



## Resident Artist — Trish Morant

A West Coaster by birth, local artist Trish Morant has called Christchurch home since she was a teenager. A love of travelling saw her living in various parts of the UK and New York City, and following her marriage to artist Keith Morant, his international exhibitions took them to many places. "Italy has always been a favourite destination, my late husband Keith exhibited his paintings there several times." And being married to an artist inspired her to begin creating art herself. Attracted to the earthiness of clay Trish began dabbling in pottery in the early '90s, though it wasn't until her retirement that she found the time to give it her full attention.

"I love being able to take a piece of clay and turn it into something beautiful and sometimes useful! I've honed my skills at the Canterbury Potters' Association; we have wonderful club rooms on Memorial Ave and I've made many 'potty' friends over the years!"

There are stages to making a piece of pottery and it can require a lot of patience.

"However it is so satisfying to take that lump of clay and transform it into a unique piece of work that you know is the only one like it in the world. You may make more than one piece the same, but there would always be a subtle difference, at least there is in my work!" Her distinctive 'crazy pots' are a playful case in point.

Trish loves living in Richmond with its proximity to the river and easy shopping all within walking distance. A walk into town or to The Palms, takes in some wonderful

old architecture and gives a sense of the history. Following her husband's passing in 2022, Trish began attending Gentle Exercise classes at Avebury House, and also discovered "the wonderful Richmond Community Garden with all the activity and eco-happenings!"

Trish volunteers at the community garden once or twice a week, taking responsibility for the recycling. "I empty the drop-off station of chip bags, bottle tops, Colgate tubes and used plastic razors. When the chip bags get to about 6-7 kgs I take them to the Detention Centre on Ensors Rd where they are turned into foil blankets for the homeless."

*Trish is looking forward to having a stall at the Richmond Gala on March 23rd - come along and say hi! Currently she is exhibiting at the Fo Guang Yuan Art Gallery, the Buddhist Temple in Riccarton Rd, along with seven other artists. The exhibition is called Resurgence.*



Richmond Community News is brought to you by Avebury House Community Trust and the following people:

Editorial: Tanya Didham.

Layout: Kristine Spoor.

Many thanks to our volunteers who deliver the RCN to 2800 households and businesses throughout Richmond.

The RCN is now available online:

[www.aveburyhouse.co.nz/newsletter.html](http://www.aveburyhouse.co.nz/newsletter.html)

Contact us at: [rcn@aveburyhouse.co.nz](mailto:rcn@aveburyhouse.co.nz) or ring Avebury House: **03 381 6615**.

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### *The Wit of Sam*

**My girlfriend is leaving me after I broke her spectacles. She said she can't see me anymore.**

• • • • •

**The adjective for metal is metallic but not so for iron... which is ironic.**

• • • • •

**Ladies, if he can't appreciate your fruit jokes... you need to let that mango.**

*Illustration by Stephanie Terris*



**We Are Richmond (Richmond Residents' and Business' Association) meet every 4th Tuesday of the month and welcome visitors! Next meeting time is Tues 26 March, from 7pm @ Avebury House.**

## **NEW Wednesday Morning Yoga with Timea and the Return of Dee!**



Timea has been running her regular yoga class on Thursday mornings, and it has become so popular, we have added another class on Wednesday morning at 9am.

Timea has also been filling in for Dee, doing Pilates, but from March, Dee is back in the saddle!

You can see the exercise schedule on the back page, or on our website here: [www.aveburyhouse.co.nz/classes-and-groups.html](http://www.aveburyhouse.co.nz/classes-and-groups.html)

## **Vintage Market at Avebury - 17 March**

We are back on the front lawn, amongst the shady trees of beautiful Avebury House, with a fantastic selection of stalls, with many quality items for you to search through! Set in the beautiful spacious garden, with plenty of room for families and friends to sit after shopping (why not bring a rug to sit on?) and enjoy a bite to eat from one of our food stalls, a nice beverage, and soak up the relaxing atmosphere and sweet sounds of Jerry, our regular busker. There's a fabulous children's playground and paddling pool behind the house. Our market has something for everyone of every age to enjoy!

