

RICHMOND

COMMUNITY NEWS



Avebury House: 9 Eveleyn Couzins Avenue

Phone: 381-6615

Email: rcn@aveburyhouse.co.nz

Vol. No 23 No. 8

October 2025

Issue 201

One Year Milestone

With love from the Riverlution Café Team

Riverlution Café is a one-year-old! Once a crazy dream cooked up by the masterminds at Richmond Community Garden (RCG), the café has blossomed into a self-sustaining dynamo; providing jobs and vibes galore, and pumping out the finest coffees you'll find this side of the Ōtākaro!

Nestled in the idyllic RCG, with chooks and bees as our neighbours, we opened our doors in September 2024 with just 3 staff, 5 days a week. Long-term garden volunteer Marion was at the forefront, and vital to the construction and planning of the café. Designing menus around local produce, and forging relationships with suppliers like Bellbird Bakery and BadAss Brownies, laid the strong foundations on which our Riverlution continues to grow.

In January the City To Sea Pathway opened up on our doorstep, and all of Ōtautahi had access to us! As business boomed, we welcomed Clí to the team as Café Garden Cultivator. With her many years of hospitality experience, Clí nurtured the café much like the RCG team nurture the garden. Riverlution Café was finding its groove.

Next we launched the Saturday morning Riverlution Markets, set to kick off again for Spring, from Saturday October 4th! This Winter we welcomed the global ParkRun organisation into our beautiful environment. Runners gather in the garden every Saturday at 8am, and head out for the 5km Riverlution Parkrun. We love

serving up hot coffees and fresh muffins from City Mission when they get back!

Our joyful café balances bustling with serene. It's a perfect pit-stop for walkers and bikers on the river trail; Nature play areas and the chook-house enthrall the kids, as well as the Avebury playground and Fungi Farm nearby. And there's always a quiet spot to read, or enjoy the increasing birdsong.

Riverlution Café is now open 7 days a week, with 10 staff, most of them local students, all of them love coming to work. In our first year, we served over 20,000 coffees, with all profit going back to the community garden. We're full of gratitude for immense mahi and aroha that has got us this far, and continues to carry us forward. If

you've discovered us already - thank you. If you haven't - we so look forward to meeting you!



Riverlution Farmers Market
Every Saturday 9am-11am

Compost Crew
Thurs, 2 Oct, 10am - 12pm

Riverlution Boogie
Sat, 4 Oct, 10am

RCG October Happenings

Yoga with Pele
Sun, 5 Oct, 8am

Fungi Whānau
Sun, 5 Oct, 10:30am

**Spring Fair & International
Repair Day**
Sat, 18 Oct, 10am - 12pm

Intro to Foraging
Sat, 18 Oct, 2:20pm

Weaving Water Bottle Holders
Sat, 25 Oct, 10:30am

Garden Weekly Sessions
Mon & Wed, and 3rd Sat,
10am - 1pm

Richmond Community News is brought to you by Avebury House Community Trust and the following people:

Editorial: Tanya Didham.
Layout: Kristine Spoor.

Many thanks to our volunteers who deliver the RCN to 2800 households and businesses throughout Richmond.

The RCN is now available online:
www.aveburyhouse.co.nz/newsletter.html

Contact us at: rcn@aveburyhouse.co.nz or ring Avebury House: **03 381 6615**.

Disclaimer: Views and opinions expressed in the Richmond Community News are not necessarily those of the editor or Avebury House Community Trust. No responsibility is accepted for incorrect information contained in advertisements or editorials. Advertisements for publication are accepted in good faith and publication of an advertisement does not imply endorsement by Avebury House Community Trust.

Avebury's Story - Celebrating 140 Years!

Weds Oct 29, 6pm-7.30pm

It's Avebury's birthday! Celebrate this milestone with us and discover the history of one of the east side's rare heritage treasures. Our history volunteer, David Hollander, has curated some wonderful images and stories to share, from the original land purchase, to Avebury's place as a community centre today. Seating is limited and it's filling up, so don't miss out - register your interest by emailing admin@aveburyhouse.co.nz or call us on **03 381 6615** during work hours, Mon- Fri, 9am - 1pm.



