

## Marking A Decade!

By Megan Blakie; Photos: courtesy Rachel Crawford (We Are Richmond)



Staff and volunteers pose with Father Christmas



Garden operations manager Morgane Honore invited Maaka Tau (Ngāi Tūāhuriri) to open the celebratory event

A visit from Father Christmas, free orchard-fruit ice creams and sizzling homestyle pizzas cooked onsite contributed to a festive vibe at Richmond Community Garden's 10th anniversary celebrations. About 60 people - including local council and funding representatives, members of the community, and garden volunteers and staff - gathered on the (mostly) sunny Saturday of 22 November to mark a decade since the creation of the community garden.

In the formal part of the festivities, City Councillor Pauline Cotter spoke about the role such spaces play in connecting people, helping wellbeing, and improving our natural surroundings. Local hapu representative Maaka Tau (Ngāi Tūāhuriri) opened the late afternoon event with a karakia, before kai was shared and a bottle of aptly named 'No.1 Family Estate' wine was popped by the garden's chairperson Hayley Guglietta. The garden's 'family' then mingled, swapped stories of the garden's evolution, and took photos with Santa. There was also opportunity to play outdoor games or sketch an effigy of Frida Kahlo that was supplied by the White Room, which has just opened an exhibition space onsite to showcase artworks by those with learning difficulties.

## AVEBURY CHRISTMAS CONCERT! Friday Dec 5th, 3.30-7pm

For the last several years Avebury has hosted a Christmas craft market at the end of the year, but we are very aware that folks don't have a whole lot of spare cash rattling round in their wallets right now. So instead, we are simply inviting everyone to come down on the afternoon of Friday 5th December to enjoy some entertainment, some games and crafts, a bit of kai and of course to meet Santa!

At 3.30pm the New Brighton Pirate Ukulele Band will get our toes tapping. We're thrilled to have the Christchurch City Chorus singing carols between 5.20 and 6pm, and they will also sing us out from 6.30-7pm. In between the brilliant Soul Star Tribe belly dancers will perform from 6-6.30pm. Sausage sizzle will be cranking, ice cream, churros and potato spirals are on the menu! We'd love to see you!



Richmond Community News is brought to you by Avebury House Community Trust and the following people:

Editorial: Tanya Didham.  
Layout: Kristine Spoor.

Many thanks to our volunteers who deliver the RCN to 2800 households and businesses throughout Richmond.

The RCN is now available online:  
[www.aveburyhouse.co.nz/newsletter.html](http://www.aveburyhouse.co.nz/newsletter.html)

Contact us at: [rcn@aveburyhouse.co.nz](mailto:rcn@aveburyhouse.co.nz) or ring Avebury House: **03 381 6615**.

**Disclaimer:** Views and opinions expressed in the Richmond Community News are not necessarily those of the editor or Avebury House Community Trust. No responsibility is accepted for incorrect information contained in advertisements or editorials. Advertisements for publication are accepted in good faith and publication of an advertisement does not imply endorsement by Avebury House Community Trust.



## The Wit of Sam

Why do people ride horses? Because they are too heavy to carry.



I am often mistaken for an adult, because of my age.



Two goldfish in a tank, one says to the other, 'How do you drive this thing?'

*Illustration by Stephane Terris*

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& Ivan **(03) 385-3856**.

## Avebury Fitness Classes - Stop and Start!

Most of our fitness teachers are taking a break over summer. Dee will be running some Pilates classes over the holiday period so contact her directly for details. Otherwise end and start dates for Avebury fitness classes are as below!

