, fold it in half and place it in the voting box for your electorate. Boxes are grey for Māori electorates and orange for general electorates.

Voting is secret in New Zealand. No one will know if you vote for the Cannabis Party.

In NZ it's one person, one vote so don't go voting in multiple places, because *we haf ze vays und ze means to check*.

RCG September Events

Mid Week Wildlife Workathon - Wed, 6 Sep

51 Swanns Rd, Richmond

Come along and join us to set up a nettle garden for our native butterflies and finish planting the Swanns Road Corner site to create a biodiversity haven for our native wildlife. 10:00am - 1:00pm

<https://fb.me/e/1eujPwUe>

Stormwater Capture Workshop - Sat, 9 Sep

46A Vogel St, 10:30am - 12pm

Witness a practical demonstration of rainwater capture at the Riverlution Café. This workshop will put a spotlight on designing and building a stormwater catchment. <https://fb.me/e/14acfYc7b>

Hazel-weaving for Garden Beds- Sat, 16 Sep

Richmond Community Garden, 10:00am - 2:30pm

Discover the ancient art of weaving with locally harvested sticks in our upcoming beginners' workshop! Join us for a hands-on experience as we guide you through crafting a sturdy and charming fence around your raised garden beds. <https://fb.me/e/T9m2t1D8>

Repair Riverlution - Tues, 19 Sep

46A Vogel St, 5:30pm - 7:30pm

Things you might have that need repair are torn or holey clothes, stuck zippers, furniture, lamps, headphones and cables, sunglasses, appliances, electronics, phones, computers (software or hardware), ceramics and pottery, toys, shoes, jewellery, blunt knives (to sharpen), broken plastic objects, or anything that you can easily transport here. <https://fb.me/e/2Q2Pm5sGA>

There is always plenty to do at the Community Garden, volunteer days are Mon, Weds & Sat, 10am - 1pm.

All ages and abilities are welcome! To keep in the loop, the Garden also has their own digital newsletter, subscribe by email to:

morgane@richmondcommunitygarden.co.nz



RICHMOND
COMMUNITY GARDEN



Vote for Us!

We want to upgrade our mud kitchen, (by the Riverlution Cafe), and make it inclusive for all kids, regardless of their abilities or challenges. Every touch, every splash, and every mix of ingredients offers a sensory adventure. From the smooth feel of mud to the gentle trickling of water, the mud kitchen is designed to engage the senses, and we want to make it even better!

Good in the Hood is a charitable funding initiative managed by Z petrol stations, and we are thrilled to have been chosen as one of the four potential recipients by our local Linwood Z.

Voting runs from 25 September to 23 October. Please pop into the Linwood Z during that time and vote for our Sensory Inclusive Mud Kitchen!

Trap Collection Day at Riverlution Eco Hub!

Richmond Community Garden invites you to become an essential part of our Urban Trapping Project. If you share a passion for restoring our local ecosystems and want to make a lasting positive impact, this is your golden opportunity.

Join us at this remarkable event, hosted at the Riverlution Eco Hub to:

- find out why predator-control matters
- secure your free trap kit
- receive comprehensive Induction and Training!

Date: Wednesday, September 13

Time: 5:00 PM – 6:30 PM

Location: Riverlution Eco Hub, 46A Vogel St

<https://fb.me/e/13Cd8Irk>



This event is tailored to suburbs around the Ōtākaro-Avon River Corridor, from the City Centre to New Brighton. Together, let's make a profound difference in our surroundings.

"When eating fruit, remember the one who planted the tree."
-Vietnamese Proverb

Mind Yer Language: Rhubarb Rhubarb

By Tanya Didham



When the Greeks clapped eyes on that oriental red-stalked vegetable, they weren't sure what to make of it. They called it *rha barbaron*, not in any imitation of its original name, but referring to the barbarous lands it came from; basically it was 'foreign muck'. The unusual perennial with its sour stalks and poisonous leaves, would have arrived from the east, down the river we know today as the Volga, but which the Greeks knew as *Rha*. *Barbaron* was the same root nonsense-word that applied to, and patronised, any funny-talking 'bar-bar-bar' foreigners, or 'barbarians'. Generally, just the root of the plant was used medicinally, up until the late 17th century when sugar suddenly became affordable, (thanks to the limitless 'free' labour of the trans-Atlantic slave trade...). And now who among us can say they've never had a rhubarb (or part thereof) crumble?

