

RICHMOND

COMMUNITY NEWS



Avebury House: 9 Eveleyn Couzins Avenue

Phone: 381-6615

Email: rcn@aveburyhouse.co.nz

Vol. No 23 No. 5

July 2025

Issue 198

Dallington Footbridge – Going to Plan



The first section of the City-to-Sea Pathway runs from Oxford Terrace to Avon Park, taking a river meander through Avonside, Richmond and Dallington. As per the Regeneration Plan, this section includes 3 footbridges; Medway and Snell Place were completed in 2022, and the third, which crosses from Morris Place to Dallington Tce, is in progress. The blue crane is visible from all around, and is currently still laying the groundwork for the bridge, due to be lifted in place some time in mid-August.

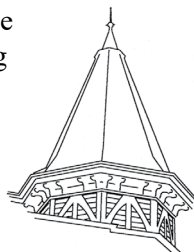
Around the same time, Red Zone Team Manager Dave Little expects the lighting to go in. Following nature-friendly guidelines, and with advice from dark sky expert, Prof. John Hearnshaw, the team are incorporating timers to dim the lights at night, and motion sensors to brighten them when people are on the trail. Once these are in place, 'our' section of the City-to-Sea Pathway will be complete!

As with all the bridges in the river corridor, the Dallington Footbridge is funded by donations to the Christchurch Earthquake Appeal Trust. This project is coming in on time and even under budget!

RCN Delivery - Yay or Nay?

As per our outreach last month, we've had some lovely feedback from people who like receiving the Richmond Community News in either their letterbox or their inbox; we've had some great suggestions to reduce costs, and even an offer of help to find some advertisers - thank you! We're committed to continuing to create the RCN, and while we want to make it financially viable, we also want to make sure everyone who wants a copy gets one.

As promised, this consultation will continue until at least September; targeted delivery is still on the table, so DO PLEASE LET US KNOW if you want to keep receiving the RCN in your letterbox. Email us at admin@aveburyhouse.co.nz or phone **03 381 6615**, 9am - 1pm during the week.



INSIDE! PULL OUT AND KEEP LOCAL CIVIL DEFENCE INFO



Richmond Community News is brought to you by Avebury House Community Trust and the following people:

Editorial: Tanya Didham.
Layout: Kristine Spoor.

Many thanks to our volunteers who deliver the RCN to 2800 households and businesses throughout Richmond.

The RCN is now available online:
www.aveburyhouse.co.nz/newsletter.html

Contact us at: rcn@aveburyhouse.co.nz or ring Avebury House: **03 381 6615**.

Disclaimer: Views and opinions expressed in the Richmond Community News are not necessarily those of the editor or Avebury House Community Trust. No responsibility is accepted for incorrect information contained in advertisements or editorials. Advertisements for publication are accepted in good faith and publication of an advertisement does not imply endorsement by Avebury House Community Trust.

Te Oraka Community Pools Project - Volunteer!

The ongoing project to clean up and refurbish Shirely Intermediate's old school pools is a labour of community love. Can you spare some time to help out the volunteers?



Keep up with progress and working bees via their facebook page: www.facebook.com/teorakacommunitypools

Dogwatch
Vaccination Drive
with Kowhai Vet & Avonside Wainoni Vet Clinic

Dogwatch, Kowhai Vet, and Avonside Wainoni Vet Clinic have come together to help out dog-owners in need. They are offering free vaccines, micro-chipping, dog food, advice, even help with de-sexing your pup if you are struggling with these costs.

When: Weds July 23rd & Sat July 26th
What time: 10am - 4pm (no appointment necessary, just drop in)
Where: Eastgate Mall Car Park
Please note, for vaccinations, dogs must be over 6 months, and proof of address is needed.



Delta regret to announce they will be closing their food bank service as of July 30th. All other services will remain in place. Learn more in the August issue.



The Wit of Sam

Why don't dinosaurs make good pets?
Because they are dead.

• • • • •

My doctor said I might die because I ingested clay - I'm shi**ing bricks to be honest.