### MONDAY

10.30am Gentle Exercise Last class 22 Dec, returns 12 Jan  
6pm Yoga with Dakota Last class 22 Dec, returns 12 Jan

### TUESDAY

9am Yoga with Alison Last class 16 Dec, returns 27 Jan  
10.30am Tai Chi with Roger Last class 16 Dec, returns 13 Jan

### THURSDAY

9am Yoga with Alison Last class 18 Dec, returns 29 Jan

### SUNDAY

9am Yoga with Timea Last class 20 Dec, returns 10 Jan  
10am Pilates with Timea Last class 20 Dec, returns 10 Jan

### MAT PILATES WITH DEE

Regular classes continue up until the 22nd of December. Mondays, Wednesdays & Thursdays @ 10am. Tuesdays & Wednesdays @ 5.30pm. No classes on the 24th or 31st December. Potential holiday classes, if there is interest, as follows. Please contact Dee directly to enquire about these on 027 251 5475.

Monday 22 Dec 10.30am & 5.30pm

Tuesday 23 Dec 5.30pm

Saturday 27 Dec 10.00am

Tuesday 30 Dec 10.30am

Saturday 3 Jan 10.00am

Monday 4 Jan 5.30pm

Wednesday 6 Jan 10.30am & 5.30pm

## Rest and Restore with Timea!

*Avebury House Saturday 13th Dec at 3pm*

Experience a blissful 2-hour yoga session where we invite the nervous system to relax deeply. The session includes gentle mindful movements, breathing techniques, guided relaxation and more. Treat yourself and/or a friend/family member to an early Xmas present!

**Bookings are open, spaces are limited, please get in touch to find out more. Contact Timea on 021 295 0037.**

## LIFELINE

Lifeline has been helping kiwis for 60 years. Whether you are going through a major crisis, or just need someone to talk to, this service is available for everyone. For free, confidential support call **0800 LIFELINE (0800 543 354)** or send a text to **HELP (4357)**.



# From Avebury House & the Ed.

It's been a big year. As a community centre and heritage venue for hire, Avebury House has been used for countless meetings; fitness classes; private celebrations; workshops; we've collaborated with our neighbours on events like Richmond Gala, Matariki in the Zone & Spring Fair; and we've hosted our own such as ANZAC Remembrance, Teddy Bears' Picnic and our newest addition - Avebury Halloween House! The Vintage Market visited 8 times this year; and, as we go to print, we are preparing for a different kind of Christmas gathering on Dec 5th (see page 1). In conjunction



with Council, Civil Defence and various local organisations, we worked on a local plan for emergencies; we received a new carpark and access to the City-to-Sea pathway; the Horticultural Society is working on our climate resistant garden; our lovely shed volunteers repaired and made all sorts of things; our history volunteers continued to gather and preserve local history; and of course we published 11 Richmond Community Newsletters!

We were blown away by all the positive feedback received in response to our RCN Update, and we'd like you to know we are working hard to maintain free local delivery. Huge thanks to those who kindly gave donations, and we are still seeking advertising/ sponsorship - ideas are welcome!



Avebury's office will be closed from 22 December til 12 January, but the house is still available for hire, and we will still be checking emails and voicemails regularly. The next Richmond Community News will be out on Feb 1st 2026! Until then, Avebury's staff and board want to thank you for your support in 2025, especially to our amazing volunteers; we wish you all a safe and happy holiday season and a great start to your new year - see you then!

Email us at [admin@aveburyhouse.co.nz](mailto:admin@aveburyhouse.co.nz) or ph. 381 6615

## Remembering Richmond - Can You Help?

By David Hollander

The Richmond History Group archive at Avebury House includes a number of recorded interviews with long-time Richmond residents. These interviews were conducted by Christine Thieme between 2007 and 2009 and represent a considerable body of information and personal memory of Richmond in days gone by.

Members of the history group are in the process of transcribing the text of these recordings, with the aim of producing a printed document which will combine the text of the interviews along with suitable introductions and footnotes to provide context and fill in details. The material will only be housed in the history room at Avebury House and be available there to view by researchers and interested people; at this stage we do not intend to put the material on the Internet.

It is very likely that all the people who were interviewed at this time have by now passed away. We would love to have some more background

about these people, and hopefully some photos of them and their homes and families in Richmond. The interviews were conducted by Christine Thieme who was involved with the history group before the 'quakes.