In the 1850s, Charles Kean had a London theatre company, well known for its Shakespearean revivals. He encouraged his background actors to mutter 'rhubarb rhubarb' over and over, with its soft syllables simulating indistinct chatter. The phrase became absorbed into everyday speech, essentially as a nonsense gap-filler, similar to the way we use 'blah blah blah', 'jibber jabber' or the classic, 'rah de rah'. It's neatly similar to the original 'bar bar bar' meaning of rhubarb's roots!

Another vegetable-based theatre tradition was throwing rotting food at performers. This had its roots in medieval humiliation punishments, but by the late 1500s food-based ammo was being sold outside venues like Shakespeare's Globe, and messy audience participation was part of the show. Sidebar: we often think of medieval 'stocks' as the wooden frame that criminals would put their head and hands in to receive community abuse, but stocks were a different structure, built only to secure the blighter's feet. The T-shaped wooden contraption for the head and hands was called a 'pillory'. That word soon became synonymous with humiliation, and turned into a verb, so even after the device disappeared, people could still be 'pilloried'.

The first written record of protest-by-food goes back to the 1st century, when soon-to-be-emperor Vespasian was still in Africa, a Proconsul for Rome. His financial mistreatment of the local farmers led to him being pelted with turnips. Reap what ye sow!

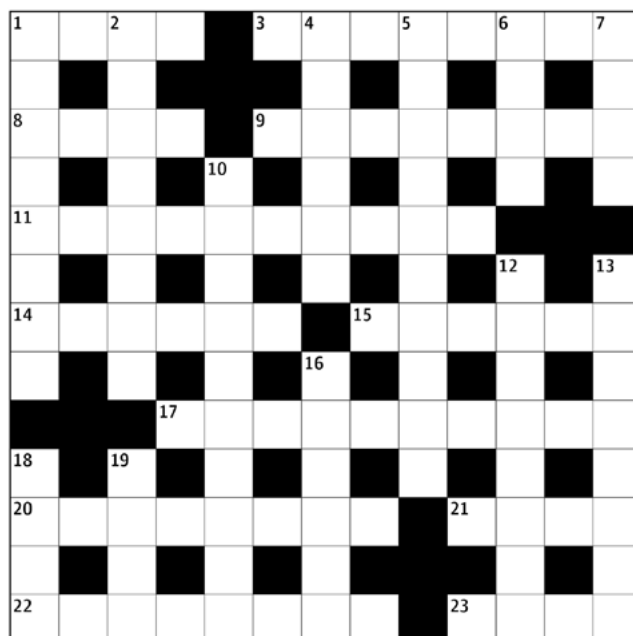
Puzzle Crossword

Across

1. Jetty (4)
3. Explain (8)
8. Speed contest (4)
9. Person seeking redress (8)
11. Kitchen appliance (10)
14. Level of a building (6)
15. Pre-arranged communication (6)
17. Abnormality (10)
20. Festivity (8)
21. Wander (4)
22. Kingdom (8)
23. Slim (4)

Down

1. Heaven (8)
2. Surgical removal (8)
4. Sign-up for the army (6)
5. Illusory (10)
6. Russian Tsar, '____ the Terrible' (4)
7. Consumes (4)
10. Eglantine rose (10)
12. Cure (8)
13. Distant relative (8)
16. Ring of flowers (6)
18. Fraud (4)
19. Metallic element (4)



Solution to August Crossword

Across: 1. Oracle 5. Vacant 9. Garlic 10. Pounce 11. Swap 12. Amethyst 14. Cyborg 16. Peddle 19. Parmesan 21. Fibs 22. Insane 23. Incite 24. Examinee 25. Tarn.

Down: 2. Roadway 3. Calypso 4. Exchanges 6. About 7. Annoyed 8. Trestle 13. Expensive 14. Captive 15. Barista 17. Deficit 18. Lobster 20. Ennui.



