

# RICHMOND

## COMMUNITY NEWS



Avebury House: 9 Eveleyn Couzins Avenue

Phone: 381-6615

Email: [rcn@aveburyhouse.co.nz](mailto:rcn@aveburyhouse.co.nz)

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## Remembering our ANZACs

Local commemorations for Anzac Day were well-attended, including a lovely morning service at the Richmond Club. At Avebury House we had installed our temporary riverside crosses memorial, and we did our traditional walk down the river on Anzac Day to remember alumni of Richmond School who served and who were lost, in the First World War. Thank you to our history volunteer David for the brief but moving talk.

Back at the house Mary's homemade Anzac biscuits went down a treat with a nice cup of tea and some time for contemplation. Thank you to Matty, David, Mary, Ingrid, and Matthew for helping us remember, lest we forget.

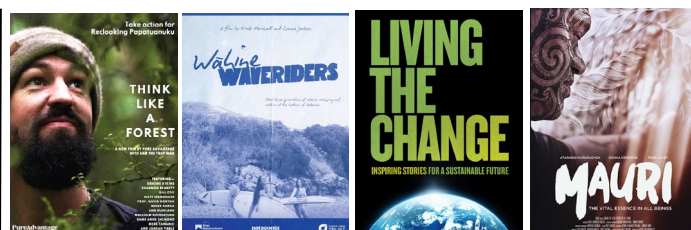


## Annual Olive Pick

Kia ora - do you have an olive tree and want to be part of our 2026 olive oil co-op?

We have a week's window to get the olives picked and handed over to our olive press. Usually, this happens in the last week of May or early June.

If you'd like to join the co-op: please text or call us at **027 808 0693**, email [admin@richmondcommunitygarden.co.nz](mailto:admin@richmondcommunitygarden.co.nz) or scan the QR code.



## Riverlution Movie Nights in May!

As the nights draw in, Riverlution Café is turning them into something special. Join us for an outdoor film experience with good people, good vibes, and films that make you think. The movies are free, blankets and cushions provided - kai and hot drinks can be purchased at the Café. Our inaugural screening on 17 April was a great success and we have limited spaces, so it's helpful if you can book your spot via our Humanitix link: <https://events.humanitix.com/riverlution-film-nights>

Bring a friend and settle in for a cozy evening under the stars.

### Coming up in May:

**Fri 1 May** — Think Like A Forest & Wāhine Waveriders

**Fri 15 May** — Living the Change

**Fri 29 May** — Mauri

*Screenings run from 6pm - 8pm, at the Riverlution Café, 46a Vogel St*

## Riverlution Crafternoons - Tuesdays 12pm - 2pm

Meet like-minded crafty locals for a coffee and a yarn (get it!) in the magnificent setting of Richmond Community Garden's finest café! On **Tuesdays between 12pm and 2pm** join us at Riverlution Café, and snag a Crafty Combo - a scone and hot drink for \$11, or iced drink for \$12. And please note, it is BYO crafting materials - we're only equipped to share skills, vibes and delicious goodies.

Whether you knit, crochet, paint or papier-mâché, all hobbies and hobbyists welcome! In the case of the café closing for a weather event, crafting will be postponed til the following week. However a bit of light rain will not deter us. Keep an eye on our socials to stay up-to-date!

<https://www.facebook.com/riverlutionhub>

Richmond Community News is brought to you by Avebury House Community Trust and the following people:

Editorial: Tanya Didham.  
Layout: Kristine Spoor.

Many thanks to our volunteers who deliver the RCN to 2800 households and businesses throughout Richmond.

The RCN is now available online:  
[www.aveburyhouse.co.nz/newsletter.html](http://www.aveburyhouse.co.nz/newsletter.html)

Contact us at: [rcn@aveburyhouse.co.nz](mailto:rcn@aveburyhouse.co.nz) or ring Avebury House: **03 381 6615**.

**Disclaimer:** Views and opinions expressed in the Richmond Community News are not necessarily those of the editor or Avebury House Community Trust. No responsibility is accepted for incorrect information contained in advertisements or editorials. Advertisements for publication are accepted in good faith and publication of an advertisement does not imply endorsement by Avebury House Community Trust.