We are also hoping that RCN readers will recognise the names of at least some of the people interviewed, and that some may be friends or family members, or know other people who could have contact details for extended family of the interviewees. The people who were interviewed are:

**Brian Barkle; Joan Carsons (née McVinnie); Rosalind Fahey (née Pierce); Dorothy Huggins (née Grenfell); Russell Lew; Jim McGlenn and June Wright (née Petrie).**

If anyone can help us locate friends or relatives of these people, please get in touch with Tanya at Avebury House ([admin@aveburyhouse.co.nz](mailto:admin@aveburyhouse.co.nz)).



## Telling our History

We are incredibly lucky at Avebury House to have David Hollander volunteering in our history room. This October 29, he presented a fascinating snapshot of Richmond history, from the marshlands and mahinga kai to Avebury's beginnings and local post-quake developments. If you missed it and would like to see it, get in touch and he might just do it again next year!

Email us at [admin@aveburyhouse.co.nz](mailto:admin@aveburyhouse.co.nz)

# Teddy Bears' Picnic at Avebury

Always so much fun, on Friday November 21st we invited the neighbourhood kiddies and their fluffy friends to join us on the Avebury lawn for the Teddy Bears' Picnic! The Natural Magic Pirates never disappoint with their fabulous puppets and parachute games; a massive thanks to our volunteer Mary for baking all the shortbread bears; and thanks also to teen volunteer, Zeke, who helped hand out cookies and honey sandwiches to our young visitors! But our biggest thanks goes to everyone who popped in to enjoy a beautiful morning with us, including local kindies - thanks for coming!



The We are Richmond committee would like to wish you a great holiday season ahead! We're looking forward to a break after another busy year. Petrie Park murals and planting, hosting the children's Avebury Park area at the huge Richmond Gala and Spring Fair, roading meetings, clean-up sessions, planting sessions, Meet the Candidate Evening, Vape Talk Evening, Matariki sessions, Te Oraka Pool cleanup, and more!



We Are Richmond runs on volunteers. We would love for you to join us in 2026 doing these projects and more.

Our next meeting will be **Tuesday 27 January 7-9pm Richmond Club**. Happy Holidays!

## Family Drug Support Aotearoa New Zealand

Support and counselling for family/whānau or close friends impacted by someone else's alcohol and or other drug use. Self-referral via phone **03 281 8740** or [www.fds.org.nz](http://www.fds.org.nz)

## Riverlution & the RCG Over Summer

The community gardeners and the Riverlution Hub are taking a well-earned break over the holiday season, but there's still plenty going on! Then, and garden sessions will continue through the break because a gardener's work is never done!



The **Riverlution Hub** will be open Christmas Day for a special garden volunteer session, then the office will be closed until Monday 19th January.

The last **Repair Revolution** for 2025 is on Tuesday December 16th at 5.30pm.

**Riverlution Farmers' Market** is on every Saturday, with the last for this year on December 20th. They take a small break, and then they're back on Saturday January 10th.

**Introduction to Foraging Workshop** is on Saturday December 13th, and the next one is on January 7th. Meet-up point for this is the Fungi Farm on Eveleyn Couzins Ave.

**Riverlution Yoga** sessions continue until Sunday December 14th.

**Riverlution Cafe** is open right up to and including Christmas Day! So if you are at a loose end that day, pop down for a coffee and some company. The cafe will close at 3pm on the December 25th and re-open for business at 8am on January 3rd.

## What is the Alexander Technique?

Do you experience persistent muscle aches and stiffness? Suffer from back or neck pain or have 'computer slouch'? This could be for you. The Alexander Technique was invented in the late 19th century by an Australian actor named F. Matthias Alexander. When doctors had no answer for his chronic laryngitis, Alexander's own research led him to understand that his voice was affected by excess tension held in his neck and body. Employing gentle but effective techniques and movements, he was able to cure himself and soon developed a method to teach others. After moving to London his clients included luminaries such as George Bernard Shaw, Lady Churchill, Aldous Huxley and the Bishop of Canterbury!