Working for Richmond



By David Duffy, Chair of Richmond Residents' & Businesses' Association (We Are Richmond)

We spend a lot of time responding to City Council consultation processes. Submissions take many hours of research; discussion within the committee; seeking community opinion; and then drafting the submission itself. We turn up and present in person at Council's submission hearings, giving us 5-10 minutes to support our work, answer questions and get Richmond on Council's radar. In the 12 months up to June we presented no less than 8 submissions.



Have you noticed these cones appearing on Richmond footpaths? Many of our streets will change to 30km/h following recent consultation with our community on the Safe Speed Neighbourhood Programme.

Back in 2018, We Are Richmond instigated a series of meetings with the City Council in an effort to develop a major road repair programme. Working collaboratively, 31 different projects were developed which would see virtually all streets in northern

Richmond receiving major upgrades: roads rebuilt, new footpaths, curbsides and landscaping. Work has been completed in North Avon Road, Warden St, Randall

St, and parts of Stapletons, Petrie, and Chrystal Streets. Work in Nicholls and Dudley Sts, and the northern part of Stapletons Rd, is scheduled to start in late October.

Future work includes a rebuild of Slater St between Shirley Rd and Warden St, and a number of intersection improvements. The reduction of speed limits and the Greenway Cycle Route through the suburb is also being integrated into the road rebuild programme.

While we take time and care to ensure we are sharing a representative view, sometimes we get comments from locals who feel out of the loop, or that their voice is not being heard. We need your help with this! The best way to make sure you are part of the process is to get in touch with us. As much as we try to reach out, we also need the community to reach back. Go to our facebook page, email us, or come along to a meeting and say hi. We are a friendly bunch!

Find us on facebook: facebook.com/wearerichmondchch

Email: secretary@wearerichmond.co.nz

Next Meeting Date: **26 September, 7pm at Avebury House**



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Charlotte Heaslip | 027 386 0667 | charlotte.heaslip@bayleys.co.nz

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What's on in Richmond



AVEBURY HOUSE,
9 Eveleyn Couzins Avenue.
Phone (03) 381-6615
The office is open Mon to Fri
from 9 a.m. to 1 p.m.

Monday

Men's Shed: Contact Ian at 027 555 8368.

Chit chat Club: 10–10:30 a.m.

The Chit Chat Club is for the older adults (55+) in our community to get together and have a catch up.

Gentle Exercise: 10:30–11:30 a.m.

Gentle exercise class with a tutor who guides you through an exercise routine designed to keep those muscles moving! \$5/session.

Yoga: 5:30pm with Robyn

Tuesday

Yoga: 9:00–10:00 a.m. Join us for a good stretch! Beginners welcome. \$10/session.

Tai Chi: 10:30 a.m. \$10/session

Small White Teapot Group: Haiku group meets every 4th Tuesday of the

month at 12pm. Contact Barbara at **021 171 8622.**

Pilates: 6:00 pm \$10/session.

Wednesday

Yoga: 9am. Yoga with Timea

Write Your Own History: Every 2nd and 4th Wed of the month. 10 a.m. –12 noon. Please email to confirm at

johnlois@posteo.net.

Pilates: 11am & 6pm. \$10/session. With Dee.

Hugs All Round Quilting Group: 1–3 p.m. We make quilts for children who need an extra hug. Join us to learn more about quilting; this includes machine and hand-sewing.

Stress Release: 7:30pm, guided relaxation & tension release. Contact Kathy **022 6507896.**

Thursday

Yoga: 9:00 a.m. Beginners welcome!

Pilates: 11 a.m. \$10/session.

Yoga: 6-7 p.m. \$10. Evening yoga. Join us for a good stretch! With Dakota.

SHIRLEY LIBRARY,
36 Marshland Road (by the Palms Mall).
Phone (03) 941-7923

Monday

Fiero Code Club: 3.45–5.15pm

Suitable for ages 8–16. Free. Bookings required.

Tuesday

JP Clinic: 10am–1pm

Free. No bookings required.