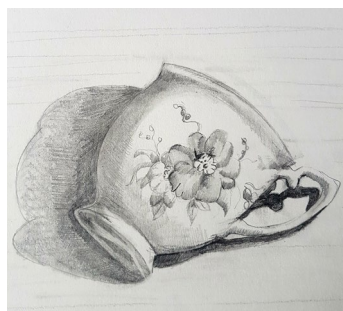


This is a rubbish-free, cash only event. The nearest ATM is on Stanmore Road.

Looking for a park? Additional parking on Swanns Road, Avonside Drive - use bridge. Dogs are welcome!

**17 March, 10am - 2pm, 9 Evelevyn Couzins Ave.**

## **Drawing with Nicky**



Want to learn to sketch in a casual yet inspiring environment? Nicky May is hosting her sketch class at Avebury House on Tuesday mornings from 10.30am-12.30pm. Contact us on the admin email if you'd like to find out more: [admin@avebury-house.co.nz](mailto:admin@avebury-house.co.nz)



# Do You Have A Red Zone Dog?

By Lena Tiebosch

We live locally and love walking our dog Benji in the river red zone, but we found he wasn't meeting too many doggy friends. So we created the 'Redzone Dogs' facebook group to bring people and their pooches together, in a place where we know dogs have a great time!

The group page is organised so that any member can create an event (dog walk) or join in with other people's walks. Not only are we about socialisation and exercise for dogs (and people!); we also promote safe and responsible dog ownership.

Join our growing community - we have over 300 members, so there's always someone to go walkies with!

[www.facebook.com/groups/354573070600863](https://www.facebook.com/groups/354573070600863) Any questions, you can contact me, Lena, via messenger on the group page.



## Dear Reader

☐ Tēnā koutou katoa ☐ warm greetings to one and all. This letter will leave you ☐ smiling ☐ gobsmacked ☐ pretty bored.

Happy CAB awareness week. If we had enough ☐ nerve ☐ voice ☐ wine in us, we'd sing our praises loud and long. But you'll just have to make do with this ☐ questionnaire ☐ survey ☐ needy plea for volunteers.

Of course, you're not alone in thinking CAB ([www.cab.org.nz](http://www.cab.org.nz)) is ☐ a taxi service ☐ a free and independent information service.

Not to mention that CAB Christchurch has six locations across the city, staffed by 100+ tremendous people who ☐ gain as much as they contribute ☐ are rewarded by the smile on clients' faces ☐ have fantastic... what's it called... listening skills. Volunteers who also happen to be ☐ tall and short ☐ young and ageless ☐ mono and multilingual ☐ very relatable ☐ what a dream ☐ yeah nah!

To us, this week is very ☐ personal ☐ annual ☐ painful. Tell us, do you feel more ☐ empathetic ☐ patient ☐ generous than you did before? Do you feel like grabbing ☐ a chocolate bar ☐ a chance to make a difference to people's lives ☐ answers to questions about rental housing, employment issues, consumer law, immigration, neighbourhood disputes, relationships, cost of living, as well as complex, obvious and dumb things. (Please note: no question is too obvious or dumb).

Whatever you do, don't forget to hope. Last year, we hoped for ☐ an end to poverty ☐ world peace ☐ a new set of friends ☐ that people do not suffer through ignorance of their rights or responsibilities.

Until next year at this time, Happy CAB awareness week!

He taonga rongonui te aroha ki te tangata  
Good will towards others is a precious treasure

P.S. To find out more about volunteering email [manager.cabchch@gmail.com](mailto:manager.cabchch@gmail.com).

### Events Highlights March 2024

## MEEPLEOPOLIS

EAT! PLAY! LOVE!