Alexander Technique is a practical method that can restore our natural poise by teaching us how to recognise, and then prevent, habitual patterns of holding tension. It can relieve pain, improve posture and enhance the way we move and use our bodies.

Teresa Mears is a certified teacher of Yoga and the Alexander Technique who uses light 'hands-on' guidance, gentle Hatha yoga movements, and verbal instruction to develop your alignment and coordination. The technique is suitable for all ages and all fitness levels.

**Teresa's first Alexander Yoga class at Avebury House is on Thursday 4th Dec @ 6pm.**

**For queries or to book in, please contact Teresa on 027 371 7374 or email [teresa.mears@gmail.com](mailto:teresa.mears@gmail.com)**



## CHRISTMAS CRAFTS FOR KIDS

**From Casa dei Bambini Montessori Preschool, 50 Flesher Ave**

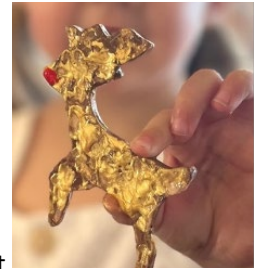
The Festive season is a magical time for creativity, especially for young children eager to get crafty. These simple, inexpensive crafts are Casa dei Bambini favourites and make lovely gifts. Enjoy making memories and spreading Christmas cheer throughout your family!

### **Pine Cone Christmas Trees**

Gather pine cones from your local park. Paint them green, sprinkle with glitter, and glue on colourful beads for ornaments. Place them in small pots for a cute Christmas tree.

### **Baking Soda Dough Ornaments**

In a pot cook 3/4 cup water, 1/2 cup cornflour, and 1 cup baking soda. Roll the dough and cut into stars, trees or any shapes you like. Push a straw through to make a hanging hole, then bake @ 80°C for 60 minutes, checking regularly. Paint when cool. To add extra sparkle shake the decoration in a bag of glitter while the paint is wet. Add string and it's ready for the tree!



### **Handprint Reindeer Cards**

On brown paper trace around your child's foot and cut out the shape. Attach to a folded card. Paint your child's hands and press them down on the card to make the antlers. Add googly eyes and a red nose.

Wishing you a Happy Christmas from Casa dei Bambini Montessori Preschool!

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# Mind Yer Language: What Time Is It?

By Tanya Didham

What is time? I can't answer that, but the word has left its mark on our language, being named by the Oxford English Corpus as the 'most used noun' in the English language. 'Person' was the runner up, but if there's any doubt we are obsessed with time, 'year' and 'day' also made the top 5.

It's understandable when you think how many times(!) we say things like: 'Have a good time!'; 'About time'; 'Strange times', 'I'm just killing time'; 'From time to time'... You can read 'The Times', bide your time, play for time, do time, be in a race against time, get some face-time, be ahead of the times, or behind; you can time yourself to make good time, though time flies and time is money. Maybe you have no time for time-wasters. You worked overtime to hit the big time and you're having the time of your life; but time and tide wait for no one, and over time, eventually, time is up.



In Shakespeare's time - there it is again - it was common to greet someone with 'Good time of day unto thee'. This cumbersome hello didn't make it down to present speech, but we do still have 'I wouldn't give that person the time of day!'. 'Time' itself came through a European root word that means 'division', a piece of time. In Swedish, 'timme' means 'hour'.

In order to 'tell the time' humans invented all manner of methods and devices and maybe even counting in general. 'Clock' is from the Medieval Latin for a bell, 'clocca' - it's onomatopoeic like 'bonk' or 'ding'. Our 'watch' comes from the Old English *wæcce*, which meant wakefulness, (yes the same literal root as when we 'watch' something!). It became associated with small time pieces used by sailors to wake them up for their duty watch. 'Calendar' comes from the Roman 'calare' which meant to call or shout. On the first day of the month, priests would shout about it so people knew it was time to pay their bills! The Latin 'calendarium' was an accounts book!

Time is like sand through the hour glass; a river; an arrow. Be sure to make time for yourself and the ones you love this summertime; and in the meantime, I look forward to catching you next time!