## The Wit of Sam

There's a new book about poltergeists - I hear it's flying off the shelves!



85% of New Zealanders are bad at basic maths - luckily I'm in the other 25%.



I got my wife a metal detector but she didn't like it; strange as she loves digging up stuff from the past.

*Illustration by Stephanie Terris*

## Tuition

### Reading, Writing, Spelling, Maths (Y1-Y12)

Qualified local teacher, individual programmes, great results.

**P: 021 197 8383 or**

**E: [katharinebeaumont@gmail.com](mailto:katharinebeaumont@gmail.com)**

Piano, clarinet + saxophone, guitar + bass, music theory: Tuition at your tempo! Music lessons for all ages and stages with In Tune Music Studios NZ (027 606 4023 or [nicola.intune@gmail.com](mailto:nicola.intune@gmail.com)).

## Kintsugi with Ema Frost - Saturday 16th May

Have you ever wanted to try Kintsugi? It's an ancient Japanese art form where broken things are mended with gold - turning its imperfections to beauty. A truly wonderful philosophy to live by where nothing is ever really broken. Breathe new life and meaning into something you have that is broken and make a truly special work of art. The technique can apply on various materials including crockery, glass, wood, greenstone and even shells.



Ema travels from Auckland to bring this course to Christchurch, if you have something you'd like to mend with gold, please book via her website here: <https://emafrost.com/collections/workshop/products/kintsugi-workshop-in-christchurch-saturday-16th-may-avebury-house>

**When: Saturday 16th May, either 10:30am-12:30pm or 2:00-4:00pm**

**Where: Avebury House**

**Cost: \$175pp**



## Finding Your Ground & Taking a Pause

### A Lin Ong Mindfulness Course - Saturday 9 May

Join Lin, an experienced facilitator, for this Guided Meditation and Skills-training retreat in the beautiful Avebury House. Make it a Mother's Day/My Day Gift! Also includes an opportunity to walk through the community garden for a cuppa at Riverlution Cafe. All Welcome!

**When: Saturday 9 May, 9.30am to 12.30pm**

**Where: Avebury House, 9 Eveleyn Couzins Ave**

**Cost: \$65pp**

Please register your presence: [Lin@livemindful.nz](mailto:Lin@livemindful.nz)

Stuck in a guitar rut? Call Matt.  
Chords-Scales-Songs-Theory-Fun

**0220991435**

**[matdeacon@yahoo.com](mailto:matdeacon@yahoo.com)**

# The Dating Reset - Sunday 24 May

A workshop for singles 35+ with relationship coach and PhD Janel Atlas



This is NOT a singles mixer. And you won't be asked to 'put yourself out there'.

This is an afternoon for thoughtful adults who want to approach their next dating relationship differently - with more clarity, steadiness, and self-trust. If you've been partnered before, you already know chemistry isn't enough.

Patterns matter. Nervous systems matter. The stories we carry matter. You don't want to repeat what you've already tried - you want something aligned with who you are now.

**People of all genders and sexualities are most welcome.**

In this guided workshop we'll explore relational patterns you're ready to retire; what makes you feel safe, alive, and respected; the difference between attraction and alignment; and how to communicate your needs and boundaries early. Confidence comes from knowing your own values.

Through structured reflection, small-group conversation, and practical skill-building exercises, you'll leave with:

- Greater clarity about what you're truly looking for
- Language for boundaries and desires
- A grounded understanding of your attachment patterns
- Tools for dating with discernment rather than urgency
- A renewed sense of agency and self-trust

Come as you are. Leave clearer. Drinks and light snacks will be provided.

**When: Sunday 24 May, 2:30-4:30pm,**

**Where: Avebury House, 9 Eveleyn Couzins Ave**

**Cost: \$50 - tickets available via the QR Code**

Queries: [hello@janelatlas.com](mailto:hello@janelatlas.com) or visit [www.](http://www.JanelAtlas.com/coaching)

[JanelAtlas.com/coaching](http://www.JanelAtlas.com/coaching)



## Hagley Learning Centre

Hagley Learning Centre is a not-for-profit organisation that provides FREE education to NZ residents/citizens in the Christchurch community. We help people who want to improve their reading, writing, spelling, and math skills, as well as those learning the English language.