Wā Kōrero: Storytimes: 10.30–11am

Suitable for ages 2–5. Free. No bookings required.

Wednesday

Knit 'n' Yarn at Shirley: 10.30-12pm. Come along and knit and natter in a relaxed and friendly environment. Also Sat at 1pm.

Scrabble Club: 1:30pm–3:30pm

All materials are supplied.

Free, no bookings required.

Sensory Craft for Pēpi:

11–11.30am. Suitable for ages 0–2

Free. No bookings required.

Thursday

Wā Pepi: Babytimes

10.30–11am. Suitable for ages 0–2

Free. No bookings required.

Me Kōrero Tatou (Te Reo Language Group):

1.30–2.30pm. Suitable for all ages. Free.

No bookings required. All skill levels welcome.

Friday

Card Club: 1.00–3.30pm. Free. No bookings required.

Saturday

Family History Help: 10.00am–Midday

1st and 3rd Saturday of the month

Ran by the Canterbury Genealogy Society.

Free. No bookings required.

Mahjong Club: 1.00–3.30pm

Free. No bookings required.



RICHMOND COMMUNITY GARDEN

Riverlution EcoHub, 46A Vogel St

Garden Days: Monday - Wednesday & Saturday from 10am. to 1pm.

We welcome volunteers to help create a beautiful veggie garden for our community to enjoy!

Riverlution Eco Hub: Mon-Fri, 9:30am-4pm & Sat, 10am-1pm.

Repair Revolution: Every 3rd Tuesday of the month at 5:30pm.



DELTA COMMUNITY TRUST,

101 North Avon Road

(Entrance off Chrystal St)

Ph: (03) 389-0212, Free

phone 0800233582. Check our Facebook page or website

www.deltatrust.org.nz

Foodbank: Please phone first.

Monday, Wednesday, Friday (except public holidays) 10am-2pm.

Monday Café: Every Monday except public holidays. 10am-12.30pm \$2 Hot Toasties, Tea & Coffee 20cents

Friday Drop-Inn café: Every Friday

except public holidays. 10am-12.30pm. Choice of 2 mains only \$2, Dessert \$1, tea & Coffee 20cents.

Free Budgeting Advice and Advocacy: Please ring for an appointment.

North Avon Community Centre

Filipino Playgroup: Every Wednesday 9:30am-12:30pm (Except Public & School holidays) For more information contact Jo jo@odt.org.nz or **021-1151657**

SHIRLEY COMMUNITY TRUST,

Ph: (03) 981 5521, 77c Briggs Rod.

MacFarlane Park Neighbourhood

Centre: 17 Acheson Ave

Park Centre: 19 Acheson Ave.

Community Hub & Barista Training:

Mon & Wed at Neighbourhood Centre. 10am - 2pm during term time. Training is \$5 per person.

Sparkling Stars: Mondays, 9:30am Park Centre. For 0-5yo. Music & movement. \$3/family.

Te Reo Maori Class: 5pm Mondays, Park Centre

Nurse-led Foot Care Clinic: Tues, 10am, Park Centre. Appointments essential. Call **022 6218269.** \$10.

Knit & Knatter Group: Fortnightly Wed, 10am. Yellow bin weeks. Park Centre.

Kidzone: Wed, 3:30pm, Park Centre. For primary-aged kids.

Gardening: Thurs, 1:30pm, Comm. garden (off Jebson St)

MacFarlanes on the Park Cafe: Fri, 9:30am, Neighbourhood Centre.

CROSSWAY COMMUNITY CHURCH

North Avon Community Centre. 105 North Avon Road (entry off Chrystal St)

Sunday Services: Every Sunday at 10am

Family friendly with children's programmes. For more information you can find us on Facebook:

www.facebook.com/crosswaych/

SOUL STAR TRIBE: beginner belly dance classes 5:30pm Tuesdays (CWEA, 59 Gloucester Street, City Centre), and 10am Saturdays from (The Chrystal Palace, 12 Chrystal Street, Richmond).

\$10 casual, concession cards available. For more information, please phone Samantha on **027 6525 993.**