## Puzzle

Fill the gaps with words that match the clues on the right. Each word is one letter different from the words above and below it. The first one is done for you.

### CANDY

- handy convenient  
 \_\_\_\_\_ body parts  
 \_\_\_\_\_ countries or areas  
 \_\_\_\_\_ where cars go  
 \_\_\_\_\_ queues  
 \_\_\_\_\_ digs for gold  
 \_\_\_\_\_ lions have them

### CANES

### JOLLY

- \_\_\_\_\_ wobbly food  
 \_\_\_\_\_ tummy  
 \_\_\_\_\_ be mean to  
 \_\_\_\_\_ big and strong  
 \_\_\_\_\_ not straight  
 \_\_\_\_\_ spicy food  
 \_\_\_\_\_ hold  
 \_\_\_\_\_ have a wedding

### MERRY

### STAR

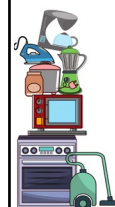
- \_\_\_\_\_ left by a wound  
 \_\_\_\_\_ trick  
 \_\_\_\_\_ shut angrily  
 \_\_\_\_\_ smack  
 \_\_\_\_\_ move like wings  
 \_\_\_\_\_ not hilly  
 \_\_\_\_\_ accomplishment  
 \_\_\_\_\_ body part  
 \_\_\_\_\_ worry  
 \_\_\_\_\_ uncaged

### TREE

### ANSWERS

STAR	SCAR	left by a wound
STAR	SCAM	trick
STAR	SLAM	shut angrily
STAR	SLAP	smack
STAR	FLAP	move like wings
STAR	FLAT	not hilly
STAR	FEAT	accomplishment
STAR	FRET	worry
STAR	FRET	body parts
STAR	FRET	uncaged
JOLLY	JELLY	wobbly food
JOLLY	BELLY	tummy
JOLLY	BULLY	be mean to
JOLLY	BURLY	big and strong
JOLLY	CURLY	not straight
JOLLY	CURRY	spicy food
JOLLY	CARRY	hold
JOLLY	MARRY	have a wedding
JOLLY	MERRY	
CANDY	HANDY	convenient
CANDY	HANDS	body parts
CANDY	LANDS	countries or areas
CANDY	LANES	where cars go
CANDY	LINES	queues
CANDY	MINES	digs for gold
CANDY	MANES	lions have them
CANDY	CANES	

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# Best wishes from your MP!

Jingle bells are ringing, and with December upon us, it's officially carol season - if that's your thing! Whether you're humming along to festive tunes or simply enjoying the longer, sunnier days, I hope this time of year brings a sense of warmth and connection.

As 2025 draws to a close, it's a great time to reflect on the year that's been. Across Christchurch East - and especially here in Richmond - the community spirit has shone through time and time again. A recent highlight was the celebration of 10 years of the Richmond Community Garden and one year of Riverlution Café, a testament to the dedication and heart of local volunteers. From Matariki and the Spring Fair to regular Parkrun meetups, and the many workshops, activities, and markets throughout the year, Richmond continues to showcase the vibrant, welcoming, and resilient community we're all proud to be part of.

I recently popped by the Delta Community Support Trust, another fantastic local hub that offers both great coffee and meaningful support for locals. It's places like these - alongside the gatherings, markets, and gardens

- that make Richmond such a vibrant and connected community.



At our office, we've embraced the season with a bit of Kiwi summer flair - the Christmas tree is up, the ocean view is sparkling, and the team is in good spirits. Whether you're winding down for the year or gearing up for a busy festive season, we hope you're finding moments of joy and rest.

We also know that this time of year can bring added pressures. If you or someone you know needs support, please don't hesitate to reach out - my team and I are here to help. The office is open daily, and we're always happy to chat, assist, or simply listen.

Wishing you a safe, joyful holiday season. Thank you for being part of such a special community, I look forward to reconnecting in 2026!