### We Are All Learners - Rosie's Story

"Libraries are only for clever people!"

They are full of books and Rosie couldn't read all that well. At work, she would hide or make excuses not to go to training days – she knew she wouldn't understand it anyway. And as her children grew up, Rosie realised that they could read better than she could and that didn't feel all that great. She got up the courage to find help and contacted the **Hagley**

**Learning Centre**. Because she was working, Rosie was able to enrol in the workplace communications course - free lessons with a tutor one-to-one, and all the goals set by the learner themselves.

Rosie's tutor checked for dyslexia and Irlen's Syndrome - both of which make it harder to read. They worked together on reading strategies. They went back to the basics to make sure Rosie understood how words are formed, and how to use phonics and word patterns to decode words.

Her last lesson was a trip to the library.

*"I thought going to the library was for school kids and people that could read. Now, for me, it's a learning thing. It is like I can shine and make my life better. I like reading now. My family is proud of me."*

**Workplace Programme** - for those who are employed (paying tax) - part-time, full-time or casual. This programme matches a learner with a tutor and focuses on the individual goals each person has.

**Community Programme** - small classes of up to 8 learners - a few spaces are currently available in St Albans, Rowley and Riccarton.

If you or someone you know might benefit from either of these programmes, please get in touch. We are delighted to offer this chance to reignite a love of learning!

*"Do it for yourself – you deserve it. Make a change. You can do it!" - Rosie*

[hagleylearningcentre.org](http://hagleylearningcentre.org) | 03 364 5212 | 027 899 5220  
| [hlcadmin@hagley.school.nz](mailto:hlcadmin@hagley.school.nz)



# Richmond Gala 2026 - A Great Day Out!

We had an incredible Richmond Gala on Saturday March 28 - if you came along to have a great day out with us - thank you! Gala is a fantastic collaboration of community groups, artisans and organisations, sharing their good works and reaching out to our community with interactive fun, good kai, and interesting conversations. Not to mention all the fabulous entertainers! Special shout-out to Avebury's intern Xinran Yu who created our fun new photoboard, and to volunteer Matty for making the handy stand! Did you try it out? Brought to you by the teams from Richmond Community Garden, We Are Richmond and Avebury House, and a whole heap of amazing volunteers - big cross-site events like Gala and Spring Fair bring us all together, and we love that.

Our next celebration is the fabulous winter warmer, **Matariki in the Zone**. Celebrate Te Tau Hou, Māori New Year with us, at Richmond Community Garden on **Saturday 11 July, 2.30-6.30pm**. Fun activities, star trail, hot chocolate, boil-up & fried bread, music, and of course the delicious hāngī, kindly laid down for us every year by Tuahiwi Marae. Get it in the calendar now! Matariki hunga nui - Matariki brings people together.



## Thursday Kai Club at Delta!

Thursdays 5pm-6.30pm @  
101 North Avon Rd

The Thursday Kai Club is another Delta community café where every person matters - a place for whānau and friends to connect, to nourish both bellies and souls. Home of the \$10-dinner & where kids under 12 eat for free!



This is a major part of Delta's kaupapa as we believe every child should have access to nutritious kai. So, every **Thursday from 5pm to 6:30pm** we'll be **Sharing the Table Together at 101 North Avon Rd.**

- Children aged 12 and under enjoy a free child's meal
- Up to three children per paying adult
- Additional children's meals are \$5 each
- If tamariki prefer something from the main menu - standard pricing applies
- The offer covers the main meal only
- Available for dine-in meals, so we can share the space together

Check the back page for other Delta initiatives and programmes. You can contact them at **03 389 0212** or email [reception@deltatrust.org.nz](mailto:reception@deltatrust.org.nz)

WE ARE RICHMOND

## Planting at Petrie - The Transformation Continues!

Sunday 14 June, 11am-2pm  
Petrie Park at 119 Petrie Street

Grab your gardening gloves and come along to meet your neighbours, help mulch and free up last year's planting, and check out the cool Dogs of Petrie Park Murals! Plus we'll have some free hot soup to keep you warmed up!