• • • • •

My wife asked me to get half a dozen cans of Sprite from the supermarket. When I got home I realised I'd picked 7Up.

Illustration by Stephane Terris

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E: katharineabeaumont@gmail.com

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& Piano—Experienced local teachers. Phone Nicola & Ivan **(03) 385-3856**.

Avebury Vintage Market - Sunday 13 July, 10am-2pm

The winter Vintage Market heads indoors, packing Avebury House with treasures and trinkets, pre-loved clothing, eclectic collections, and quirky doodads! Coffee and kai vendors outside.

Did you know Vintage Market Avebury House has its own facebook page? Follow them for updates: www.facebook.com/profile.php?id=100064184915821



After more than 100 years serving the families of Richmond, Kidsfirst Richmond has closed its doors.

Farewell to Kidsfirst Richmond

By Fiona Rodgers

Kidsfirst Richmond extends a thank you and farewell to this community who have supported us for such a long time. It was a very hard decision for our Head Office, but with declining numbers and expensive repairs needed, the old building closed its doors for the final time at the end of Term One.



Celebrating 100 years at Richmond Kidsfirst back in June 2021. Fiona, centre.

There are only happy memories for the whanau, tamariki, staff and wider community who have been part of the kindergarten's 104 years here - thank you! Many of our tamariki have transferred to other kindergartens within Kidsfirst, and staff have also been relocated to nearby kindergartens. We wish everyone the very best in their continued journeys.

Talk by Roger Chance on the Ronnie Gardiner Method

Our wonderful tai chi teacher, Roger Chance, is also a practitioner of The Ronnie Gardiner Method (RGM), a cheerful yet structured, multi-sensory exercise method that improves brain health. Using rhythm and music to activate multiple areas of the brain, RGM stimulates movement, speech and cognition. Roger is hoping to start a course at Avebury in the near future, so let us know if you are interested in that, we have a few folk keen but need a few more. Meanwhile, Roger is giving a talk next month in Merivale!



The Corner, Merivale invites you to hear Roger speak about the fascinating origin and development of RGM; how it can help our central nervous system, and assist healthy aging by improving balance, memory, coordination, concentration, energy and mood!

When: Tuesday 19th August 2025. 10.30 am - 12.00 pm, includes morning tea!

Where: The Corner, 30 Church Lane, Merivale.

Donation/koha appreciated, suggested \$5.00

Good parking is available in the carpark or out front.

To enquire or book, call **021 222 7543** or email:

thecorner@allsouls.org.nz www.facebook.com/thecornerchh

Small Actions ~ Big Benefits: Gentle Gardening Fridays



Staying connected to your community can be as simple as spending an hour a week helping out on regular local tasks. Every Friday morning from 9-10am, resident and We Are Richmond volunteer Liesbeth, tends the Swanns Road Corner Parklet. With regular attention, it will become a mini biodiversity hotspot! Gentle Gardening includes a little weeding, a bit of mulching, and some planting too.

Bring your gardening gloves and pop by for a peaceful few minutes, or an hour - every little bit does help!

Swanns Rd Corner Parklet is on the City-to-Sea Pathway near the Swanns Rd Bridge crossing. It's close to Riverlution Cafe, and on a beautiful 2km loop-walk to Medway Bridge and back. You can find Gentle Gardening on facebook:

<https://fb.me/e/8ggzsVvKO>



We Are Richmond AGM - Tuesday 22 July, 7pm at Avebury House

Enjoy an evening with some of Richmond's volunteer community, including a guest speaker, slide show, refreshments, and nibbles! Nau mai haere mai, all are welcome!

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Matariki in the Zone - The C

This uniquely Aotearoa New Zealand celebration has been part of the Richmond event calendar since 2018. We love getting together for a midwinter community warm-up, sharing the reason for the season with our star trail, and feeding as many people as we can! This year we took the opportunity to use Riverlution Cafe as the anchor point, and we think it worked brilliantly.