This is a for koha event, we suggest \$10 to cover light refreshments and to support the great work of our history group. Find more event details here: www.facebook.com/events/1318735183243108

Have You Voted?

Post ballots by 5pm on Tuesday October 7th, to guarantee arrival before voting closes at 12 noon on Saturday October 11th.



OR drop off your sealed envelope to an orange voting bin. These will be open until voting closes at 12 noon on Saturday October 11th.

Halloween at Avebury - Sat Oct 25, 10am-12pm

Come and join us at the Avebury House for our Halloween event!



The Avebury house is hosting a fun and safe trick-or-treating event for children to enjoy, as well as games, activities, and lots of spooky surprises! Tricking or treating comes

with a range of low-waste candy and reusable items for the kids to enjoy. We will also have outside and inside activities for children to take part in. Make sure you come in your best costumes, as we have random spot prizes for best dressed as well as the chance to decorate crowns, superhero masks, and wizard hats to make the perfect addition to your costume! And don't forget about the spooky surprises... it wouldn't be Halloween without a few tricks along the way!

We look forward to seeing everyone on October 25th to celebrate!



The Wit of Sam

I went down to the paint store to get thinner. It didn't work, I'm still fat.



The one thing I've never had in my car's glove box..? Gloves!



I started a job as a roofer - it's not great, but it's definitely up there.

Illustration by Stephane Terris

Tuition

Reading, Writing, Spelling, Maths (Y1-Y12)

Qualified local teacher, individual programmes, great results.

P: **021 197 8383** or

E: katharineabeaumont@gmail.com

Clarinet, Sax, Flute, Guitar, Bass, & Piano—Experienced local teachers. Phone Nicola & Ivan **(03) 385-3856**.



By Kate Palmer

Adopt a Friendship Bear

Delta's Community Activity Programme for adults with Intellectual disabilities, 'Friendship Link', are giving pre-loved teddy bears a brand new beginning and you can be part of this beautiful story!

When you adopt a bear, you're not just getting a cuddly friend - you're supporting adults with disabilities in a fun, meaningful way. You're sharing a message of kindness, hope and inclusion. You're helping reduce waste and protect the planet. Every bear comes with a name badge and adoption certificate. Each bear is gently recycled, lovingly prepared and ready to be adopted. All proceeds go towards creative programmes for the Friendship Link group.

Contact Kathryn Dawson via email (dfi@deltatrust.org.nz) if you would like to adopt a bear, donate any old teddy bears for a new beginning and to spread the word.

Let's make the world a better place – one bear at a time!



Getting Fit at Avebury House

Our ancient ancestors never had to worry about unwanted weight gain because, a) there was no such thing as a 'daily sugar intake'; and b) they spent a lot of time moving around, probably looking for stuff to eat! At Avebury House we can't help with the omnipresence of sugar on supermarket shelves, but we can help with the moving around part.

A wide range of teachers means we can provide a variety of fitness classes that help with strength, balance, breath and coordination, including Yoga, Pilates, Tai Chi and Gentle Exercise. Check our timetable below to find a class that works for you!

Monday

10.30am - Gentle Exercise with Dakota
10.30am - Pilates with Dee
6pm - Yoga with Dakota

Tuesday

9am - Yoga with Alison
10.30am - Tai Chi with Roger
5.30pm - Pilates with Dee

Wednesday

10.30am - Pilates with Dee
5.30pm - Pilates with Dee
6.30pm - Pilates with Dee

Thursday

9am - Yoga with Alison
10.30am - Pilates with Dee

Sunday

9am - Yoga with Timea
10am - Pilates with Timea

Book in directly with our teachers: Dakota - 022 012 5005; Dee - 027 251 5475; Alison - 021 150 0163; Roger - 021 208 9196; Timea - 021 295 0037

All classes are a suggested koha of \$10, except for Gentle Exercise, \$5.

The Ōtākaro Green Spine - Meet Your 'Fan-Trail Guide'!