Ngā mihi,  
Reuben Davidson | MP for Christchurch East  
[chcheast@parliament.govt.nz](mailto:chcheast@parliament.govt.nz) | 03 382 0288 | 0800 MP EAST (67 3278)  
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# What's on in Richmond



**AVEBURY HOUSE,**  
9 Eveleyn Couzins Avenue.  
Phone (03) 381-6615  
The office is open Mon to Fri  
from 9 am to 1 pm.

## Monday

**Men's Shed:** Contact Ian at 027 555 8368.

**Gentle Exercise:** 10:30–11:30 a.m.

A tutor will guide you through a routine designed to keep those muscles moving! \$5/session.

**Pilates:** 10:30am \$10/session. Bookings required, contact **0272515475**.

**Yoga:** 6pm. \$10/session.

## Tuesday

**Yoga:** 9:00–10:00 a.m. Join us for a good stretch! Beginners welcome. \$10/session.

**Tai Chi:** 10:30 a.m. \$10/session

**Small White Teapot Group:** Haiku group meets every 4th Tuesday of the month at 12pm. Contact Barbara at **021 171 8622**.

**Pilates:** 5:30pm \$10/session. Bookings required, contact **0272515475**.

## Wednesday

**Pilates:** 10:30am, 5:30pm & 6:30pm. \$10/session. Bookings required, contact **0272515475**.

**Write Your Own History:** Every 2nd and 4th Wed of the month. 10 a.m. –12 noon. Please email to confirm at [grahamandlois@xtra.co.nz](mailto:grahamandlois@xtra.co.nz).

[grahamandlois@xtra.co.nz](mailto:grahamandlois@xtra.co.nz).

**Hugs All Round Quilting Group:**

1–3 p.m. We make quilts for children who need an extra hug. Join us to learn more about quilting.

## Thursday

**Pilates:** 10:30a.m. \$10/session.

Bookings required, contact **0272515475**.

## Sunday

**Yoga:** 9am, \$10/session.

**Pilates:** 10am, \$10/session.

## SHIRLEY LIBRARY,

36 Marshland Road (by the Palms Mall).  
Phone (03) 941-7923

## Tuesday

**Wā Kōrero: Storytimes:** 10.30–11am

Suitable for ages 2–5. Free.

**Dungeon Delvers:** 3:45pm - 5:15pm. 10-16 years old. Registration required.

## Wednesday

**Wā Kōrero-Storytimes** - 10:30 - 11am.

Suitable for 2-5 years old.

**Craft Collective:** 11am-12pm. Come along to our Craft Collective sessions and have a go at something new. Free.

**Scrabble Club:** 1:30pm–3:30pm

All materials are supplied. Free, no bookings required.

**Dungeon Delvers:** 3:45pm - 5:15pm. 10-16 years old. Registration required.

**Sensory Craft for Pēpi:**

11–11.30am. Suitable for ages 0–2. Free.

## Thursday

**JP Clinic:** 10am–1pm.

**Wā Pepi: Babytimes**

10.30–11am. Suitable for ages 0–2. Free.

**Me Kōrero Tatou (Te Reo Language Group):**

1.30–2.30pm. Suitable for all ages. Free.

No bookings required. All skill levels welcome.

**Code Club @ Shirley:** 3:45pm - 5:15pm.

9-11 years old. Registrations required.

## Friday

**Cards at Shirley:** 1.00–3.30pm. Free. No bookings required.

## Saturday

**Family History Help:** 10.00am–Midday

1st and 3rd Saturday of the month

Ran by the Canterbury Genealogy Society.

Free. No bookings required.

**Saturday Storytimes:** 10:30am-11:30am.

**Mahjong Club:** 1.00–3.30pm

Free. No bookings required.

## SHIRLEY COMMUNITY TRUST & SHIRLEY VILLAGE PROJECT

[www.shirleycommunitytrust.org.nz](http://www.shirleycommunitytrust.org.nz)  
**03 981 5521**

[www.shirleyvillage.org](http://www.shirleyvillage.org) **021 157 7846**

TTO = Term time only

**Neighbourhood Centre:** 17 Acheson Ave

**Community Hub & Barista Training:**

Mon & Wed 10am - 2pm TTO

**Employment & Services Support:**

Weds, 11am - 1pm

**Sewing Circle:** Fortnightly Thursday

12-2pm. Shirley yellow bin weeks.