On the shortest day of the year, festivities kicked off at 2.30pm, allowing some daylight for fun and activities with friends from The Library Van, Shirley Village Project, Green Lab, Digital Futures, Delta Community Trust, Bee Awesome, Foraging and Growing Corner, and of course Avon Ōtākaro Network (AvŌN). Meanwhile Dallas Mateo



shared his incredible wood-carving skills, face-painter Rachel Yerbury-Wilson was flat-tack, and We Are Richmond's Murray James got the marshmallows going! Avebury House volunteers cranked out the hot chocolate generously donated by Trade Aid; The Richmond Club kindly sponsored the ever-popular mulled 'wine'; and Richmond Community Garden were on soup, fried bread and boil-up duty. We may have this all down to a fine art by now, but we literally couldn't do it without a whole bunch of fantastic volunteers - thank you!

First in the music tent were the sweet sounds of Council's Waiata Roopu, followed by the gorgeous Pareawa Banks Ave Kapa Haka



Grahame and Kate from Delta Community Trust showing off a couple of refurbished, pre-loved teddies! Look out for more from Delta on their Adopt-A-Bear program in the August issue!



Trade Aid - People Over Profit

By Britt Halligan, Trade Aid Communications & Brand Manager

Trade Aid was founded in 1973 by Christchurch couple Vi and Richard Cottrell. Shocked by the exploitation they found in India while working with a development agency, they came home and created a trading model that prioritised people over profit. That kaupapa still drives us today – our vision is a world where trade is fair, and producers can live with dignity and opportunity.

After more than 50 years of running retail stores around Aotearoa, we made the difficult decision to close them at the end of 2024. A range of factors led to this, including COVID-19 and changing retail landscapes. It was heartbreaking, but now we're focused on building our wholesale and online sales, championing fair trade in new ways. Our Christchurch-based head office in Dallington is where core operations take place – a small but mighty team of 15 people takes care of importing, warehousing, dispatching, finance, marketing, and

working with our fair trade partners.

Matariki is a time for reflection, connection, and looking to the future – values that resonate deeply with

Trade Aid's kaupapa. We're thrilled to contribute to Matariki in the Zone, supplying delicious fair trade hot chocolate - our top seller hands down!

Want to support this fair trade social enterprise? Trade Aid brands are in super markets, and you can also order direct from their website: <https://www.tradeaid.org.nz>

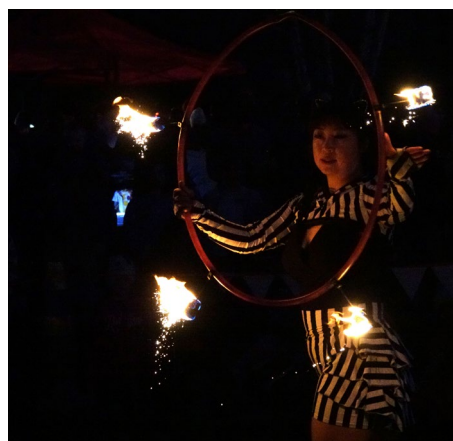


Chillest Community Chill-Out

Group. Shirley Village All Ages Kapa Haka were just stellar, and followed by the talented Chris Williams and partner Christine. Chris saved our bacon, stepping in at the last minute when our regular Matariki star Lisa Tui injured her ankle. Get well soon Lisa!

With the setting sun, games were packed away, fire drums lit, and the hāngī came up. Once again Tuahiwi Marae outdid themselves, and volunteers served well over 500 people who waited patiently in the chill evening air - in possibly the largest queue we have seen yet! Keeping them entertained was Sophie the Firespinner who makes throwing hoops of fire around look easy!

Our heartfelt thanks go out to everyone involved, this event is a massive team effort, powered by, and for, community. Special shout-out to Hayley Guglietta who coordinated a generous budget from AvŌN, and took on chief organising duties in the absence of our dear Morgane (who is currently in the south of France). Kia Hari Te Tau Hōu - Happy New Year!