Community-led river regeneration group, Avon Ōtākaro Network, have been working away on a project to help you find your way around our newest river trails. www.avonotakaronetwork.org/explore-the-otakaro-greenspine

Meet Huanui - a digital pīwakawaka/fantail that features on the newly-launched website, sharing community-based stories from the 11km long City-to-Sea Pathway.

The 'fantrail guide' is the river trail mascot, introducing walkers and cyclists to locations via the website.

"There are loads of fascinating - and sometimes little known - stories and information about locations along the trail," says the network's patron, Reverend Peter Beck, "what was there before the earthquakes, what projects and activities are happening now, and ways you can get involved in Green Spine enhancement!" All you need is a mobile phone to scan the QR codes as you walk, scoot or cycle your way along the trail.



Rev. Peter Beck (photo Tanya Didham)



Heritage Trail sign & Rephotography Frame, together on Pages Rd, Bexley.



Spring Fair



Saturday Oct 18, 10am – 2pm

9 Eveleyn Couzins Ave - 46A Vogel St



Oh yes it's that time of year, and our fabulous Spring Fair is back! The combined talents of Richmond Community Garden, We Are Richmond and Avebury House have cooked up a super event and we're predicting a fantastic day out with sunshine, smiles and community goodness of all stripes. Taking advantage of the amazing space between Avebury House and the Richmond Community Garden, we'll be filling it with stalls, games, and activities, bookended by kai vendors and the Vintage Market on one end, and the Carboot Sale and Riverlution Cafe at the other.



Avebury's 140th year is marked by our Heritage Festival exhibit upstairs, telling the history of the house, with volunteer David Hollander on hand to answer questions. A teaser for his presentation and slideshow on Weds October 29th. [see p2] And of course it wouldn't be Spring Fair without our signature Devonshire Tea, served downstairs by our fabulous volunteers. Other special guests include the Christchurch Archaeology Project, The Canterbury Horticultural Society, and the Garden City Orchestra, playing out our last hour from 1-2pm.



In the playground area, We Are Richmond will have fun stuff for the kids, Shirley Library Van will be there, Christchurch Envirohub, Disc Golf champ Sarah Wadsworth is becoming a much-loved regular, along with MP Reuben Davidson and his chocolate wheel, and the famous sack race!

At the community garden, stalls and activities weave through the planted beds and the mud kitchen, including Green Lab, ParkRun, Avon Ōtākaro Network, The White Room, Stitch-o-Mat, City Council, Tiny House Village, and more! Repair Revolution will be there celebrating International Repair Day; DJs; folk dancers; RCG's Little Shop - too many to mention here - come down and see!

PARKING AT SPRING FAIR

Please be kind to our neighbours during events - they need access to their properties. Eveleyn Couzins Ave is a dead end and parking there is limited to our vendor and volunteer vehicles. We recommend nearby roads like Flesher Ave and Retreat Rd. If you can walk or bike, even better!

Keep in touch via the facebook event: www.facebook.com/events/3556991974603154

If you want to join the carboot sale, email Cathy: coordinator@richmondcommunitygarden.co.nz

INTERNATIONAL REPAIR DAY AT SPRING FAIR!

Need a 'new' bike? RAD (Recycle a Dunger) is bringing a batch of secondhand bikes to Spring Fair! Bring some koha, find yourself a dunger, and help RAD get more bikes rehomed and rolling in our community! They'll also have their mobile kit on hand to do simple tune ups in celebration of International Repair Day. Whoop!



Hand sewing in the Hub, 12-1pm

Come along to the Spring Fair and learn some hand sewing skills or improve the skills you already have - mend those pesky rips or holes in your favourite clothes or learn to sew on a button! Find out more about what we do on the third Tuesday evening of each month. We may be able to help with other sewing repairs or give you some options for other places to help extend the life of beloved items.

ARCHAEOLOGY AT THE FAIR!

By Katharine Watson

Christchurch Archaeology Project (CAP) is delighted to be returning to Avebury House as part of the Spring Fair and Christchurch Heritage Festival on October 18. We'll be running our very successful Zine Time Machine workshop again. A free, family-friendly activity, you get to look at some of the artefacts from our collection, talk to real-life archaeologists and learn to make a zine! The simplest of crafts, and a fantastic way to let your imagination run wild, our zines are inspired by the artefacts and stories of Christchurch's past. Designed for all ages – and all levels of artistic ability, we provide all the materials you need.