**MacFarlanes on the Park Cafe:**

Fridays, 9:30 - 12pm, TTO

**Walking Group:** Friday 10am, TTO.

**Women's Group:** Fortnightly Thursday

12.30pm, Shirley red bin weeks. TTO.

**Park Centre:** 19 Acheson Ave

**Sparkling Stars:** Mon, 9:30am, Music & movement for under 5s. \$3/family. TTO.

**Nurse-led Foot Care Clinic:** Approx monthly on Tuesday 9:45am.

Appointments essential.

Call 0226218269. \$15.

**Knit & Knatter Group:** Fortnightly

Wed, 10am. Shirley yellow bin weeks.

**All Age Community Kapa Haka:**

Wednesday 5.15-6.15pm, TTO.

**Te Reo Māori Class:** Wednesday 6.30-

7.30pm, TTO.

**Groove & Move:** Seated Exercise

Sessions. Fortnightly Wednesday,

Shirley red bin weeks & weekly

Thursday 10am. TTO.

**MacFarlane Park Community Garden (off Jebson St)**

**Listening Post:** Monday 2:30-4pm.

Afternoon tea. TTO.

**Children's Gardening Club:** Tuesday

3.15-4pm, TTO.

**Gardening:** Thursday 1pm (Term 2 &

3).

**Shirley League Club 33 Briggs Rd.**

**Shirley Tool Shed:** Saturday 9-11am.

\$30 annual membership.

## RICHMOND COMMUNITY GARDEN

**Riverlution EcoHub,**  
46A Vogel St



**Garden Days:** Monday -

Wednesday & 3rd Saturday of

the month from 10am. to 1pm.

We welcome volunteers to help create a beautiful veggie garden for our community to enjoy!

**Riverlution Eco Hub:** Mon-Fri,

9:30am-4pm & Sat, 10am-1pm.

**Repair Revolution:** Every

3rd Tuesday of the month at

5:30pm.

## EASTERN COMMUNITY SPORT & RECREATION,

**Email:** [Kate@easterncommunity.co.nz](mailto:Kate@easterncommunity.co.nz)

**Ph:** 027 728 3005

**Catchball:** 10:30am – 12:00pm Tuesdays

term time only. First time free, **contact@**

**canterburycatchball.nz**

**Free Football Dropin for Children:** 3-4pm at

Avon Hub Tuesdays. Suitable for 8+ years.

**Pickleball session:** Tuesdays 9-10:30am \$7.

Use the book a class option at

**www.pay2play.co.nz** to save your spot.

**Pickleball session Sunday mornings:**

10-11:30am \$7

**Dance Fitness:** Tuesdays, 7pm, \$7/class

**Eastern Chargers Junior Basketball League:**

4:30-7pm, Fridays. For 5-8 years old. Term

time only.



**DELTA COMMUNITY TRUST,**  
101 North Avon Road (Entrance  
off Chrystal St)

Ph: (03) 389-0212, Free phone

0800233582.

[www.deltatruster.org.nz](http://www.deltatruster.org.nz)

**Monday Café:** Every Monday except

public holidays. 10am-12.30pm \$2 Hot

Toasties, Tea & Coffee 20 cents

**Friday Drop-Inn café:** Every Friday except

public holidays. 10am-12.30pm. Choice of

2 mains only \$2, Dessert \$1, tea & Coffee

20 cents. Lunch served at 12noon.

**Free Budgeting Advice and Advocacy:**

Please ring for an appointment.

**North Avon Community Centre**

**Filipino Playgroup:** Every Wednesday

9:30am-12:30pm (Except Public & School

holidays) For more information contact Jo

[jo@odt.org.nz](mailto:jo@odt.org.nz) or **021-1151657**