We look forward to seeing you - all are welcome.

[www.facebook.com/events/1471502654311559](https://www.facebook.com/events/1471502654311559)

We Are Richmond also invite you to our next community meeting:  
Tuesday May 26, 7pm @ Avebury House

## COMPLIMENTARY HOUSE CLEAN



List and sell your property with Charlotte and receive a complimentary professional clean of your home prior to settlement, saving you a task and ensuring your move goes as smoothly as possible.

**Get in touch now for an obligation free appraisal of your property.**

*"I cannot recommend Charlotte enough, from the moment we signed up to settlement of our property, she continually communicated with us. Her knowledge and understanding of the process was exceptional and made us feel at ease." - L Slater*



Charlotte Heaslip | 027 386 0667 | [charlotte.heaslip@bayleys.co.nz](mailto:charlotte.heaslip@bayleys.co.nz)

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# Mind Yer Language: How Amusing

By Tanya Didham

I look forward to our museum re-opening. Our 'seat of Muses'. When the Greeks coined the term 'mouseion', they weren't thinking of a dusty display case. Their shrine to the Muses was a vibrant gathering place for creatives and intellectuals of all stripes - philosophers, astronomers, poets - all co-mingled to study, converse, and expand their disciplines. The famous Library of Alexandria was part of the much larger Mouseion of Alexandria - housing lecture halls, laboratories, gardens, accommodation - the ancient world's epicentre for knowledge and learning. Until those pesky Romans came along.

The Romans had more of a display-case approach to art and history, both public and private collections became a thing. The Roman version of a museum more closely resembled our own - a nice place to put things you had 'won' or 'found'.



The 'Muses' themselves were the nine daughters of Titan memory goddess, Mnemosyne [pron. ne-MOH-

sinny], and her nephew, Zeus. (Yes, family relations were pretty flexible in supernatural Ancient Greece...). Each daughter presided over a particular pursuit - history, tragedy, comedy, astronomy, dance, various forms of poetry, and of course music, from the Greek, 'mousikē, art of the Muses.

It's not hard to see how 'muse' came down to us both as a noun that inspires us to create, and a verb meaning to have a think. The Greek 'amousos' literally 'without Muses' means to be uneducated. The French 'amuser' referred to a fool; a trickster who might even distract a crowd from the nefarious activities of his friends. The English language didn't embrace it til the 1630s so Shakespeare was never amused. He wouldn't have been 'bemused' either, this came along in the early 1700s and simply means that something confounding has caused you to stop and think. It lives in the same family of charming 'be-words' as 'befuddled', 'bewildered' and 'bemazed'. How amusing!

# Puzzle

Find these big, big words in the letter grid.



diminutive  
insignificant  
itsy-bitsy  
Lilliputian

microscopic  
miniaturised  
minuscule  
pocket-sized

F	M	K	P	X	F	E	M	K	D	B	V	E
Q	I	T	O	W	U	E	F	W	L	G	E	V
T	N	A	C	I	P	I	L	B	I	S	N	I
T	I	F	K	G	V	W	J	N	L	F	N	T
D	A	P	E	W	G	T	I	Y	L	S	V	U
Λ	T	Λ	T	E	K	W	L	P	I	Z	W	N
E	U	M	S	S	O	W	M	G	P	Y	K	I
Z	R	Y	I	F	W	M	N	M	U	F	H	M
B	I	R	Z	P	B	I	A	N	T	G	L	I
Q	S	I	E	M	F	C	C	J	I	R	P	D
X	E	A	D	I	C	R	C	R	A	S	L	C
N	D	T	C	N	T	O	O	H	N	O	X	Y
I	A	A	W	I	S	S	T	Y	S	N	W	L
S	N	S	Q	S	E	C	Y	Z	W	Y	T	C
T	U	O	Q	C	V	O	A	B	P	R	A	R
W	E	W	Q	U	J	P	R	H	I	V	A	O
W	S	C	C	L	B	I	J	T	P	T	S	T
D	Y	I	Y	E	V	C	Z	A	J	C	S	A
B	N	M	T	E	E	N	Y	W	E	E	N	Y