CAP is a not-for-profit organisation, set up to save, share and research Christchurch's archaeological heritage. We hold thousands of artefacts recovered from archaeological excavations across the city, many of which were found during post-earthquake demolition, repair and rebuild work. They tell the stories of the people who



made Christchurch their home in the 19th century: the food they ate, the china patterns they loved, the crazy medicines they took, and the toys children played with.

Together, all these artefacts and stories help us better understand how Christchurch became the city it is today, and the people who contributed to it: ordinary, everyday people, with dreams of a better future for themselves and their families. Sometimes things worked out, sometimes they didn't... It's a fascinating insight into our quite recent past.

The collection CAP holds is an internationally significant one, and this is a rare opportunity to have a look at – and learn about – just some of the artefacts and stories we've recovered. We love sharing these stories, and look forward to meeting you there!



Exciting Progress in the CHS Avebury Climate Resilient Garden!



If you've wandered past the east side of Avebury House recently, you might have noticed something

different taking shape. There's been a big tidy-up – a serious prune and the beginnings of some lovely rock edging – all signs that we're getting closer to installing the hard landscaping for the CHS Avebury Climate Resilient Garden!

In late July, members of the Canterbury Horticultural Society Board, the Avebury House Board, garden designer Elizabeth Wilks, and a group of our wonderful volunteers rolled up their sleeves and got planting. Together, they established the native border, a key step

that needed a little head start before the final planting phase later on.

This 540m² garden is a true team effort between CHS and the Avebury House Trust, designed as a living, breathing example of low-input, sustainable gardening practices. Perfect for Christchurch's changing climate. Think climate-adapted plants, thoughtful signage, and a beautiful, welcoming space for the whole community to enjoy, learn from, and contribute to.

It's exciting to see the transformation already underway, and we can't wait to share more as the garden continues to grow. A huge thanks to the Avebury whānau and all the amazing volunteers who've pitched in. We couldn't do it without you!

Pop by our stall at the Spring Fair to learn more about the garden and how you can get involved. See you there!



every month, at Avebury House, 9 Eveleyn Couzins Ave.

A gathering of motivated locals, we meet at 7pm on the 4th Tuesday of

Richmond residents, landowners, business owners and those working for Richmond organisations are most welcome to join us with any issues or thoughts to share.

e: secretary@wearerichmond.co.nz
f: www.facebook.com/wearerichmondchch
w: wearerichmond.co.nz



Copiers ■ Printers ■ Document Solutions ■ IT
Kyocera ■ Samsung ■ Fuji Xerox
03 366 2217
www.kmbe.co.nz



Mind Yer Language: Ghosts & Ghouls

By Tanya Didham

Ghosts have been hanging around the English language for over 1000 years, but they weren't always spooky. Until the word took a more haunted turn in the 14th century, Old English 'gast' was just as likely to mean 'breath' or 'spark of life'; it was



associated with the breath that left the body too, with the Venerable Bede noting back in the 7th century that one could 'give up the ghost'. It followed a similar evolutionary path to the Latin 'spiritus' which also meant something closer to 'breath of life'; hence the

'Holy Ghost' being interchangeable with the 'Holy Spirit'.

It comes from a Germanic root, 'geist', which we can still see in 'poltergeist' (noisy ghost) and 'zeitgeist' (literally 'time-spirit' or 'spirit of the times').

For centuries the word got along fine without its silent 'h', but when William Caxton brought his printing press and his Flemish typesetters to England, they thought the word looked better with an 'h' in it, like the Flemish, 'gheest'. 'Aghast' comes from the same root (and yes it was 'agast' in Old English!), meaning to startle or take one's breath away. Literally to 'gasp' which comes from the same root, but somehow managed to avoid the Flemish 'h'.

Ghouls on the other hand come from an Arabic root meaning 'to seize' - a 'ghul' was a bodysnatching spirit that robbed graves to feed on the dead. It came into English in the 1700s after *Arabian Nights* was translated into French. Happy Halloween!