Exploring Matariki with Stellarium App

By Ana Kahika

Digital Future Aotearoa were excited to attend our first 'Matariki in the Zone', and to fit the Matariki theme, I brought along some iPads with an interactive app called Stellarium. The app allows people to virtually explore the stars, whatever time it is, so we were able to observe the Matariki star cluster (Pleiades), and Puanga (Rigel) in the day-time sky! By zooming in, you can learn about their names and meanings, blending digital technology with Te Ao Māori (the Māori world view). I really enjoyed seeing families interacting with our digital activity - tamariki were straight in there! In a digital world, we can still learn the cultural significance of Matariki - a time of renewal, remembrance, and celebration.

Digital Future Aotearoa have created 'Searching the Stars', accessible for free on phones, ipads or laptops using the Stellarium app.

You can find the resource on our website www.digitalfutureaotearoa.nz/digital-pikau/matariki-puanga/searching-the-stars

And check out our facebook page: www.facebook.com/DigitalPikau

Puzzle

Word Find



Welcome to our new puzzle-maker - Jennifer Rees from Tea Doughnut! Jennifer has been bringing her unique puzzles to Avebury's events for many years, and she was my first thought when David sent his last puzzle through. We're thrilled to have her on board - thank you Jennifer! You can find her on facebook here: www.facebook.com/teadoughnutpuzzles

Find these wintery words in the letter grid.

- | | | |
|--------|----------|---------|
| algid | cold | gelid |
| arctic | cool | glacial |
| biting | crisp | icy |
| bitter | freezing | nippy |
| brisk | fresh | polar |
| chilly | frosty | wintery |

For an extra challenge, look for a theme in the leftover letters.

D	O	R	M	G	L	A	C	I	A	L	G
O	U	S	E	N	F	R	D	O	G	C	N
A	R	C	T	I	C	I	H	Y	I	W	I
P	M	C	U	Z	L	H	T	P	N	I	T
K	S	O	N	E	A	S	I	O	I	N	I
L	C	L	G	E	O	B	U	L	T	T	B
N	R	D	T	R	E	R	F	A	L	R	L
D	I	Y	F	F	B	F	B	R	E	Y	A
I	S	P	R	H	R	E	R	D	G	E	I
G	P	H	P	B	I	T	T	E	R	O	C
L	O	O	C	Y	S	G	A	D	S	D	Y
A	E	R	M	O	K	T	H	B	A	H	T

Solution to June Crossword

Across: 1. Bitter, 4. Scarab, 8. Octet, 9. Delight, 10. Contact, 11. Paste, 12. Conscious, 17. Alert, 19. Inhabit, 21. Miracle, 22. Union, 23. Relish, 24. Severe.

Down: 1. Brooch, 2. Titanic, 3. Extra, 5. Calypso, 6. Rages, 7. Bother, 9. Detective, 13. Notices, 14. Sublime, 15. Hammer, 16. Stance, 18. Enrol, 20. House.

Mind Yer Language: On A Mission

By Tanya Didham

So many words have a 'mission'. Submission, permission, admission, omission... They all trace back to the root '*mittere*', meaning 'to send' or 'let go'. To show *sub*-mission, was to 'send yourself *below*' another; *per*mission was the ability to 'send *through* or forward'. *Ad*mission allowed you to be 'sent to', as when the King might grant 'admission' to the Court. And an *om*ission is the leaving or 'sending *out*' of something. It's easier to spot the '*mittere*' root in the non-suffixed versions: submit, permit, admit, omit...

The Romans referred to military or diplomatic expeditions, (i.e. when someone is sent off), as '*missios*'. 'Mission' entered English with the Jesuits, noted in 1590. It was still being used to describe the act of sending people away to do something, rather than the specific task of, say, converting heathens it-

self. However, the mission soon became the task, and the 'missionary' - one who was sent on a specific heathen-converting 'mission' - popped up in the mid-1600s.



Then there are few word relatives that are harder to spot, like 'promise' - something ephemerally sent to the *future*; 'missile', something which is 'sent *out*'; and 'demise' meaning 'death' was to be 'sent *away*', similar to, but more permanent than 'dismiss'! 'Surmise' entered English around 1400, as a legal term, meaning a charge or allegation, and derives from 'send *upon*'; and 'messengers' have been sending '*messages*' since the 1300s.