1st 15th 29th		<b>BLOOD ON THE CLOCK TOWER:</b> Test your Social deduction skills. Find the wolf, or kill the towns folk. 6.30-9.00pm.*
Every Thurs		<b>CLASSES:</b> Game Design Foundations for children. Classes held weekly, 4-5pm.*
3rd 7th 17th 24th		<b>ONE-SHOT ROLE-PLAYING GAMES:</b> One-shot role-playing each fortnight, ideal for all exp. levels. Meeples and Monsters 1.30-3pm + Jacobs Journeys, 3pm. Thursdays 7th 24th, 6-9pm with Charlie.*
8th		<b>ROLL FOR ROMANCE:</b> Join Cupid Services speed-dating, for 25-39yrs. 6-9pm.*
6th 13th 20th 27th		<b>SOCIAL WEDNESDAY:</b> Week 1 - Welcome too. 6.30pm. Week 2 - Meet new people, social gaming. 6.30pm. Week 3 - One Night Werewolf. 6.30pm. Week 4- Meeple Quiz. 7pm.*
10th		<b>CATAN QUALIFIERS:</b> New Zealand Championship Qualifier for Christchurch! 1pm.*
27th		<b>MEEPLE QUIZ:</b> Fun quiz with pop culture games and fun 7pm.*
All Month		<b>NEW ZEALAND GAME OF THE MONTH:</b> Lindyhop Swing dance through cards to 1920's Lindyhop by: Kiwi first-time designers James Smeal and Mark Kaneko

**\*Sign up online or in store**

# We need YOUR help, our Foodbank shelves are empty!

Thanks to our partners at Richmond Gala, Delta Community Support Trust is running a canned food drive at the event on Saturday, 23rd March.

Every week in our commitment to support whānau in our community of Richmond, Delta's Foodbank includes nearly 1,000 cans and jars in our food parcels, but our shelves are bare, and we desperately need YOUR help!

By donating just one can or jar you can help stand alongside your neighbours and support many whānau who are struggling. Here at Delta, we know all too well that food poverty is hugely stressful and negatively impacts every aspect of life, including a sense of hope for an alternative future, so please take action and help us sustain our mission.

**Please bring your donation to Delta's stall on Gala Day!** Alternatively, donated non-perishable foods can be dropped off at permanent donation points located outside the entrance to Riverlution's Eco Hub in Richmond Community Garden; under the foyer desk at Avebury House; or at Delta's Reception area at our Community Centre, 101 North Avon Road, opened Monday – Fridays 9-2pm.

Special thanks to the community partnerships behind the Richmond Gala for enabling this canned food drive. We are especially grateful to New World Stanmore who have agreed to kick start our drive with an incredibly generous offer to match public donations. See you on the 23rd!



## Trapping Those Pesky Pests

As we embrace the arrival of Autumn and witness the plentiful spread of fruits & nuts in nature, it seems our furry little friends are indulging in Mother Nature's feast rather than falling for our lures. Don't be too disheartened if your traps are being ignored for now.



Meanwhile we have made up some more of our amazing peanut butter & wax baits. Swing by the Riverlution Eco Hub at 46A Vogel St to collect some, or to find out how you can be involved in the neighbourhood trapping project.



You can also email Morgane on [admin@richmond-communitygarden.co.nz](mailto:admin@richmond-communitygarden.co.nz) or visit the Ōtākaro Urban Trapping Project facebook page.



## Calling All Preservers & Picklers!

**Richmond Community Garden invites you to showcase your culinary prowess in our ever-growing Gala Preserves Competition!**

From now until March 22nd, bring your delightful preserves entries to the Riverlution Eco Hub, 46a Vogel Street. Categories are: Jams; Pickles & Chutneys; and Drinks & Vinegars

This year we've partnered with Canterbury Community Gardens Association (CCGA), extending the invitation to a wider community, and we're delighted to have them on the judges' panel too. Winners will be announced at the Gala!

Any queries, reach out to Morgane:  
[admin@richmondcommunitygarden.co.nz](mailto:admin@richmondcommunitygarden.co.nz).

The Riverlution Eco Hub is open for drop-off:  
Monday - Friday: 9am - 4pm  
Saturday: 10am - 1pm



# ***Richmond Gala - March 23rd***

Step into a world of local wonders at the 2024 Richmond Gala - a collaborative community fiesta brought to you by Richmond Community Garden, Avebury House, and We Are Richmond. From Vogel St to Eveleyn Couzins Ave, the entire riverside corner is buzzing with excitement!