Allan the Appliance Guy
will collect ***for free*** scrap metal, old appliances, computers, dvd players etc. No printers pls.
Call him on 027 756 2718.

Discover Jin Shin Jyutsu (JSJ) / 1-day workshop

Date: Saturday 11th October 2025

Time: 9.30am – 4.30pm

Location: Cora Wilding Room,
Avebury House, 9 Eveleyn Couzins
Avenue, Richmond, Christchurch
8013

Regular price: \$95.00 NZD

Presented by Julie Wells, Jin Shin Jyutsu Practitioner and Self-Help Educator

Join us for a day of renewal and discovery as we explore and experience the gentle, ancient art of Jin Shin Jyutsu. This practical, hands-on workshop offers simple self-help tools you can use anytime to help ease stress, release tension and restore balance, supporting your own health and wellbeing, and that of others, even your pets.

No prior experience is needed, just your own two hands and an open heart. Come connect with like-minded people, learn practical skills for daily life, and leave with a renewed sense of harmony and vitality.

For further details and to book, call **027 635 2752** or email

julie@pathoftheheart.co.nz

Website: www.pathoftheheart.co.nz



Path of the Heart

Caring for Caregivers – 1-day workshop - Christchurch

Date: Sunday 9th November 2025

Time: 11.00am – 4.30pm

Location: Cora Wilding Room, Avebury House, 9 Eveleyn Couzins
Avenue, Richmond, Christchurch 8013

Regular price: \$50.00 NZD

Presented by Julie Wells, Jin Shin Jyutsu Practitioner and Self-Help Educator

Caregivers often prioritise the needs of others over their own and can easily become overwhelmed and depleted. When was the last time you checked in with yourself? This event is for you.

JSJ offers a gentle way to replenish our energy. Simple, practical techniques that can be used anywhere, anytime, even in the middle of a busy day, making this realistic for you to integrate for yourself, and use with others.

Caregiving can be emotionally heavy. JSJ allows us space to relax, release tension, worry, sadness, frustration and helps us reconnect with our inner calm. A gentle reminder of how important it is to care for ourselves too, so we can be there for others. And by caring for ourselves, this also gives permission for others to do the same.

Morning session: Short introduction to Jin Shin Jyutsu (JSJ) followed by lunch and an afternoon session of guided self-care practices and vital relaxation in the beautiful setting of Avebury House.

To book, call Julie **027 635 2752** or email: julie@pathoftheheart.co.nz

Website: www.pathoftheheart.co.nz

If you are unable to make it to this event, contact me:

julie@pathoftheheart.co.nz or see website events page for future

dates: <https://www.pathoftheheart.co.nz/event-list>

October column

It was great to recently attend the *We Are Richmond* monthly meeting to hear more about local issues and share a cuppa and a kōrero.

I also stopped by Te Hiwa in Shirley with a morning tea shout for the hardworking teachers - it's always a pleasure to acknowledge the people doing such important mahi with the tamariki in our communities.

This week, I'm looking forward to visiting the Richmond Plunket team to hear directly from them about the challenges they're seeing and to share the ways my office can help. We can assist with a range of issues - from Kāinga Ora and housing to immigration matters, support with government agencies, and any local concerns you might have. Please don't hesitate to reach out, my electorate office is open Monday to Friday, 10am to 4pm. My team and I are here to help.

We're also gearing up for the final Walk the Talk event of the year, happening in New Brighton on Saturday 22 November. More details will be in the next issue and on my Facebook page, so keep an eye out!

And I'm looking forward to catching up with many of you at the Spring Fair on Saturday 18 October. Make sure you stop by and say hello!

Ngā mihi,
Reuben Davidson | MP for Christchurch East
chcheast@parliament.govt.nz | 03 382 0288 | 0800 MP EAST (67 3278)

Funded by Parliamentary Service



NEED SOMEONE HANDY?