Your mission, should you choose to accept it - enjoy the magic of language every day!



**Allan the Appliance Guy will collect
for free scrap metal, old appliances,
computers, dvd players etc.
No printers pls.
Call him on 027 756 2718.**

**Ka mahuta a Matariki i te pae, ka mahuta ō
tātou tūmanako ki te tau**

When Matariki rises above the horizon, our
aspirations rise to the year ahead

— Māori whakataukī/proverb

Staying Connected in Winter

What a special celebration Matariki in the Zone was! The event brought the community together for a truly spectacular, family-friendly day—all topped off with a delicious hāngī prepared by the awesome team from Tuahiwi Marae. We're already looking forward to the next event when the leaves and flowers start to bloom for the Spring Fair on 18 October! The pre-loved clothing market was another big hit—it's always great to see the community coming together in creative and sustainable ways.

Over at the office, we've recently had the pleasure of hosting a range of groups and organisations for morning tea. If your group would like to join us for a hot cuppa and a few biscuits, we'd love to hear from you. And with winter well and truly here, now's a perfect time to reach out. Whether you have ideas to share, need support, or just want to connect, my office is open every weekday and my team and I are always here to help. We can help with a range of issues—from Kāinga Ora and housing, to immigration, government services, or JP applications. Don't hesitate to get in touch to arrange a time to come in.

Ngā mihi

Reuben Davidson

MP for Christchurch East

chcheast@parliament.govt.nz

03 382 0288

0800 MP EAST (67 3278)

Funded by Parliamentary Service



Riverlution Park Run - Off To A Flying Start!

The first official Riverlution Park Run was a resounding success with 443 registered runners - the second highest national attendance recorded, beaten only by the popular Hagley Park Run. More than 30 volunteers lay down the course in the early hours, marking out a beautiful river loop taking in the Medway Bridge. Want to join in? Riverlution Park Run leaves from the community garden, 50 Vogel St, every Saturday morning from 8am.

Did you know that even if you don't love running, you can still contribute hugely as a volunteer? For all Riverlution Park Run info, visit www.facebook.com/riverlutionparkrun, or www.parkrun.co.nz/riverlution, or email riverlution@parkrun.com