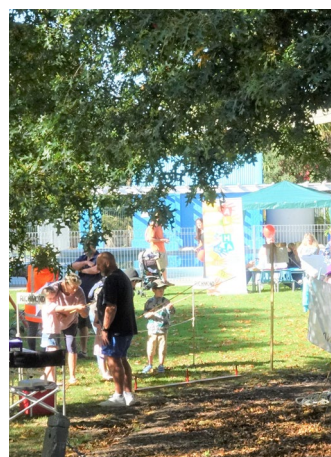
At the Vogel St end, Car Booters will be sharing their pre-loved bargains! Winners of the Pre-preserved Competition will be announced; and the Riverlution cafe will be serving up woodfired pizzas, ice cream and Prima coffees, near the Nature Play area. Groove to the mellow beats of DJ Cazza and don't miss the Scottish dancing demo at 11am and again at 12pm. Check out all the amazing local organisations that will stretch from the garden area, down into the Kids' Zone in the playground.

There you will find Envirokids bracelet-making; Meepleopolis board games; and the Shirley Library Van Storytime kicks off at 11am. Pareawa Banks Ave School is running a PTA Raffle; the Stormwater Trailer with Christchurch Envirohub will be there; plus games with Eastern Community Sports. Alpha Preschool are also representing; and we'll have Pop-Up Party soft play; the Richmond Club golf and/or fishing section; Lily Peas Blossom fairy stall and face-painting; Candy Floss; and By the Sugar Daddy paintable cookies! So much fun in one place - and the paddling pool will still be open too, so bring the kids' togs if it's warm!

And there's still more! Keep going, and up at the Avebury end of the event, the lawn will be host to loads of local crafters and makers, artists and artisans, alongside live music from..... The car-park will have lots of lovely food stalls to tempt the tastebuds and take care of lunch! Of course it wouldn't be Gala without Avebury's famous Devonshire Tea - served for koha in the house.

This community event is a great way to connect with the many positive people and actions in our neighbourhood - you may find an organisation you'd like to become involved with. Or you might just want a fun day out with the family. We've got you covered!

**Come join the festivities on Saturday March 23rd, 10am - 2pm.**



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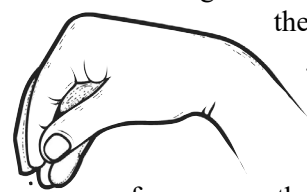


# Mind Yer Language: 'Tis the Seasoning

By Tanya Didham

Salt has been a precious commodity for humans since Neolithic times, changing how we ate, how we travelled, (its preserving qualities were a boon to long distance travel), and even where we lived. By the Bronze Age there were already many established 'salt roads', the most famous becoming known to the Romans as *Via Salaria* - the *Salt Way*. It's believed this road, bringing salt from the Aegean coast, may have been integral to the establishment of Rome itself. In England, some towns (not all) with the *-wich* suffix, refer to salt-producing regions like Northwich; and in Romania, the oldest town excavated in Europe - *Solnitsata/The Saltworks* - was founded on salt production, around 7,500 years ago.

The origins of the word 'salt' go back into our deep past, and inspired many other words and sayings that reveal its high value. The word 'salary' comes from



the Roman practice of paying legionnaires in salt (*sal-*). Hence we get the saying 'worth their salt', (or not!). Even the word 'soldier', comes

from the Roman 'sal dare', meaning to 'give salt'. If you are the 'salt of the earth', like that cherished speck, you are an unpretentious, yet worthy member of society. It's also why spilling salt is considered bad luck, and if you do spill some, you should immediately take a pinch and throw it over your shoulder into any devil's waiting eye!

We get the word 'salad' from the Roman soldier's habit of seasoning their vegetables and greens with salt. Also 'salsa' and 'sauce' which originally meant adding salt or salty brine, later became more general condiments. Salami and sausages came by the same root, referring to salted meat.