# Landfill Recovery - How To Tidy Up An Earthquake

Kia ora Richmond, I'm excited to invite you to our next Walk the Talk. This will take us through the former Burwood Resource Recovery Park, a site that has undergone significant change since the earthquakes. Once used extensively for construction and demolition waste, the area has since been restored and is now part of Bottle Lake Forest Park. With more than 100,000 native plants established and a growing network of walking and mountain biking tracks, it has become a valued recreational space for the wider community.

We'll be walking together on Saturday 2 May, from 10.30am to 12pm, alongside guest speakers from Christchurch City Council. They'll talk through the site's landfill history, and the enormous impact of the earthquakes, to what large-scale waste disposal means both during major events and in everyday life. The discussion will also cover the future plans for the site and the work required to maintain it safely over the long term.

The walk follows a 2km loop across mixed surfaces, including a gentle climb to the top of the grassed landfill mounds, where there are spectacular views from the mountains to the city, to the sea. Access will be available via Landfill Ave on the day and, as always, there'll be a cuppa and a free sausage sizzle to finish. Follow my facebook page: [www.facebook.com/ReubenDavidsonLabour/](http://www.facebook.com/ReubenDavidsonLabour/) for more details and videos about this event.

I also want to acknowledge upcoming changes to local postal services. On 14 May, several NZ Post services across the electorate will close, including those at Bin Inn at the North Avon Shops and Stanmore Book and Post. This will mark the end of NZ Post services at those locations, and updates on alternative arrangements will be shared as further information becomes available.

Ngā mihi

Reuben Davidson | MP for Christchurch East

[chcheast@parliament.govt.nz](mailto:chcheast@parliament.govt.nz) | 03 382 0288 | 0800 MP EAST (67 3278)

Funded by Parliamentary Service



## Patricia 'Trish' Morant - In Memoriam



We are sorry to share the passing of our friend, artist and neighbour, Trish Morant. Trish has been a deeply valued member of our Riverlution whānau, generously sharing her time, creativity, and energy over many years. She supported the early development of our

Precious Plastic project, tautoko'd at key community events in our shop, and gifted beautiful handmade pottery cups to the Riverlution Café.

Her presence and contribution have been a special part of our collective journey, and she will be greatly missed. We send our heartfelt mihi and gratitude for the care, aroha, and support she has shared with our community.

On behalf of all those in Richmond who benefitted from knowing Trish, we send our deepest condolences to her whānau and friends. Her heart-filled response to a prolonged illness came to a peaceful end at Christchurch Hospital this past April 10th. Together again with Keith. Arohanui.

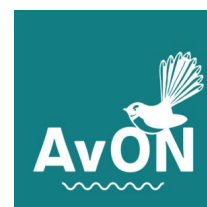
## Avon Park Whānau Fun Day! May 17, 1pm-3.30pm

Avon Park is open for play! Help us celebrate the completion of this exciting recreation project by Kerrs Reach. Bring a picnic blanket and enjoy a free BBQ, the new playground, Bouncy Castles, ball games, and a chance to check out the new bike pump track!

*Organised by the tamariki from Whītau school, Christchurch City Council and Avon Ōtākaro Network. Wet weather postponement date is Sunday 24 May.*



Christchurch City Council



## Winter Vintage Markets!



Through winter Vintage Market Avebury House moves inside! Come and explore the house for treasures on **Sunday June 7th, 10am-2pm**, and again on **Sunday July 19th, 10am-2pm**.

# What's on in Richmond



**AVEBURY HOUSE,**  
9 Eveleyn Couzins Avenue.  
Phone (03) 381-6615  
The office is open Mon to Fri  
from 9 am to 1 pm.