Richard Boyle Handyman and Gardening Services can:

- clear your section
- clean your guttering
- do home repairs, including plaster-work
- rubbish clearing
- window-cleaning
- you name it!
- There's even a special offer on carpet cleaning!
- Standard Rates - \$40/hr;
Pensioner Rates - \$30/hr

References available. Get a no obligation quote from Richard by calling him on 020 4134 8442 or email boylerichard69@gmail.com



COMPLIMENTARY HOUSE CLEAN

List and sell your property with Charlotte and receive a complimentary professional clean of your home prior to settlement, saving you a task and ensuring your move goes as smoothly as possible.

Get in touch now for an obligation free appraisal of your property.

"I cannot recommend Charlotte enough, from the moment we signed up to settlement of our property, she continually communicated with us. Her knowledge and understanding of the process was exceptional and made us feel at ease." - L Slater



Charlotte Heaslip | 027 386 0667 | charlotte.heaslip@bayleys.co.nz

WHALAN AND PARTNERS LTD, BAYLEYS, LICENSED UNDER THE REA ACT 2008

PROUD TO BE A RICHMOND LOCAL



ALTOGETHER BETTER

Residential / Commercial / Rural / Property Services

What's on in Richmond



AVEBURY HOUSE,
9 Eveleyn Couzins Avenue.
Phone (03) 381-6615
The office is open Mon to Fri
from 9 am to 1 pm.

Monday

Men's Shed: Contact Ian at 027 555 8368.

Gentle Exercise: 10:30–11:30 a.m.

A tutor will guide you through a routine designed to keep those muscles moving! \$5/session.

Pilates: 10:30am \$10/session. Bookings required, contact **0272515475**.

Yoga: 6pm. \$10/session.

Tuesday

Yoga: 9:00–10:00 a.m. Join us for a good stretch! Beginners welcome. \$10/session.

Tai Chi: 10:30 a.m. \$10/session

Small White Teapot Group: Haiku group meets every 4th Tuesday of the month at 12pm. Contact Barbara at **021 171 8622**.

Pilates: 5:30pm \$10/session. Bookings required, contact **0272515475**.

Wednesday

Pilates: 10:30am, 5:30pm & 6:30pm. \$10/session. Bookings required, contact **0272515475**.

Write Your Own History: Every 2nd and 4th Wed of the month. 10 a.m. –12 noon. Please email to confirm at grahamandlois@xtra.co.nz.

Hugs All Round Quilting Group: 1–3 p.m. We make quilts for children who need an extra hug. Join us to learn more about quilting.

Thursday

Pilates: 10:30a.m. \$10/session. Bookings required, contact **0272515475**.

Yoga: 9am, \$10/session.

Pilates: 10am, \$10/session.

Sunday

Yoga: 9am, \$10/session.

Pilates: 10am, \$10/session.

SHIRLEY LIBRARY,

36 Marshland Road (by the Palms Mall).
Phone (03) 941-7923

Tuesday

JP Clinic: 10am–1pm.

Wā Kōrero: Storytimes: 10.30–11am
Suitable for ages 2–5. Free.

Dungeon Delvers: 3:45pm - 5:15pm. 10-16 years old. Registration required.

Wednesday

Wā Kōrero-Storytimes - 10:30 - 11am.
Suitable for 2-5 years old.

Craft Collective: 11am-12pm. Come along to our Craft Collective sessions and have a go at something new. Free.

Scrabble Club: 1:30pm–3:30pm
All materials are supplied. Free, no bookings required.

Dungeon Delvers: 3:45pm - 5:15pm. 10-16 years old. Registration required.

Sensory Craft for Pēpi:
11–11.30am. Suitable for ages 0–2. Free.

Thursday

Wā Pēpi: Babytimes

10.30–11am. Suitable for ages 0–2. Free.

Me Kōrero Tatou (Te Reo Language Group):
1.30–2.30pm. Suitable for all ages. Free.

No bookings required. All skill levels welcome.

Code Club @ Shirley: 3:45pm - 5:15pm.
9-11 years old. Registrations required.

Friday

Cards at Shirley: 1.00–3.30pm. Free. No bookings required.

Saturday

Family History Help: 10.00am–Midday

1st and 3rd Saturday of the month
Ran by the Canterbury Genealogy Society.
Free. No bookings required.