Sailors become 'old salts', once they have been duly imbued by the briny sea. They might indulge in 'salty' language. But maybe you should take what they say with a 'pinch of salt'. This idiom appears to date back to Pliny the Elder (who met his fate with Pompeii at the foot of Mt Vesuvius). Among the Roman philosopher's writings is King Mithridates who, when taking an antidote to poison, Pliny advised he take it with a 'grain of salt' - to help him take something that was otherwise hard to swallow!

Sidebar: Mithridates ingested sub-lethal doses of various poisons every day, in an attempt to become immune to them. It backfired when, after a military defeat, he tried to commit suicide...by poison. While it worked on all his family members, his immunity meant he had to ask his bodyguard to run him through. This prophylactic micro-dosing with poisons is known today as 'mithridatism'.

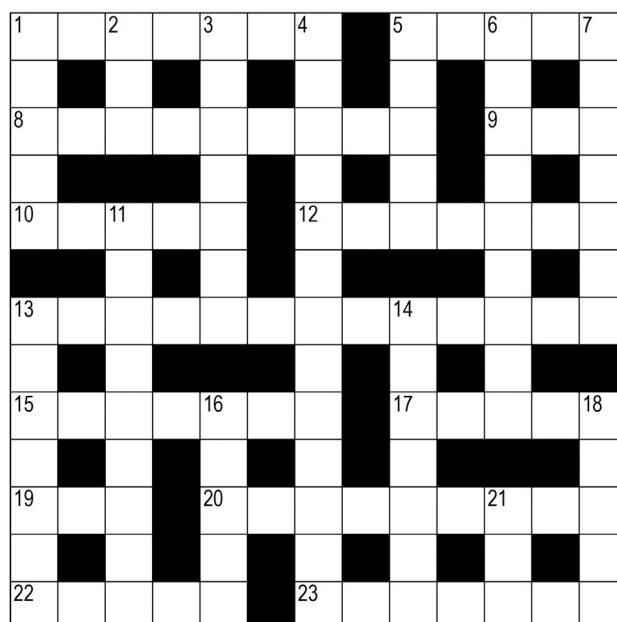
## Puzzle Crossword

### Across

1. Go before (7)
5. Precipitous (5)
8. Woodworking craftsman (9)
9. Billiards accessory (3)
10. Period of darkness (5)
12. Drive back (7)
13. Sales announcement (13)
15. Garden construction (7)
17. Father [Latin] (5)
19. Mineral aggregate (3)
20. 3-sided figures (9)
22. Item of value (5)
23. Incipient (7)

### Down

1. Type of edible nut (5)
2. Go wrong (3)
3. Voter (7)
4. Annihilation (13)
5. Fragment (5)
6. Extremely good (9)
7. Stop from happening (7)
11. Private tutor (9)
13. Ancient large pottery item (7)
14. Grows larger (7)
16. Group of eight (5)
18. Undertake exam again (5)
21. Untruth (3)



### Solution to Feb Crossword

**Across:** 1. India 4. Lock 7. Extra 8. Verdict 11. Argue 12. Restart 14. Parity 16. Supple 20. Timpani 23. Cargo 25. Nil 26. Hurried 27. Exile 28. Rely 29. Rural.

**Down** 1. Integer 2. Dearest 3. Adverb 4. Lords 5. China 6. Beta 9. Tithe 13. Tap 14. Patch 15. Imp 17. Unclear 18. Partial 19. Hinder 21. Merge 22. Amity 24. Open.



## Richmond Community Garden Welcomes New Team Member



Kia ora, my name is Rachel, I'm the new Garden Coordinator at Richmond Community Garden. After years of collaborating with the RCG, I am extremely excited to be part of such a dynamic team. I am looking forward to helping grow delicious food for the community, teaching, assisting with awesome projects and generally looking after the land. You'll find me every Monday and Wednesday at our volunteer sessions in

the garden, probably up to my armpits in green waste in the compost area, poking around in the vegetable beds or up a fruit tree in the food forest! I'm always happy to natter, especially over a well-deserved cup of tea and one of Julie's delicious cakes. I am excited to meet you around the grounds!