## Monday

**Men's Shed:** Contact Ian at 027 555 8368.

**Gentle Exercise:** 10:30–11:30 a.m.

A tutor will guide you through a routine designed to keep those muscles moving! \$5/session.

**Pilates:** 10:30am \$10/session. Bookings required, contact **0272515475**.

**Yoga:** 6pm. \$10/session.

## Tuesday

**Yoga:** 9:00–10:00 a.m. Join us for a good stretch! Beginners welcome. \$10/session.

**Tai Chi:** 10:30 a.m. \$10/session

**Small White Teapot Group:** Haiku group meets every 4th Tuesday of the month at 12pm. Contact Barbara at **021 171 8622**.

**Pilates:** 5:30pm \$10/session. Bookings required, contact **0272515475**.

## Wednesday

**Pilates:** 10:30am, 5:30pm & 6:30pm. \$10/session. Bookings required, contact **0272515475**.

**Write Your Own History:** Every 2nd and 4th Wed of the month. 10 a.m. –12 noon. Please email to confirm at [grahamandlois@xtra.co.nz](mailto:grahamandlois@xtra.co.nz).

## Hugs All Round Quilting Group:

1–3 p.m. We make quilts for children who need an extra hug. Join us to learn more about quilting.

## Thursday

**Pilates:** 10:30a.m. \$10/session. Bookings required, contact **0272515475**.

**Alexander Yoga:** 6pm. Bookings required. Contact Teresa 02102671668.

## Saturday

**Yoga:** 9am, \$10/session.

**Pilates:** 10am, \$10/session.

## SHIRLEY LIBRARY,

36 Marshland Road (by the Palms Mall).  
Phone (03) 941-7923

## Tuesday

**Wā Kōrero: Storytimes:** 10.30–11am  
Suitable for ages 2–5. Free.

**Dungeon Delvers:** 3:45pm - 5:15pm. 10-16 years old. Registration required.

## Wednesday

**Wā Kōrero-Storytimes** - 10:30 - 11am.  
Suitable for 2-5 years old.

**Craft Collective:** 11am-12pm. Come along to our Craft Collective sessions and have a go at something new. Free.

**Scrabble Club:** 1:30pm–3:30pm  
All materials are supplied. Free, no bookings required.

**Dungeon Delvers:** 3:45pm - 5:15pm. 10-16 years old. Registration required.

## Sensory Craft for Pēpi:

11–11.30am. Suitable for ages 0–2. Free.

## Thursday

**JP Clinic:** 10am–1pm.

## Wā Pepi: Babytimes

10.30–11am. Suitable for ages 0–2. Free.

**Me Kōrero Tatou (Te Reo Language Group):** 1.30–2.30pm. Suitable for all ages. Free.

No bookings required. All skill levels welcome.

**Code Club @ Shirley:** 3:45pm - 5:15pm.

9-11 years old. Registrations required.

## Friday

**Cards at Shirley:** 1.00–3.30pm. Free. No bookings required.

## Saturday

**Family History Help:** 10.00am–Midday

1st and 3rd Saturday of the month  
Ran by the Canterbury Genealogy Society.  
Free. No bookings required.

**Saturday Storytimes:** 10:30am-11:30am.

**Mahjong Club:** 1.00–3.30pm

Free. No bookings required.

## SHIRLEY COMMUNITY TRUST & SHIRLEY VILLAGE PROJECT

[www.shirleycommunitytrust.org.nz](http://www.shirleycommunitytrust.org.nz)  
**03 981 5521**

[www.shirleyvillage.org](http://www.shirleyvillage.org) **021 157 7846**

TTO = Term time only

**Neighbourhood Centre:** 17 Acheson Ave

**Community Hub & Barista Training:**  
Mon & Wed 10am - 2pm TTO

**Employment & Services Support:**  
Weds, 11am - 1pm

**Sewing Circle:** Fortnightly Thursday  
12-2pm. Shirley yellow bin weeks.

**MacFarlanes on the Park Cafe:**

Fridays, 9:30 - 12pm, TTO

**Walking Group:** Friday 10am, TTO.

**Women's Group:** Fortnightly Thursday  
12.30pm, Shirley red bin weeks. TTO.

**Park Centre:** 19 Acheson Ave

**Parkling Stars:** Mon, 9:30am, Music & movement for under 5s. \$3/family. TTO.

**Nurse-led Foot Care Clinic:** Approx monthly on Tuesday 9:45am.

Appointments essential.