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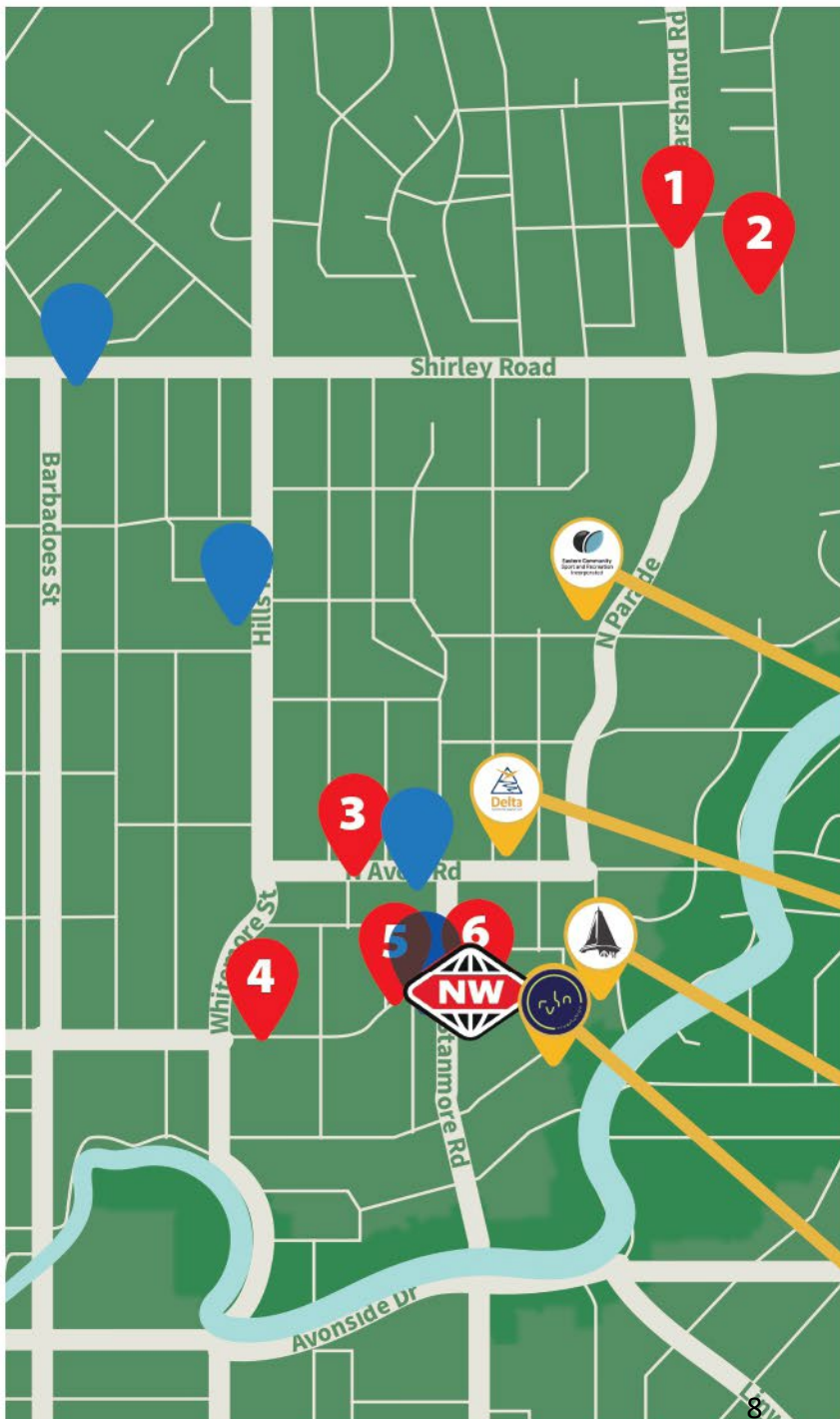
RICHMOND CIVIL DEFENCE PLAN



Getting yourself prepared for a disaster

Natural disasters are part and parcel of living in this beautiful country, but they can strike at any time without warning. Essential services such as water, power and communication can be disrupted so we need to be prepared to be self-sufficient for a week or more. You can reduce the impact of disasters by being prepared, knowing your neighbours, and knowing where to access support in your community.

Richmond is blessed with a well connected network of community groups who are working together to support our community in any event.



MAP KEY



Defibrillator/Public Place

1. Shirley Medical Centre
2. The Palms Shopping Centre
3. North Avon Medical Centre
4. John Rhind Funeral Directors
5. Richmond Club, The Borough
6. New World Stanmore Road



Community Hub



Dairy



New World Stanmore Road



Avon Hub

77 North Parade

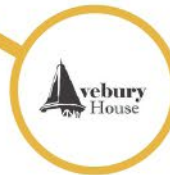
easterncommunity.co.nz



Delta Community Support Trust

101 North Avon Rd

deltatrust.org.nz



Avebury House Community Trust

9 Eveleyn Couzins Ave

aveburyhouse.co.nz



Richmond Community Garden & Riverlution

46a Vogel St

richmondcommunitygarden.co.nz

BE PREPARED



MAKE a plan

Discuss with your household what to do in the event of a disaster: meeting point; arrangements to pick up the kids; a contact person to relay messages, etc.



AIM

to have a week's worth of supplies

Have at least 3 days to a week's supply of food, water, medication, baby care, pet food, toilet paper, torch, first aid kit, radio (battery or wind up), a grab bag of warm clothes and essential documents.



KNOW where things are

Make sure your whole household knows where to turn off water, electricity, and gas at main switches in case you have to leave in a hurry.



START a street group

Your neighbours are your best support in a disaster. Get to know your neighbours, start a street Facebook or Whatsapp group, or check if there might already be one.