"Tell me and I forget, teach me and I may remember, involve me and I learn."

- Benjamin Franklin

## RCG March Events

**Garden Working Bee:**  
Monday, Wednesday, & Saturday  
10am - 1pm



**RICHMOND**  
COMMUNITY GARDEN

**Bottling Workshop:** Avebury House  
Wed, 7 March  
5:30-7:00  
Booking required.

**Thursday Evening Gardening Sessions:**  
Thursdays, 6pm - 8pm

**Repair Riverlution:** Tuesday, 19 March,  
5:30pm - 7:30pm

**Wānanga Ikura:** 19 March, 5:45pm, Riverlution Eco Hub

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**P: 021 197 8383 or E: [katharineabeaumont@gmail.com](mailto:katharineabeaumont@gmail.com)**

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**(03) 385-3856.**

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# What's on in Richmond



**AVEBURY HOUSE,**  
9 Eveleyn Couzins Avenue.  
Phone (03) 381-6615  
The office is open Mon to Fri  
from 9 a.m. to 1 p.m.

## Monday

**Men's Shed:** Contact Ian at 027 555 8368.

**Chit chat Club:** 10–10:30 a.m.

The Chit Chat Club is for the older adults (55+) in our community to get together and have a catch up.

**Gentle Exercise:** 10:30–11:30 a.m.

Gentle exercise class with a tutor who guides you through an exercise routine designed to keep those muscles moving! \$5/session.

**Yoga:** 5:30pm with Robyn

## Tuesday

**Yoga:** 9:00–10:00 a.m. Join us for a good stretch! Beginners welcome. \$10/session.

**Tai Chi:** 10:30 a.m. \$10/session

**Small White Teapot Group:** Haiku group meets every 4th Tuesday of the

month at 12pm. Contact Barbara at **21 171 8622.**

**Pilates:** 6:00 pm \$10/session.

## Wednesday

**Yoga:** 9am with Timea

**Pilates:** 11am and 6pm. \$10/session.

**Write Your Own History:** Every 2nd and 4th Wed of the month. 10 a.m. –12 noon. Please email to confirm at

[johnlois@posteo.net](mailto:johnlois@posteo.net).

**Hugs All Round Quilting Group:**

1–3 p.m. We make quilts for children who need an extra hug. Join us to learn more about quilting; this includes machine and hand-sewing.

**Stress Release:** 7:30pm, guided relaxation & tension release. Contact Kathy **022 6507896.**

## Thursday

**Yoga:** 9:00 a.m. Beginners welcome!

**Pilates:** 11:00a.m. \$10/session.

**Yoga:** 6–7 p.m. \$10. Evening yoga. Join us for a good stretch! With Dakota.

## SHIRLEY LIBRARY,

36 Marshland Road (by the Palms Mall).  
Phone (03) 941-7923

## Monday

**Fiero Code Club:** 3.45–5.15pm

Suitable for ages 8–16. Free. Bookings required.

## Tuesday

**JP Clinic:** 10am–1pm

Free. No bookings required.

**Wā Kōrero: Storytimes:** 10.30–11am

Suitable for ages 2–5. Free. No bookings required.

## Wednesday

**Knit 'n' Yarn at Shirley:** 10.30–12pm. Come along and knit and natter in a relaxed and friendly environment. Also Sat at 1pm.

**Scrabble Club:** 1:30pm–3:30pm

All materials are supplied.

Free, no bookings required.

**Sensory Craft for Pēpi:**

11–11.30am. Suitable for ages 0–2

Free. No bookings required.

## Thursday

**Wā Pepi: Babytimes**

10.30–11am. Suitable for ages 0–2

Free. No bookings required.

**Me Kōrero Tatou (Te Reo Language Group):**

1.30–2.30pm. Suitable for all ages. Free.

No bookings required. All skill levels welcome.

## Friday

**Card Club:** 1.00–3.30pm. Free. No bookings required.

## Saturday

**Family History Help:** 10.00am–Midday

1st and 3rd Saturday of the month

Ran by the Canterbury Genealogy Society.

Free. No bookings required.