Call 0226218269. \$15.

**Knit & Knatter Group:** Fortnightly  
Wed, 10am. Shirley yellow bin weeks.

**All Age Community Kapa Haka:**  
Wednesday 5.15-6.15pm, TTO.

**Te Reo Māori Class:** Wednesday 6.30-  
7.30pm, TTO.

**Groove & Move:** Seated Exercise  
Sessions. Fortnightly Wednesday,  
Shirley red bin weeks & weekly  
Thursday 10am. TTO.

**MacFarlane Park Community Garden**  
**(off Jebson St)**

**Listening Post:** Monday 2:30-4pm.  
Afternoon tea. TTO.

**Children's Gardening Club:** Tuesday  
3.15-4pm, TTO.

**Gardening:** Thursday 1pm (Term 2 &  
3).

**Shirley League Club 33 Briggs Rd.**

**Shirley Tool Shed:** Saturday 9-11am.  
\$30 annual membership.

## RICHMOND COMMUNITY GARDEN

**Riverlution EcoHub,**  
46A Vogel St



**Garden Days:** Monday  
Wednesday & 3rd Saturday of  
the month from 10am. to 1pm.  
We welcome volunteers!

**Riverlution Eco Hub:** Mon-Fri,  
9:30am-4pm & Sat, 10am-1pm.

**Repair Revolution:** Every  
3rd Tuesday of the month at  
5:30pm.

**Crafternoons:** Tuesdays, 12pm  
**Riverlution Market:** Saturdays,  
9am

**Yoga:** Sundays, 8am

## EASTERN COMMUNITY SPORT & RECREATION,

**Email:** [Kate@easterncommunity.co.nz](mailto:Kate@easterncommunity.co.nz)

**Ph:** 027 728 3005

**Catchball:** 10:30am – 12:00pm Tuesdays  
term time only. First time free, **contact@**  
**canterburycatchball.nz**

**Free Football Dropin for Children:** 3-4pm at  
Avon Hub Tuesdays. Suitable for 8+ years.

**Pickleball session:** Tuesdays 9-10:30am \$7.  
Use the book a class option at

[www.pay2play.co.nz](http://www.pay2play.co.nz) to save your spot.

**Pickleball session Sunday mornings:**  
10-11:30am \$7

**Dance Fitness:** Tuesdays, 7pm, \$7/class

**Eastern Chargers Junior Basketball League:**  
4:30-7pm, Fridays. For Years 5-8. Term time  
only.



**DELTA COMMUNITY TRUST,**  
101 North Avon Road (Entrance  
off Chrystal St)

Ph: (03) 389-0212, Free phone  
0800233582.

[www.deltatruster.org.nz](http://www.deltatruster.org.nz)

A Place for Community, Connection &  
Care: Delta is a welcoming community  
hub where individuals, whānau, and  
neighbours can come together for  
connection, support, and a sense of  
belonging.

**Monday Café:** Every Monday (except  
public holidays). 10am to noon. \$3  
toasties, soup and brunch meals. Tea/  
coffee \$50 cents.

**Thursday Kai Club:** hot dinner \$10 from  
5pm to 6.30pm. Kids under 12 eat free.  
Doors open 3.30pm every Thursday for  
coffee, cake, lunchbox fillers.

**Friday Drop-Inn café:** Every Friday except  
public holidays. 10am-12.30pm. Choice of  
2 mains only \$5, Dessert \$3, tea & Coffee  
50c. Lunch served at 12noon.

**Free Budgeting Advice and Advocacy:**  
Please ring for an appointment.

**North Avon Community Centre**

**Filipino Playgroup:** Every Wednesday  
9:30am-12:30pm (Except Public & School  
holidays) For more information contact Jo  
[jo@odt.org.nz](mailto:jo@odt.org.nz) or **021-1151657**