When disaster happens:

- 1. Make sure everyone is safe.** If you have any concerns for yourself or anyone else ring 111.
- 2. Stay informed.** Listen to the radio, watch TV, or check online for the latest updates and instructions from authorities.
- 3. Check on your neighbours.** Especially the elderly and people with disabilities. Offer assistance if you can. Stay connected to people in your street/neighbours. Share resources, skills and support.
- 4. Check to see which of the Richmond hubs is open** and visit if you want support, information or just to be with other people.

For more information on the Richmond Civil Defence Plan:

www.wearerichmond.co.nz/rrba/civil-defence-plan

Other useful websites

www.getthru.govt.nz

www.ccc.govt.nz/services/civil-defence

Contact

secretary@wearerichmond.co.nz



What's on in Richmond



AVEBURY HOUSE,
9 Eveleyn Couzins Avenue.
Phone (03) 381-6615
The office is open Mon to Fri
from 9 am to 1 pm.

Monday

Men's Shed: Contact Ian at 027 555 8368.

Chit chat Club: 10–10:30 a.m.

For the older adults (55+) to get together and have a catch up.

Gentle Exercise: 10:30–11:30 a.m. A tutor will guide you through a routine designed to keep those muscles moving! \$5/session.

Pilates: 10:30am \$10/session. Bookings required, contact **0272515475**.

Yoga: 6pm. \$10/session.

Tuesday

Yoga: 9:00–10:00 a.m. Join us for a good stretch! Beginners welcome. \$10/session.

Tai Chi: 10:30 a.m. \$10/session

Small White Teapot Group: Haiku group meets every 4th Tuesday of the month at 12pm. Contact Barbara at **021 171 8622**.

Pilates: 5:30pm \$10/session. Bookings required, contact **0272515475**.

Wednesday

Pilates: 10:30am, 5:30pm & 6:30pm. \$10/session. Bookings required, contact **0272515475**.

Write Your Own History: Every 2nd and 4th Wed of the month. 10 a.m. –12 noon. Please email to confirm at grahamandlois@xtra.co.nz.

grahamandlois@xtra.co.nz.

Hugs All Round Quilting Group:

1–3 p.m. We make quilts for children who need an extra hug. Join us to learn more about quilting.

Thursday

Pilates: 10:30a.m. \$10/session.

Bookings required, contact **0272515475**.

Yoga: 6–7p.m. \$10. Evening yoga. Join us for a good stretch! With Dakota.

Sunday

Yoga, Pilates & Kids Yoga: All classes on hold until the 27th of July.

SHIRLEY LIBRARY,

36 Marshland Road (by the Palms Mall).
Phone (03) 941-7923

Tuesday

JP Clinic: 10am–1pm.

Wā Kōrero: Storytimes: 10.30–11am
Suitable for ages 2–5. Free.

Dungeon Delvers: 3:45pm - 5:15pm. 10-16 years old. Registration required.

Wednesday

Wā Kōrero-Storytimes - 10:30 - 11am.
Suitable for 2-5 years old.

Craft Collective: 11am-12pm. Come along to our Craft Collective sessions and have a go at something new. Free.

Scrabble Club: 1:30pm–3:30pm

All materials are supplied. Free, no bookings required.

Dungeon Delvers: 3:45pm - 5:15pm. 10-16 years old. Registration required.

Sensory Craft for Pēpi:

11–11.30am. Suitable for ages 0–2. Free.

Thursday

Wā Pepi: Babytimes

10.30–11am. Suitable for ages 0–2. Free.

Me Kōrero Tatou (Te Reo Language Group):

1.30–2.30pm. Suitable for all ages. Free.

No bookings required. All skill levels welcome.

Code Club @ Shirley: 3:45pm - 5:15pm.

9-11 years old. Registrations required.

Friday

Cards at Shirley: 1.00–3.30pm. Free. No bookings required.

Saturday

Family History Help: 10.00am–Midday

1st and 3rd Saturday of the month
Ran by the Canterbury Genealogy Society.
Free. No bookings required.