**Mahjong Club:** 1.00–3.30pm

Free. No bookings required.



## RICHMOND COMMUNITY GARDEN

**Riverlution EcoHub,** 46A Vogel St

**Garden Days:** Monday - Wednesday & Saturday from 10am. to 1pm.

We welcome volunteers to help create a beautiful veggie garden for our community to enjoy!

**Riverlution Eco Hub:** Mon-Fri, 9:30am–4pm & Sat, 10am–1pm.

**Repair Revolution:** Every 3rd Tuesday of the month at 5:30pm.



## DELTA COMMUNITY TRUST,

101 North Avon Road (Entrance off Chrystal St)

Ph: (03) 389-0212, Free

phone 0800233582. Check our Facebook page or website

[www.deltatrust.org.nz](http://www.deltatrust.org.nz)

**Foodbank:** Please phone first. Monday, Wednesday, Friday (except public holidays) 10am–2pm.

**Monday Café:** Every Monday except public holidays. 10am–12.30pm \$2 Hot Toasties, Tea & Coffee 20cents

**Friday Drop-Inn café:** Every Friday except public holidays. 10am–12.30pm. Choice of 2 mains only \$2, Dessert \$1, tea & Coffee 20cents.

**Free Budgeting Advice and Advocacy:** Please ring for an appointment.

## North Avon Community Centre

**Filipino Playgroup:** Every Wednesday 9:30am–12:30pm (Except Public & School holidays) For more information contact Jo [jo@odt.org.nz](mailto:jo@odt.org.nz) or **021-1151657**

## SHIRLEY COMMUNITY TRUST,

Ph: (03) 981 5521, 77c Briggs Rod.

**MacFarlane Park Neighbourhood**

**Centre:** 17 Acheson Ave

**Park Centre:** 19 Acheson Ave.

**Community Hub & Barista Training:**

Mon & Wed at Neighbourhood Centre. 10am - 2pm during term time.

Training is \$5 per person.

**Sparkling Stars:** Mondays, 9:30am Park Centre. For 0-5yo. Music & movement. \$3/family.

**Te Reo Maori Class:** 5pm Mondays, Park Centre

**Nurse-led Foot Care Clinic:** Tues, 10am, Park Centre. Appointments essential. Call **022 6218269.** \$10.

**Knit & Knatter Group:** Fortnightly Wed, 10am. Yellow bin weeks. Park Centre.

**Kidzone:** Wed, 3:30pm, Park Centre. For primary-aged kids.

**Gardening:** Thurs, 1:30pm, Comm. garden (off Jebson St)

**MacFarlanes on the Park Cafe:** Fri, 9:30am, Neighbourhood Centre.

## EASTERN COMMUNITY SPORT & RECREATION,

**Email:** [Kate@easterncommunity.co.nz](mailto:Kate@easterncommunity.co.nz)

**Ph:** 027 728 3005

Avon Hub has community meeting space available for small groups to hire for a very low fee, please email Kate with your details and dates

**Free Football Dropin for Children:**

3-4:30pm at Avon Hub Tuesdays

<https://fb.me/e/bFsJDEmYe>

**Pickleball session:** Tuesdays 9-10:30am

\$5 <https://fb.me/e/1Mt0Q7GvW>

**Pickleball session Sunday mornings:**

9-10:30am \$5

<https://fb.me/e/1Mt0Q7GvW>

**TruMotion:** Saturdays 10-11am

**SOUL STAR TRIBE:** beginner belly dance classes 6:30pm Tuesdays (CWEA, 59 Gloucester Street, City Centre), and 10am Saturdays (The Chrystal Palace, 12 Chrystal Street, Richmond).

\$10 casual, concession cards available. For more information, please phone Samantha on **027 6525 993.**

## CROSSWAY COMMUNITY CHURCH

North Avon Community Centre. 105 North Avon Road (entry off Chrystal St)

**Sunday Services:** Every Sunday at 10am

Family friendly with children's programmes. For more information you can find us on Facebook:

[www.facebook.com/crosswaych/](https://www.facebook.com/crosswaych/)