Saturday Storytimes: 10:30am-11:30am.

Mahjong Club: 1.00–3.30pm
Free. No bookings required.

SHIRLEY COMMUNITY TRUST & SHIRLEY VILLAGE PROJECT

www.shirleycommunitytrust.org.nz
03 981 5521

www.shirleyvillage.org **021 157 7846**

TTO = Term time only

Neighbourhood Centre: 17 Acheson Ave

Community Hub & Barista Training:
Mon & Wed 10am - 2pm TTO

Employment & Services Support:
Weds, 11am - 1pm

Sewing Circle: Fortnightly Thursday
12-2pm. Shirley yellow bin weeks.

MacFarlanes on the Park Cafe:

Fridays, 9:30 - 12pm, TTO

Walking Group: Friday 10am, TTO.

Women's Group: Fortnightly Thursday
12.30pm, Shirley red bin weeks. TTO.

Park Centre: 19 Acheson Ave

Sparkling Stars: Mon, 9:30am, Music & movement for under 5s. \$3/family. TTO.

Nurse-led Foot Care Clinic: Approx monthly on Tuesday 9:45am.

Appointments essential.
Call 0226218269. \$15.

Knit & Knatter Group: Fortnightly
Wed, 10am. Shirley yellow bin weeks.

All Age Community Kapa Haka:
Wednesday 5.15-6.15pm, TTO.

Te Reo Māori Class: Wednesday 6.30-
7.30pm, TTO.

Groove & Move: Seated Exercise
Sessions. Fortnightly Wednesday,
Shirley red bin weeks & weekly
Thursday 10am. TTO.

MacFarlane Park Community Garden
(off Jebson St)

Listening Post: Monday 2:30-4pm.
Afternoon tea. TTO.

Children's Gardening Club: Tuesday
3.15-4pm, TTO.

Gardening: Thursday 1pm (Term 2 &
3).

Shirley League Club 33 Briggs Rd.

Shirley Tool Shed: Saturday 9-11am.
\$30 annual membership.

RICHMOND COMMUNITY GARDEN

Riverlution EcoHub,
46A Vogel St



Garden Days: Monday -
Wednesday & 3rd Saturday of
the month from 10am. to 1pm.
We welcome volunteers to help
create a beautiful veggie garden
for our community to enjoy!

Riverlution Eco Hub: Mon-Fri,
9:30am-4pm & Sat, 10am-1pm.

Repair Revolution: Every
3rd Tuesday of the month at
5:30pm.

EASTERN COMMUNITY SPORT & RECREATION,

Email: Kate@easterncommunity.co.nz

Ph: 027 728 3005

Catchball: 10:30am – 12:00pm Tuesdays
term time only. First time free, **contact@**
canterburycatchball.nz

Free Football Dropin for Children: 3-4pm at
Avon Hub Tuesdays. Suitable for 8+ years.

Pickleball session: Tuesdays 9-10:30am \$7.
Use the book a class option at

www.pay2play.co.nz to save your spot.

Pickleball session Sunday mornings:
10-11:30am \$7

Dance Fitness: Tuesdays, 7pm, \$7/class

Eastern Chargers Junior Basketball League:
4:30-7pm, Fridays. For 5-8 years old. Term
time only.



DELTA COMMUNITY TRUST,
101 North Avon Road (Entrance
off Chrystal St)

Ph: (03) 389-0212, Free phone

0800233582.

www.deltatruster.org.nz

Monday Café: Every Monday except
public holidays. 10am-12.30pm \$2 Hot
Toasties, Tea & Coffee 20 cents

Friday Drop-Inn café: Every Friday except
public holidays. 10am-12.30pm. Choice of
2 mains only \$2, Dessert \$1, tea & Coffee
20 cents. Lunch served at 12noon.

Free Budgeting Advice and Advocacy:
Please ring for an appointment.

North Avon Community Centre

Filipino Playgroup: Every Wednesday
9:30am-12:30pm (Except Public & School
holidays) For more information contact Jo
jo@odt.org.nz or **021-1151657**