Saturday Storytimes: 10:30am-11:30am.

Mahjong Club: 1.00–3.30pm

Free. No bookings required.

SHIRLEY COMMUNITY TRUST & SHIRLEY VILLAGE PROJECT

www.shirleycommunitytrust.org.nz
03 981 5521

www.shirleyvillage.org **021 157 7846**

TTO = Term time only

Neighbourhood Centre: 17 Acheson Ave

Community Hub & Barista Training:

Mon & Wed 10am - 2pm TTO

Employment drop in: Wednesdays.

10:30am - 12pm

Sewing Circle: Fortnightly Thursday

10am-12pm. Shirley red bin weeks.

MacFarlanes on the Park Cafe:

Fridays, 9:30 - 12pm, TTO

Walking Group: Friday 10am, TTO.

Women's Group: Fortnightly Thursday

12.30pm, Shirley red bin weeks. TTO.

Park Centre: 19 Acheson Ave

Sparkling Stars: Mon, 9:30am, Music

& movement for under 5s. \$3/family.

TTO.

Nurse-led Foot Care Clinic: Approx

monthly on Tuesday 9:45am.

Appointments essential.

Call 0226218269. \$15.

Knit & Knatter Group: Fortnightly

Wed, 10am. Shirley yellow bin weeks.

Wise up: Monthly Thursday 10am.

Different topics each month.

All Age Community Kapa Haka:

Wednesday 5.15-6.15pm, TTO.

Te Reo Māori Class: Wednesday 6.30-

7.30pm, TTO.

Groove & Move: Seated Exercise

Sessions. Thursday 10am. \$2 per

session. Contact 027581255.

MacFarlane Park Community Garden

(off Jebson St)

Listening Post: Monday 2:30-4pm.

Afternoon tea. TTO.

Children's Gardening Club: Tuesday

3.15-4pm, TTO.

Gardening: Thursday 1pm (Term 2 &

3).

Shirley League Club 33 Briggs Rd.

Shirley Tool Shed: Saturday 9-11am.

\$30 annual membership.

RICHMOND COMMUNITY GARDEN

Riverlution EcoHub,

46A Vogel St

Garden Days: Monday

- Wednesday & 3rd Saturday of

the month from 10am. to 1pm.

We welcome volunteers to help create a beautiful veggie garden for our community to enjoy!

Riverlution Eco Hub: Mon-Fri,

9:30am-4pm & Sat, 10am-1pm.

Repair Revolution: Every

3rd Tuesday of the month at

5:30pm.



EASTERN COMMUNITY SPORT & RECREATION,

Email: Kate@easterncommunity.co.nz

Ph: 027 728 3005

Catchball: 10:30am, Tues, starting 4 th of February, First time free.

Free Football Dropin for Children: 3-4pm at

Avon Hub Tuesdays. Suitable for 8+ years.

Pickleball session: Tuesdays 9-10:30am \$7.

Use the book a class option at

www.pay2play.co.nz to save your spot.

Pickleball session Sunday mornings:

10-11:30am \$7

Dance Fitness: Tuesdays, 7pm, \$7/class

Eastern Chargers Junior Basketball League:

4:30-7pm, Fridays. For 5-8 years old. Term

time only.



DELTA COMMUNITY TRUST,
101 North Avon Road (Entrance
off Chrystal St)

Ph: (03) 389-0212, Free phone

0800233582.

www.deltatruster.org.nz

Delta regret to announce they will be closing their food bank service as of July 30th. All other services will remain in place.

Monday Café: Every Monday except public holidays. 10am-12.30pm \$2 Hot Toasties , Tea & Coffee 20cents

Friday Drop-Inn café: Every Friday except public holidays. 10am-12.30pm. Choice of 2 mains only \$2, Dessert \$1, tea & Coffee 20cents.

Free Budgeting Advice and Advocacy:

Please ring for an appointment.

North Avon Community Centre

Filipino Playgroup: Every Wednesday 9:30am-12:30pm (Except Public & School holidays) For more information contact Jo jo@odt.org.nz or **021-1151657**